



Howard County

RECREATION & PARKS



2017 WINTER

ACTIVITY GUIDE

Online Registration Begins November 30, 6 pm

INCLUDES 2017 SPRING/SUMMER COMPETITIVE SPORTS

www.HowardCountyMD.gov/rap

Welcome to the Winter 2017 Activity Guide!

Welcome to the 2017 Winter Activity Guide, your source for all the wonderful programs, leagues, classes, and special events being offered by Howard County's Department of Recreation & Parks this season.

From cooking classes for preschoolers to theater programs for elementary-age children, adult art classes and sports leagues for all ages, there is something to keep everyone engaged! There are also our Fit4U and Go50+ Fitness packages, which offer residents access to three community centers and an indoor pool – great for staying active during the cold, winter months.

We are excited for this season's holiday events happening throughout the county. When in Historic Ellicott City, be sure to stop by Santa's Workshop in the Thomas Isaac Log Cabin to visit Santa and his elves. Also join us at the Firehouse Museum and the Patapsco Female Institute for Midnight Madness in Old Ellicott City (page 14). On Dec. 2, ring in the holiday season at Christmas in the Park at Centennial Park with caroling and a tree lighting (page 15) and on Dec. 3, get jump on your holiday shopping at Holiday Mart (page 15). This winter season also brings with it a number of dances, festivals, teas and tours, so mark your calendars and get ready for a season of exciting events!

Don't let the cold weather stop you from enjoying all that Howard County Recreation & Parks has to offer. With exciting programs and events for all ages, we hope you can get up, get out, and get active this winter in Howard County!



Allan H. Kittleman

Allan H. Kittleman
Howard County Executive

John R. Byrd
Department of Recreation & Parks Director



Check out our NEW 360-degree views online starting this winter! www.howardcountymd.gov/rap

Reserving a room or pavilion for a party or gathering? Starting early winter, you'll be able to explore all of our facilities and pavilions in 360-degree view online! Check out the amenities, features and surroundings of the space before reserving for smoother planning. Park pavilions and meeting rooms are a great place to hold a birthday party, corporate event, large family gathering, school picnic or other special occasion. We hope the 360-degree views of our rental spaces help ease the reservation process and better accommodate your group!

10 Great Ideas for WINTER!

1 Fitness

page 8



Join Fit4U and workout inside our three Community Centers – including an indoor pool!

6 RockClimbing

Try the indoor rock-climbing wall at the Roger Carter Community Center.

page 18

2 Dance Yoga Fitness

Try a zumba, yoga or fitness class. Our friendly instructors will have you smiling and moving from the beginning to end of each session.

page 58

7 Trips & Tours

starting on page 24

Sit back, relax and enjoy the various shows this season!

January

Beautiful: The Carole King Musical

February

Supreme Court

March

Philadelphia Flower Show

3 Cooking

page 49

Try out some new recipes! Learn about Indian breads and sauces, Chinese and Italian dishes, curry recipes, BBQ sundaes, vegetarian meals and more. (Children's classes on pages 32 and 35.)

8 Sports Arts Tech

Try one of our many sports and activity programs. Everything from robots to paint brushes to soccer to gymnastics is offered.

4 SpecialEvents

starting on page 14

Check out some of our fun and exciting events.

- Christmas in the Park
- Daddy-Daughter Dances
- Holiday Mart
- Belmont Manor Open House
- Santa's Workshop
- And More!

9 CommunityCenters

Drop-in and play some basketball, billiards, volleyball, table tennis, or just take a refreshing swim.

starting on page 8

5 Trail Walks

starting on page 18

Bundle-up for a refreshing and scenic hike along the Appalachian Trail (pages 18-19), at one of our many parks or at the Robinson Nature Center (page 21).

10 NatureCenter

starting on page 20

Enjoy a show in the planetarium at Robinson Nature Center, or take part in the center's Frozen Fest or the Valentine's Day Truffle-Making & Wine-Tasting (page 16).

NOW HIRING!



- » CHILDCARE
- » PROGRAM DIRECTORS
- » LIFEGUARDS
- » SPORTS COACHES
- » INSTRUCTORS
- » AND MANY MORE!

Learn more about our job openings and apply today!

FOR MORE INFORMATION

Visit us online at
www.howardcountymd.gov/hcrpjobs
or call 410-313-4700.



INTRODUCING OUR NEW VOLUNTEER WEBSITE!

Our new volunteer website offers volunteer opportunities, in a faster and more accessible way.

Now it's easier than ever to....

- » Browse current volunteer opportunities
- » Create and monitor your own volunteer profile
- » Sign up easily for opportunities
- » Share volunteer opportunities with your friends via social media
- » Access your volunteer commitments anytime, anywhere!




COMING SOON

Be on the look out for our

2017 CAMP GUIDE


ONLINE REGISTRATION STARTS


- February 1, 6pm (In the county)
- February 8, 6pm (Out of county)





BELMONT


Manor in Historic Style
Evolution ~ Restoration ~ Celebration












Howard County
RECREATION & PARKS

6555 Belmont Woods Road, Ellicott City, MD 21037



@belmonthouse
www.belmonthousemd.org
410-313-0200

How to Register

Howard County residents may register online beginning November 30 at 6 pm and by all other methods beginning December 1. Out-of-County residents may register online beginning December 7 at 6 pm and by all other methods beginning December 8. Plan ahead! An online account is required and may take up to 48 hours to approve.

For a complete listing of our policies and procedures, consult the "General Information" section beginning on page 86. Please let us know if you have any questions or suggestions — we always like to hear from you.

On-line: www.howardcountymd.gov/rap

Phone: 410-313-7275 (voice/relay) (8am-4:30pm, M-F)

Fax: 410-313-4658

Mail-in: Howard County Recreation & Parks Headquarters
7120 Oakland Mills Road, Columbia, MD 21046
(Registration form on page 90.)

Walk-in: Howard County Recreation & Parks Headquarters
7120 Oakland Mills Road, Columbia (8am-4:30pm, M-F)

Gary J. Arthur Community Center
2400 Rte. 97, Cooksville
(7am-8:30pm, M-Sa; 9am-5:30pm, Su)

North Laurel Community Center
9411 Whiskey Bottom Road, Laurel
(8am-8pm, M-Sa; 9am-5pm, Su)

Robinson Nature Center
6692 Cedar Lane, Columbia
(9am-5pm, W-Sa; Noon-5pm, Su)

Roger Carter Community Center
3000 Milltowne Drive, Ellicott City
(7am-10pm, M-Sa; 7am-9pm, Su)

See page 86 for inclement weather/program status lines.

If you would like this Guide in a larger font, please contact Susan Potts, 410-313-4628.

Is the class you want full? Put your name on the wait list. We try to open new class sections for filled classes.

Table of Contents

Athletic, Community & Nature Centers	8	Tweens & Teens (11-18 yrs)	
Pavilion & Facility Rentals	12	Crafts & Fine Arts.....	45
Historic Howard County Sites	12	Dance.....	46
Volunteer Opportunities	14	Enrichment.....	46
Special Events & Family Activities	14	Music & Theater Arts.....	47
Adventure & Outdoors		School's Out.....	48
Archery.....	18	Special Events.....	48
Rock Climbing.....	18	Adults (18 yrs +)	
Snow Tubing.....	18	Cooking.....	49
Trail Hikes.....	18	Crafts & Fine Arts.....	50
Nature & Environment		Dance.....	52
Astronomy & Planetarium.....	20	Lifelong Learning.....	54
Family & Parent/Child.....	21	Music & Theater Arts.....	55
Home School.....	22	Adults (55 yrs +)	
Youth.....	23	Aquatics.....	56
Adults.....	23	Crafts & Fine Arts.....	56
Trips & Tours	24	Drop-In Activities.....	57
Child Care		Lifelong Learning.....	57
Early Learning Center.....	26	Fitness	
Elementary School.....		Cardio & Strength.....	58
Before & After Care.....	27	Health & Relaxation.....	61
Middle School After Care.....	27	Adults 55+.....	63
Therapeutic Recreation & Inclusion Services		Sports	
After School.....	28	Aquatics.....	66
Aquatics.....	28	Badminton.....	68
Crafts & Fine Arts.....	29	Baseball & Tee Ball.....	68
Dance.....	29	Basketball.....	69
Enrichment.....	29	Cricket.....	73
Sports.....	30	Dodgeball.....	73
Pre-K (0-5 yrs)		Fencing.....	73
Adventures in Learning.....	30	Field Hockey.....	73
One Day Specials.....	32	Floor Hockey.....	74
Cooking.....	32	Football.....	74
Crafts & Fine Arts.....	32	Golf.....	75
Dance.....	32	Gymnastics.....	76
Fitness.....	34	Jump Rope.....	76
Language.....	34	Kickball.....	77
Music & Theater Arts.....	34	Lacrosse.....	77
Youth (5-10 yrs)		Martial Arts.....	78
Chess.....	35	Multi-Sport.....	79
Cooking.....	35	Pickleball.....	81
Crafts & Fine Arts.....	36	Running.....	81
Dance.....	37	Soccer.....	81
Language.....	38	Softball.....	83
Music & Theater Arts.....	38	Tennis.....	84
Personal Development.....	41	Volleyball.....	84
Science & Technology.....	42	General Information	86
		Map	88
		Registration Form	90

Extend Your Child's School Day Through Our Before- & After-School Programs

Atholton ES

After-School Basketball / Page 70
After-School Floor Hockey / Page 74
Chess Club Before School / Page 35
JEDI Engineering with LEGO® / Page 43
Minecraft / Page 44

Bellows Spring ES

Bricks4Kidz LEGO® / Page 42
Chess Club Before School / Page 35
JEDI Engineering with LEGO® / Page 43
PET Club Kid Empowerment / Page 41
KidzArt After School / Page 36
Learn Now Music After School / Page 39
Minecraft / Page 44
Science Club After School / Page 44

Bollman Bridge ES

After-School Basketball / Page 70
Bricks4Kidz LEGO® / Page 42

Bonnie Branch MS

"Can-TEEN Club" / Page 27

Bushy Park ES

After-School Basketball / Page 70
Cooking with Chef Nikki / Page 35

Centennial Lane ES

Bricks4Kidz LEGO® / Page 42
Chess Club After School / Page 35
Hogwarts Drama Showcase / Page 40
KidzArt After School / Page 36
Learn Now Music After School / Page 39
Minecraft / Page 44
Science Club After School / Page 44

Clarksville ES

After-School Basketball / Page 70
After-School Floor Hockey / Page 74
Animal Trackers / Page 23
Bricks4Kidz LEGO® / Page 42
Chess Wizards Before School / Page 35
JEDI Engineering with LEGO® / Page 43
Learn Now Music After School / Page 39
Minecraft / Page 44
On Stage Disney / Page 41

Clemens Crossing ES

After-School Basketball / Page 70
After-School Soccer / Page 82
Animal Trackers / Page 23
Bricks4Kidz LEGO® / Page 42
Chess Wizards After School / Page 35
PET Club Kid Empowerment / Page 41
Minecraft / Page 44
Science Club After School / Page 44

Cradlerock ES

After-School Basketball / Page 70
After-School Soccer / Page 82
After-School Volleyball / Page 84

Dayton Oaks ES

Bricks4Kidz LEGO® / Page 42
Chess Club After School / Page 35
Cooking with Chef Nikki / Page 35
PET Club Kid Empowerment / Page 41
Minecraft / Page 44
Science Club After School / Page 44
Spanish After School / Page 38

Deep Run ES

Bricks4Kidz LEGO® / Page 42
Minecraft / Page 44
Science Club After School / Page 44
Spanish After School / Page 38

Ducketts Lane ES

PET Club Kid Empowerment / Page 41
Learn Now Music / Page 39

Elkridge ES

Bricks4Kidz LEGO® / Page 42
Disney's *Seussical* Kids / Page 40
PET Club Kid Empowerment / Page 41
KidzArt After School / Page 36
Minecraft / Page 44
Science Club After School / Page 44

Elkridge Landing MS

"Can-TEEN Club" / Page 27

Ellicott Mills MS

"Can-TEEN Club" / Page 27

Forest Ridge ES

Chess Wizards Before School / Page 35
PET Club Kid Empowerment / Page 41
LEGO® WeDo Robotics / Page 43
Minecraft / Page 44

Fulton ES

Beginning Acting / Page 39
Bricks4Kidz LEGO® / Page 42
Chess Club Before School / Page 35
Cooking with Chef Nikki / Page 35
KidzArt After School / Page 36
LEGO® NXT Mindstorms / Page 43
LEGO® WeDo Robotics / Page 43
Minecraft / Page 44
Musical Theatre / Page 40
On Stage Disney / Page 41
Passport to China / Page 38
Science Club After School / Page 44

Folly Quarter MS

"Can-TEEN Club" / Page 27

Gorman Crossing ES

Bricks4Kidz LEGO® / Page 42
Chess Club After School / Page 35
Cooking with Chef Nikki / Page 35
Disney's *Seussical* Kids / Page 40
PET Club Kid Empowerment / Page 41
KidzArt After School / Page 36
LEGO® WeDo Robotics / Page 43

Minecraft / Page 44

Science Club After School / Page 44
Spanish After School / Page 38

Hammond ES

After-School Dodgeball / Page 73
After-School Floor Hockey / Page 74
After-School Soccer / Page 82
Bricks4Kidz LEGO® / Page 42
Chess Club After School / Page 35
Cooking with Chef Nikki / Page 35
Disney's *Seussical* Kids / Page 40
KidzArt After School / Page 36
Learn Now Music / Page 39
LEGO® NXT Mindstorms / Page 43
LEGO® WeDo Robotics / Page 43
Science Club After School / Page 44
Spanish After School / Page 38

Hollifield Station ES

Bricks4Kidz LEGO® / Page 42
Chess Wizards After School / Page 35
PET Club Kid Empowerment / Page 41
LEGO® NXT Mindstorms / Page 43
Minecraft / Page 44
Science Club After School / Page 44

Ilchester ES

Bricks4Kidz LEGO® / Page 42
Chess Club Before School / Page 35
Cooking with Chef Nikki / Page 35
Disney's *Seussical* Kids / Page 40
PET Club Kid Empowerment / Page 41
KidzArt After School / Page 36
Spanish After School / Page 38
Zentangle After School / Page 37

Jeffers Hill ES

After-School Basketball / Page 70
After-School Tennis / Page 84

Lisbon ES

Bricks4Kidz LEGO® / Page 42
Chess Wizards After School / Page 35
LEGO® NXT Mindstorms / Page 43
Minecraft / Page 44
Spanish After School / Page 38

Lime Kiln MS

"Can-TEEN Club" / Page 27

Longfellow ES

After-School Basketball / Page 70

Manor Woods ES

Bricks4Kidz LEGO® / Page 42
Chess Club After School / Page 35
PET Club Kid Empowerment / Page 41
KidzArt After School / Page 36
LEGO® NXT Mindstorms / Page 43
LEGO® WeDo Robotics / Page 43

Minecraft / Page 44

Musical Theatre / Page 40
On Stage Disney / Page 41

Meadowbrook Ath Comp

After-School Basketball / Page 70
After-School Soccer / Page 82

Northfield ES

After-School Dodgeball / Page 73
After-School Floor Hockey / Page 74
Bricks4Kidz LEGO® / Page 42
Chess Club After School / Page 35
Cooking with Chef Nikki / Page 35
Disney's *Seussical* Kids / Page 40
JEDI Engineering with LEGO® / Page 43
KidzArt After School / Page 36
Learn Now Music After School / Page 39
Minecraft / Page 44
Spanish After School / Page 38

N Laurel Comm Ctr

After-School Basketball / Page 70

Phelps Luck ES

After-School Dodgeball / Page 73
After-School Tennis / Page 84

Pointers Run ES

Bricks4Kidz LEGO® / Page 42
Chess Club Before School / Page 35
Disney's *Seussical* Kids / Page 40
PET Club Kid Empowerment / Page 41
KidzArt After School / Page 36
Learn Now Music After School / Page 39
LEGO® NXT Mindstorms / Page 43
LEGO® WeDo Robotics / Page 43
Passport to China After School / Page 38

Rockburn ES

Bricks4Kidz LEGO® / Page 42
Chess Club After School / Page 35
PET Club Kid Empowerment / Page 41
KidzArt After School / Page 36
Learn Now Music After School / Page 39
Minecraft / Page 44
Science Club After School / Page 44

Running Brook ES

After-School Soccer / Page 82

St. John's Lane ES

Beginning Acting / Page 39
Bricks4Kidz LEGO® / Page 42
Chess Club After School / Page 35
Draw, Paint, Create! / Page 37
PET Club Kid Empowerment / Page 41
KidzArt After School / Page 36
Learn Now Music After School / Page 39
Minecraft / Page 44
Musical Theatre / Page 40
On Stage Disney / Page 41
Passport to China After School / Page 38
Science Club After School / Page 44

Stevens Forest ES

On Stage Drama / Page 41

Talbott Springs ES

PET Club Kid Empowerment / Page 41

Thomas Viaduct MS

"Can-TEEN Club" / Page 27

Thunder Hill ES

After-School Basketball / Page 70

After-School Tennis / Page 84

Bricks4Kidz LEGO® / Page 42

KidzArt Afterschool / Page 36

Learn Now Music / Page 39

Minecraft / Page 44

Passport to China / Page 38

Triadelphia Ridge ES

Bricks4Kidz LEGO® / Page 42

Chess Wizards After School / Page 35

Cooking with Chef Nikki / Page 35

KidzArt After School / Page 36

Minecraft / Page 44

On Stage Disney / Page 41

Science Club After School / Page 44

Veterans ES

Ballet/Jazz After School / Page 37

Chess Wizards Before School / Page 35

PET Club Kid Empowerment / Page 41

Learn Now Music / Page 39

Minecraft / Page 44

Passport to China / Page 38

Science Club After School / Page 44

Waterloo ES

After-School Basketball / Page 70

After-School Dodgeball / Page 73

After-School Soccer / Page 82

After-School Tennis / Page 84

Bricks4Kidz LEGO® / Page 42

Chess Wizards After School / Page 35

PET Club Kid Empowerment / Page 41

Science Club After School / Page 44

Waverly ES

After-School Soccer / Page 82

Bricks4Kidz LEGO® / Page 42

Chess Club After School / Page 35

Disney's *Seussical* Kids / Page 40

JEDI Engineering with LEGO® / Page 43

PET Club Kid Empowerment / Page 41

Learn Now Music / Page 39

Minecraft / Page 44

Science Club After School / Page 44

West Friendship ES

Bricks4Kidz LEGO® / Page 42

Minecraft / Page 44

Worthington ES

Hogwarts Drama Showcase / Page 40



December 26-30

Bricks4Kidz LEGO® Winter Break Camp

Grades 5-11 / Page 42

Chess Winter Break / Grades K-8 / Page 35

Creative Engineering / 7-12 yrs / Page 44

Follow Me Robot / 7-12 yrs / Page 44

JEDI Engineering with LEGO® Winter Break Camp / Grades K-5 / Page 43

School's Out Drama Workshop

Grades K-5 / Page 40

School's Out Volleyball Tune-Up

9-15 yrs / Page 85

Ultimate Basketball Winter Camp

9-14 yrs / Page 71

Winter Mix Camp / 5-13 yrs / Page 80

January 16

Bricks4Kidz LEGO® School's Out Brick

City / 5-11 yrs / Page 42

Meadowbrook School's Out Basketball

Camp / 9-14 yrs / Page 70

School's Out Drama Workshop

Grades K-5 / Page 40

School's Out Workshop with KidzArt! /

Grades K-5 / Page 36

January 27

Bricks4Kidz LEGO® School's Out Wizards & Muggles / 5-11 yrs / Page 42

LEGO® Engineering School's Out Workshop / Grades K-3 / Page 43

Meadowbrook School's Out Basketball Camp / 9-14 yrs / Page 70

School's Out Drama Workshop

Grades K-5 / Page 40

School's Out Rock Climbing & Swimming / 9-13 yrs / Page 18

School's Out Snow Tubing & Movie / 11 yrs + / Page 18

School's Out Wildlife Survival Day Camp / 6-13 yrs / Page 23

School's Out Workshop with KidzArt! / Grades K-5 / Page 36

February 20-21

Bricks4Kidz LEGO® School's Out Pocket Brick Monsters / 5-11 yrs / Page 42

Bricks4Kidz LEGO® School's Out Scooby Brick Mysteries / 5-11 yrs / Page 42

LEGO® Engineering School's Out Workshop / Grades K-3 / Page 43

Meadowbrook School's Out Basketball Camp / 9-14 yrs / Page 70

School's Out Drama Workshop

Grades K-5 / Page 40

School's Out Junior Sports Camp

5-7 yrs / Page 80

School's Out Rock Climbing & Swimming / 9-13 yrs / Page 18

School's Out Sports & Swim Camp

8-13 yrs / Page 80

School's Out Workshop with KidzArt! / Grades K-5 / Page 36

April 10-15

Jr. Development Tennis Spring Break Camp / 7-13 yrs / Page 84

Junior Golf Spring Break Camp / 7-14 yrs / Page 75

Jr. USA Team Tennis Spring Break Camp / 11-18 yrs / Page 84

KidzArt Spring Break Camp / Grades K-5 / Page 36

Let's Dance! Spring Break Camp / 7-12 yrs / Page 37

Planet Recreation Spring Break Camp / Grades K-5 / Page 80

Spring Break Drama Camp / Grades K-6 / Page 40

U.K. Elite Sports Week Spring Break Camp / 7-14 yrs / Page 80

Ultimate Sports & Games Spring Break Camp / 8-13 yrs / Page 80

Athletic, Community & Nature Centers

- Visit the front desk or call for information about center programs. You can also register in person for any Howard County Recreation & Parks program.
- Children under 16 years old require adult supervision in the facility.
- Those 12-15 years old require adult (over 18 years old) supervision in the facility, except during the after-school TeenZone.
- Inclement Weather/Program Status Line: 410-313-4452.

To see more photos of the centers and playgrounds, visit [Pinterest /hocorec.](https://www.pinterest.com/hocorec/)



**3 CENTERS,
1 LOW PRICE!**

- The Fit4U Package allows you to use our three community centers' fitness facilities.
- No enrollment fees.
- Center membership included!

Pricing for 13-49 yrs

Yearly.....	\$300 (R) / \$360 (NR)
	(Comes to \$25/\$30 per month)
6 Months.....	\$180 (R) / \$225 (NR)
3 Months.....	\$105 (R) / \$135 (NR)
Monthly.....	\$40 (R) / \$50 (NR)
Drop-In/Guest Rate.....	\$5/visit

Youth Fit4U (3-12 yrs)

Children, enjoy having access to the pool, gymnasium and walking track, while accompanied by a chaperone over 18 years old.

Annual	6 Months	3 Months	Monthly	Drop-In
\$85 (R)	\$55 (R)	\$35 (R)	\$15 (R)	\$5/visit
\$105 (NR)	\$75 (NR)	\$45 (NR)	\$20 (NR)	

Additional Information

- For ages 13-15 at GJACC, NLCC and RCCC, parental supervision is required and each child must complete a mandatory orientation.
- Discounted rates available for two or more memberships purchased at the same time.

Benefits

- Access to the fitness & dance/aerobics rooms at (non-class) times.
- Use of the gymnasium during open and "drop-in" programs.
- Use of the swimming pool at RCCC during open swim times.
- Access to the game rooms at GJACC and NLCC.
- Discounted Center activities and events.

GJACC = Gary J. Arthur Community Center
 NLCC = North Laurel Community Center
 RCCC = Roger Carter Community Center

R = Resident
 NR = Non-Resident



Our GO50+ membership packages are designed to enhance the quality of life for the 50+ adult population that lives, works and plays in Howard County.

Live longer, healthier lives... join today!

50+ Centers Membership

Membership includes access to Gary J. Arthur and N. Laurel Community Centers and all Howard County 50+ Centers.

Amenities: Game Room Areas, Gymnasiums, Walking Tracks, Wellness Programs, and Center drop-in activities

Price: FREE

50+ Fitness Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Center Benefits, Fitness Rooms, Dance/Aerobics Studio*

Price: Resident, \$75 per year. Nonresident, \$100 per year.

50+ Pool Membership

Membership includes access to Gary J. Arthur, N. Laurel and Roger Carter Community Centers and all Howard County 50+ Centers.

Amenities: All 50+ Fitness Benefits, Pool Access During Open Swim Hours

Price: Resident, \$175 per year. Nonresident, \$225 per year.

* Dance/Aerobics Studio not available at Ellicott City 50+ Center.

Community Center Membership

All patrons entering the facility must have a center membership or pay the daily admission rate, unless they are a participant in a Recreation & Parks program. The center membership gives you access to the three community centers (does not include the fitness room).

Annual Youth (3 yrs +)	\$25 / \$50 (Nonresident)
Annual Adult (16 yrs +)	\$25 / \$50 (Nonresident)
Card Replacement Fee	\$10
Daily Center Pass	\$5

Drop-In Fun

Children 15 years and under require adult supervision in the facility. Children 12-15 years old require adult supervision in the facility, except during after-school TeenZone program (Center Membership required). For info and to confirm time, call 410-313-0390 (N. Laurel), 410-313-4840 (Gary J. Arthur) or 410-313-2764 (Roger Carter).

Basketball (Family, 16 yrs + & 50 yrs +)

Join other athletes of all ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	8-10pm	M
16 yrs +	Gary J Arthur Comm Ctr ₁	7-9pm	M
16 yrs +	N Laurel Comm Ctr	6-7pm	Tu
16 yrs +	Roger Carter Comm Ctr	8-10pm	M
16 yrs +	Roger Carter Comm Ctr	7-10pm	Sa
50 yrs +	Gary J Arthur Comm Ctr _{1,2}	9-11am	M,W,F
50 yrs +	N Laurel Comm Ctr	10am-noon	M,W

1 No full-court games at Gary J Arthur Comm Ctr

2 An Office of Aging and Independence program

Billiards (18 yrs +)

Rack'em up and come play some pool!

Gary J Arthur Comm Ctr	10am-2pm	Tu
N Laurel Comm Ctr	10am-2pm	Tu

Friday Family Fun Night (Family, All Ages)

It's an open gym for the whole family. Basketball hoops can be lowered for our youngest members. No full court games, so there is space for fun for all.

Gary J Arthur Comm Ctr	5:30-7pm	F
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MAC Pre-K Drop-in Play (2-5 yrs)

Equipment for mini basketball, floor hockey, soccer, lacrosse, jump rope, hula-hoops, big wheel trikes, scooters, and more is provided. \$4 (one child & adult), \$2 each additional child.

Meadowbrook Ath Comp	9:30am-12:30pm	M,W,F starting Jan 4
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Pickleball (16 yrs +)

Learn and practice your pickleball skills. This sport is fun and combines elements of tennis, badminton and ping pong.

N Laurel Comm Ctr	9am-noon	F
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Ping Pong (16 yrs +)

Are you a menace at table tennis?

N Laurel Comm Ctr	6-9pm, W,Th; Noon-4pm, Sa
Roger Carter Comm Ctr	10am-2pm Th

Social Sandbox

Meet friendly local moms to talk about the kids and have fun!

Takes place in the gym. Chaperone must be at least 18 years old.

Gary J Arthur Comm Ctr	Noon-1pm	Th
N Laurel Comm Ctr	9:30-11:30am	Th

Stroller Moms & Friends

Bring a friend, your stroller and the babies and get some exercise walking our indoor track. Chaperone must be at least 18 years old.

Gary J Arthur Comm Ctr	8-11am	W,F
N Laurel Comm Ctr	8-9am	Tu,Th

Swimming at Roger Carter Comm Ctr

Lap Swim (13 yrs +) / Schedule: www.howardcountymd.gov/RCCC

Swim in one of our six lap lanes.

6-10am	M-F	7:30-9:30pm	M-F
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Open Swim (All ages) / Schedule: www.howardcountymd.gov/RCCC

Noon-5pm	M-F	Noon-9:30pm	Sa
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9am-8:30pm Su

Pre-K Swim / Schedule: www.howardcountymd.gov/RCCC

Chaperone must be at least 16 years old.

10am-noon	M-F
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TeenZone

Shoot hoops, play billiards, ping pong, and games, or just hang out!

Gary J Arthur Comm Ctr	2:30-5:30pm	M-F	(12-15 yrs)
N Laurel Comm Ctr	2:30-5:30pm	M-F	(12-15 yrs)
Roger Carter Comm Ctr	2:30-5pm	M-F	(11-16 yrs)

Toddler Time

Bring your little ones indoors to play with push toys, hula hoops, tunnels, and more. Interactive play develops motor skills and social skills.

N Laurel Comm Ctr	9:30-11:30am	Tu
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Volleyball (Family & 16 yrs +)

Join other athletes of various ability levels. Games are self-officiated.

Family	Roger Carter Comm Ctr	7-10pm	W
Family	Roger Carter Comm Ctr	5-7pm	Sa
16 yrs +	Gary J Arthur Comm Ctr	7-9pm	W
16 yrs +	N Laurel Comm Ctr	5:30-7pm	Th
16 yrs +	Roger Carter Comm Ctr	7-10pm	W
16 yrs +	Roger Carter Comm Ctr	5-7pm	Sa



Celebrate your Birthday with Howard County!

BIRTHDAY MAGIC IS CREATED WHEN YOU HOLD YOUR PARTY

AT A HOWARD COUNTY FACILITY OR PAVILION.

GREAT LOCATIONS! UNFORGETTABLE FUN!

ADVENTURE & OUTDOORS

410-313-1754

GARY J. ARTHUR COMMUNITY CENTER

410-313-4840

MEADOWBROOK ATHLETIC COMPLEX

410-313-1163

NORTH LAUREL COMMUNITY CENTER

410-313-0390

PAVILIONS IN THE PARKS

410-313-4682

ROBINSON NATURE CENTER

410-313-0400

ROGER CARTER COMMUNITY CENTER

410-313-2764



GOSO+

See page 8



flickr



GARY J. ARTHUR
COMMUNITY CENTER

2400 Rte 97, Cooksville, MD 21723

Registration: 410-313-4840

Hours: 7am-9pm, M-Sa; 9am-6pm, Su

Closed: Dec 25, Jan 1, Apr 16

Closing at 5pm: Dec 24 & 31

www.howardcountymd.gov/GJACC



flickr



NORTH LAUREL
COMMUNITY CENTER

9411 Whiskey Bottom Rd, Laurel, MD 20723

Registration: 410-313-0390

Hours: 8am-9pm, M-Sa; 9am-6pm, Su

Closed: Dec 25, Jan 1, Apr 16

Closing at 5pm: Dec 24 & 31

www.howardcountymd.gov/NLCC



flickr



ROGER CARTER
COMMUNITY CENTER

3000 Milltowne Drive, Ellicott City, MD 21043

Information/Rentals/Reservations: 410-313-2764

Hours: 6am-10pm, M-F; 7am-9pm, Sa & Su

Closed: Dec 25, Jan 1, Apr 16

Closing at 5pm: Dec 24 & 31

www.howardcountymd.gov/RCCC

Kiwanis-Wallas

HALL

3300 Norbert's Way, Ellicott City, MD 21042

Info: 410-313-2636

Reservations: 410-313-2637

Center Hours: 8am-5pm, M-Th; 8am-4pm, F

Closed: Dec 25

Closing at 5pm: Dec 24 & 31

Perfect for meetings, trainings & larger events with a banquet capacity of 200 people. Room dividers can partition the facility into three areas.



flickr



5001 Meadowbrook Lane, Ellicott City, MD 21043

Info: 410-313-1161

Facility Rental: 410-313-1163

Recorded Info: 410-313-4452

Inclement Weather/Facility Status: 410-313-4452

Gym Hours: 410-313-4452

www.howardcountymd.gov/MAC

The Meadowbrook Athletic Complex (the MAC) is a destination for indoor basketball, volleyball, field hockey, badminton, jump rope and much more! The facility houses 35,000 square feet of unobstructed gymnasium space designed to serve all ages and levels of play.

MAC Early Risers Walking Package

For one low, annual fee, you can use the walking track from 7-9am, M-F. Info: Matthew Knoerlein, 410-313-1163.

Adults & Youth: \$25

Get Active Package

For one low fee, this membership gives you access to open gym hours at the Meadowbrook Athletic Complex (MAC) and select school gyms (for adults). Info: Matthew Knoerlein, 410-313-1163.

Winter (Jan-Mar)

Adults: \$59, season; \$25, month

*Also includes select local school gym drop-in basketball and volleyball.

Youth: \$25, season; \$10, month



flickr



6692 Cedar Lane, Columbia, MD 21044

Info: 410-313-0400

Facility Rental: 410-313-0400

Center Hours: 9am-5pm, W-Sa;

Noon-5pm, Su

Closed: Mondays, Tuesdays, Dec 25

www.howardcountymd.gov/RobinsonNatureCenter

This unique nature center features interactive exhibits, trails, an auditorium, classrooms/meeting rooms, the children's Discovery Room, an outdoor "Nature Place" play area, and the NatureSphere (a state-of-the-art digital planetarium). The nature center offers public programs, field trips, birthday parties, scout programs, LEED tours, room rentals and volunteer opportunities.

Daily General Admission*

Adults: \$5

Children (3-17 yrs): \$3

Children (under 3 yrs): Free

*Wednesdays are complimentary for individuals and families until March 1, 2017. Starting March 1, admission fees apply Wednesday-Sunday.

Annual and Lifetime Passes

Annual and lifetime pass holders are entitled to complimentary general admission to the nature center, use of its trails, discounts in the gift shop during certain times of the year and discounted admission to certain programs. Annual passes expire one year from the date of purchase.

Senior (50 yrs +): \$20 / \$40 (Nonresident)

Student (with valid school ID): \$20 / \$40 (Nonresident)

Individual: \$25 / \$50 (Nonresident)

Family: \$50 / \$100 (Nonresident)

(Family pass includes members of the immediate household.)

Friends of Robinson Nature Center Memberships

Includes an annual pass to the nature center as well as friends-only benefits. Patron, Supporter, Sustainer and Lifetime passes include some complimentary NatureSphere tickets and guest passes. Please call 410-313-0400 for details.

Patron: \$175 Supporter: \$250

Sustainer: \$500 Lifetime: \$1,000

Field Trips

We offer year-round field trip programming for all ages. Programs may be booked Wednesday-Sunday during our hours of operation. Field trips last between 1½ and 3 hours and range between \$9 and \$15 per participant.

Rentals

Robinson has two classroom spaces, an auditorium, an outdoor patio space and the NatureSphere planetarium for birthday parties, meetings and special events. Wedding packages are available. Applicants must be at least 21 years.



Pavilions are perfect for birthdays, family outings, and more.

Pavilion & Facility Rentals

Information/Reservations: 410-313-4682

*For North Laurel Park Pavilion: 410-313-0390

www.howardcountymd.gov/rentals

Park/Pavilion Name	Fee (resident/non-resident)
Alpha Ridge Park Pavilion 1 & 2	\$170 / \$203
Centennial Park Pavilion A, B & C	\$165 / \$198
Centennial Park Pavilion D	\$396 / \$429
Centennial Park Pavilion E, F & G	\$165 / \$198
Centennial Park Pavilion H	\$990 / \$1,023
Centennial Park Pavilion O	\$170 / \$203
Cedar Lane Park East Pavilion	\$352 / \$385
Cedar Lane Park West Pavilion	\$440 / \$473
Guilford Park Pavilion	\$170 / \$203
Hammond Park Pavilion	\$170 / \$203
High Ridge Park Pavilion	\$330 / \$363
Meadowbrook Park Hawksview Pavilion	\$385 / \$418
*North Laurel Park Pavilion	\$330 / \$363
Rockburn Branch Park Pavilion	\$247 / \$280
Savage Park Pavilion	\$363 / \$396
Waterloo Park Large Pavilion	\$170 / \$203
Waterloo Park Small Pavilion	\$143 / \$176
Western Regional Park Pavilion 1	\$220 / \$253
Western Regional Park Pavilion 2 & 3	\$170 / \$203
Western Regional Park Pavilion 4 & 5	\$385 / \$418

Indoor Facilities

Info: 410-313-4682

www.howardcountymd.gov/rentals

Ellicott City Colored School, Restored: 410-313-5131

Gary J. Arthur Community Center: 410-313-4840

North Laurel Community Center: 410-313-0390

Patapsco Female Institute Historic Park: 410-313-5131

Pfeiffer's Corner Schoolhouse: 410-313-4682

Robinson Nature Center: 410-313-0400

Roger Carter Community Center: 410-313-2765

Schooley Mill Activity & Conference Rooms: 410-313-4682

Waverly Mansion: 410-437-5711

Historic Howard County Sites

Howard County Recreation & Parks Heritage staff offer a variety of educational programs, special events and tours at historic buildings and parks. Some historic sites are available for rent to hold meetings, social occasions and art performances.

For more information about these sites and others, visit www.howardcountymd.gov/HistoricalSites.

To see more photos, visit [Pinterest /hocorec](https://www.pinterest.com/hocorec)

Baltimore & Ohio (B&O) Railroad Station

This national historic landmark is the oldest surviving railroad station in the United States. Erected in 1830-31, the station served as the terminus of the railroad's original 13-mile section of track. In service until 1972, the station is now a living history museum offering programs and exhibits that explore the development of transportation in America and the station's role in historical events of the 19th and 20th centuries. Open Wednesday-Sunday, 11am-4pm. Admission: \$6, adults; \$4, seniors (60+); \$3, 2-12 years old; Free, under 2 years old.

2711 Maryland Avenue, Ellicott City, MD 21043

(intersection of Main St. and Maryland Ave. in the Historic District).

Info: 410-461-1945 or ecborail.org

Belmont Manor & Historic Park

This pristine setting is one of Howard County's most beautiful sites. The 68-acre natural setting includes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Belmont Manor is a great venue for weddings, special events, fundraisers, and meetings. Event rentals include the use of the Manor House, tent, gardens, and grounds. Rental tours are held multiple times each month.

6555 Belmont Woods Road, Elkridge, MD 21075

Info: 410-313-0200 or www.belmontmanormd.com

Blandair Farm

Blandair takes its name from Theodorick Bland, a colorful figure in early Maryland politics. He served as Chancellor of Maryland from 1824 until his death in 1846. While the property was farmed as early as 1798, most of the existing buildings date from the mid-19th century and include a granary, a springhouse, some tenant houses and the brick main house. Howard County purchased the property in 1998 and plans to develop the site as a regional park. Occasional heritage programs are held there.

6651 Route 175, Columbia, MD 21044

Bollman Truss Bridge

This is the only known remaining example of the revolutionary all-iron truss system patented by Baltimore engineer Wendell Bollman in the mid-19th century. Constructed in 1869, the bridge was moved to its current site in 1888 and was in use until 1915. Designated a National Historic Landmark in 2000, it is now utilized as a pedestrian bridge connecting Historic Savage Mill with the Mill Trail, a walk linking old mill sites along the Patuxent River. 8650 Foundry Street, Savage, MD 20763



Marvel at Belmont Manor & Historic Park decked out for the holidays at its open house. See page 15.

Firehouse Museum

This museum is located in the County's first firehouse house (constructed by volunteers in 1889). View a wide array of fire apparatus, model toys and an impressive visual history of Howard County's Volunteer Fire Department. Open Saturday and Sunday, 1-4pm, April through December. Private and group tours are available year-round, weather permitting.

3829 Church Road, Ellicott City, MD 21043

Info: 410-313-0420

Heritage Orientation Center

This is in the county's first Court Records building. View unique exhibits on the 18th and 19th Century milling techniques, floods of Ellicott Mills and the Ellicott Family. Open daily, 11am-4pm (behind Thomas Isaac Log Cabin).

8334 Main Street, Ellicott City, MD 21043

Info: 410-313-0420

Pfeiffer's Corner Schoolhouse

Originally constructed about 1883, this is one of the few remaining one-room schools in the county. Children were educated within its walls for over 50 years until it was converted into a residence in the 1940s. In 2003, it was moved to Rockburn Branch Park where it illustrates the changes over a 100-year time span of our schools, serves as a historic exhibit and provides space for demonstration classes, interpretive tours and small meetings.

6109 Rockburn Branch Park Road, Elkridge, MD 21227

Info: 410-313-0420

Thomas Isaac Log Cabin

Named after its late 19th century owner, this rustic structure was built circa 1780 as a settler's home of Ellicott Mills. The cabin was reconstructed on the present site in the late 20th Century. Visitors learn about the settlement and development of the region and artisans. Open Saturdays and Sundays, 1-4pm, April through December. Private and group tours are available year-round, weather permitting.

8394 Main Street, Ellicott City, MD 21043

Info: 410-313-0420



Visit with Santa and his holiday elves at Santa's Workshop at the Thomas Isaac Log Cabin. See page 14.



Become a HoCo Volunteer and stay up-to-date on local opportunities!



Enjoy the Holiday Train Garden at the Gary J. Arthur Community Center located in Glenwood.



Volunteer Opportunities

The mission of the volunteer program is to enhance the programs and services of the Recreation & Parks Department with additional resources while providing an opportunity for the citizens of Howard County to contribute to their community. Volunteer opportunities are available in many areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation, and special events. To volunteer with Howard County Recreation & Parks, you must meet the following requirements:

- Be at least 18 years old or 13-17 years old with parental consent;
- Complete the Volunteer Application;
- Be a good role model with a positive attitude; and
- If 18 or over, complete a Background Release Form, if required for the position.
- To sign up for a volunteer opportunity or to find out what volunteer events are coming: www.hocovolunteer.org.
- Info: Shawnté Berry, 410-313-4624 or sberry@howardcountymd.gov.

Community Knitting & Crocheting Group

Explore your artistic side! Knit or crochet cozy scarves, blankets and hats for a variety of community service projects. This non-instructional gathering of volunteers meets twice a month. All skill levels welcome. Acrylic yarn donations gladly accepted. Please, no wool or cotton. Info: Linda DiPanfilo, 410-313-4704 or ldipanfilo@howardcountymd.gov.

55 yrs + / 2nd and 4th Wednesday of the month

RP3070.201 Kiwanis-Wallas Hall 1-3 pm W Free

Special Events & Family Activities

December

Holiday Train Garden

Come visit us and enjoy some holiday fun provided by train enthusiast Dennis Moore. The layout features four continuously operating trains. Visitors of all ages delight in the buttons to activate accessories or sounds. Enter for a free drawing to win four passes to the B&O Railroad Museum in Baltimore. Train garden open during center operating hours. Info: 410-313-4840.

All ages Gary J Arthur Comm Ctr Nov 20-Jan 15 Free

Midnight Madness at the Patapsco Female Institute Historic Park and the Firehouse Museum **flickr**

Take a break from shopping during Midnight Madness and join us as we kick off the 2016 holiday season in historic Ellicott City! We have stories to share of winters past and the brave actions of our fire department at the Firehouse Museum. Make your way up Church Road (weather-permitting) to see the Patapsco Female Institute Historic Park decked out in holiday finery and learn about holiday traditions of the Victorian Era. Info: Caitlin Chamberlain, 410-313-0420 or cchamberlain@howardcountymd.gov.

All ages	Patapsco Female Institute	Dec 2	4-10pm	F	Free
All ages	Firehouse Museum	Dec 2	4-10pm	F	Free

Santa's Workshop at the Thomas Isaac Log Cabin **flickr**

Join Santa and his elves on this magical evening as the Thomas Isaac Log Cabin is transformed into a magical winter wonderland! Santa, with the help of some elf friends, allows you to take a glimpse into his workshop that promises to captivate children of all ages. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

All ages Thomas Isaac Log Cabin Dec 2 4-8pm F Free

Santa arrives at the Thomas Isaac Log Cabin

See Santa arrive by sleigh! If you missed Santa at Midnight Madness, come ready to share your holiday wish list with him at the start of the holiday festivities in the historic district. If Mrs. Claus is done with her baking, she may come too. Bring your camera...that perfect shot for your holiday greeting card will be waiting. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

All ages Thomas Isaac Log Cabin Dec 3 Noon-4pm Sa Free

Holiday Mart flickr

Join us for the 44th year. Find seasonal gifts and merchandise created by 130 juried artisans. Enjoy door prizes and a children's craft corner. Discerning shoppers know this is the place to find unique handcrafted items and home decor. You're sure to find something for everyone on your list and don't forget yourself! Hot and cold beverages, lunch and snacks available for purchase. Coat and package check available. Info: 410-313-4840.

All ages \$5, shoppers 5 yrs +; Free, 0-4 yrs Crafters were juried in advance
Gary J Arthur Comm Ctr Dec 3 10am-5pm Sa

Belmont Manor & Historic Park Open House

This unique site is not usually open to the public, so come and explore the pristine setting of one of Howard County's most beautiful sites. Belmont Manor's 68-acre natural setting includes an 18th century manor, historic outbuildings, a cemetery, aqua garden, carriage house, and original barn. Enjoy a self-guided walk through the manor house and a stroll through the gardens. (December open house is decorated for the season.)

All ages Belmont Dec 4 1-5pm Su Free

Christmas in the Park flickr

Kick off the holiday season with Howard County's tree lighting ceremony! Join us for an evening of caroling, costumed characters and light refreshments. Info: 410-313-7275.

All ages Centennial Pk South Dec 6 6-7:30pm Tu Free

Crafts with a Past flickr

Join us on the second Saturday of each month as we partake in authentic activities from the Colonial Era! Try your calligraphy skills with a nib pen and ink; observe candle making, and other seasonal crafts of yesteryear. Learn why these skills were relevant in the Colonial Era from docents who offer tours of the Log Cabin. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

All ages Thomas Isaac Log Cabin Dec 10 10am-4pm Sa Free

Holiday Afternoon Tea at Belmont

Enjoy a traditional English Afternoon Tea in the stately Belmont Manor, built in 1738. Your taste buds will be tempted with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories, fresh fruit, cheese, and a delectable assortment of desserts. After taking tea, enjoy a self-guided tour of the manor and gardens (weather permitting). Seating is first-come, first served. Info: 410-313-0200 or www.belmontmanormd.com.

RP9900.201 12 yrs + Belmont Dec 10 2-4:30pm Sa \$30

A Paranormal Casebook of Maryland

Listen close as the Inspired Ghost Tracking team discusses several of its most unusual Maryland investigations such as the Case of the Dismembered Ghost, the Alleyway ghost and others. Learn why ghosts stay behind and how the IGT team works with them to bring them solutions and peace. Info: 410-313-0200.

RP9907.201 18 yrs + Belmont Dec 13 7:30-9pm Tu \$15

Decorate your home for the holidays

- Please bring pruners and gloves.
- 14 years and older are welcome.
- No experience needed.
- Price is per wreath/centerpiece (not per person).
- Enjoy festive music/ light snacks and cider.
- Sustainably-harvested/ freshly-cut greens (pine, arborvitae, boxwood, spruce/ holly/ etc.), cones and ribbons are provided.

NEW! Wreath-Making Workshop

Create your own wreath using sustainably-harvested greens! Come learn tips on harvesting, using natural materials, and assembling your wreath.

\$40 per wreath

RP4861.112 Robinson Nature Ctr Dec 2 6:30-8:30pm F

Holiday Centerpiece Workshop

Kick off the holiday spirit with a hands-on greenery workshop. Gather tips on harvesting and using natural materials to make holiday decorations. During the workshop, create a centerpiece out of natural materials for your table or mantle.

\$35 per centerpiece

RP4861.102 Robinson Nature Ctr Dec 4 2-4pm Su

January

Snowflake Ball for Dads & Daughters flickr

Shake, rock and roll the winter blues away. Dads (or special adult) and daughters, enjoy refreshments, live DJ, dancing, games, crafts, and an ice cream sundae bar. Fee includes a professional photo of each couple to take home. Inclement weather date is January 14. Preregistration required. Registration/Info: 410-313-4840.

\$40, center members (1 child & 1 adult); \$16 for additional daughter

\$50, nonmembers (1 child & 1 adult); \$20 for additional daughter

RP4165.201 4-11 yrs Gary J Arthur Comm Ctr Jan 7 5:30-7:30pm Sa

Poltergeists, Demons

& Near Death Experiences

Take a glimpse into the Inspired Ghost Tracking casebook to take a look at real near-death experiences, as well as the existence of non-human ghosts or spirits. By explaining the basics of what happens after death, this program discloses the existence and explanations for such entities as poltergeists and demons. Info: www.belmontmanormd.org or 410-313-0200.

RP9906.201 18 yrs + Belmont Jan 10 7:30-9pm Tu \$15

Afternoon Teas at Belmont

Enjoy a traditional English Afternoon Tea in the stately Belmont Manor, built in 1738. Your taste buds will be tempted with a bottomless pot of tea, a Manor scone served with clotted cream and jam, tea savories, fresh fruit, cheese and a delectable assortment of desserts. After "taking tea," we invite you to take a self-guided tour of the Manor and lovely gardens (weather-permitting). Please be aware, seating is first come first serve upon arriving. Info: www.belmontmanormd.org or 410-313-0200.

12 yrs + Belmont

RP9900.202	Winter	Jan 14	2-4:30pm	Sa	\$35
RP9900.203	Winter	Jan 28	2-4:30pm	Sa	\$35
RP9900.204	Valentine's	Feb 11	2-4:30pm	Sa	\$35
RP9900.205	Valentine's	Feb 25	2-4:30pm	Sa	\$35
RP9900.301	Spring	Mar 11	2-4:30pm	Sa	\$35



The Daddy-Daughter Sweetheart Dance is sure to warm your heart and melt away winter blues!

Martin Luther King, Jr. Day of Remembrance

From Gospel standards to the popular songs of John Lennon and Bob Marley, music is a dynamic expression of culture. Join us on this special day of remembrance at the Roger Carter Community Center, named in memory of Howard County's own prominent community leader, to learn about sites of significance to black history in Howard County and the legacy of music in the civil rights movement. Please bring a nonperishable food item for donation to a local food bank. Info: Jaimie Wilder, 410-313-0419 or jwilder@howardcountymd.gov.

All ages Roger Carter Comm Ctr Jan 16 11am-1pm Free

Daddy-Daughter Sweetheart Dance **flickr**

Escort your princess to a memorable evening of dancing and fun. Enjoy dancing with a live DJ, light refreshments, crafts, souvenir photo, and ice cream sundae bar. Inclement weather date is January 28. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

4-6 yrs \$45 for 1 child & 1 adult; \$25 for additional daughter

RP1029.101 Roger Carter Comm Ctr Jan 21 4-6pm Sa

7-11 yrs \$45 for 1 child & 1 adult; \$25 for additional daughter

RP1029.102 Roger Carter Comm Ctr Jan 21 7-9pm Sa

Frozen Fest **flickr**

Robinson puts the cool in winter with this fun, family-oriented festival. If you and your family have cabin fever, come make your own ice cream, create tracks in the snow, and take guided winter hikes along the trails. Check out the cold-blooded creatures that live at the nature center through live animal presentations. Get cozy while watching a movie in the NatureSphere full-dome theater. Explore all things frozen through fun experiments. Make a fun winter craft to take home and chase the winter blues away. Preregister to secure your family's spot. (Snow date is January 29.) Registration/Info: 410-313-0400.

\$7, annual pass holder; \$10, general admission; Free for children under 3 years old

RP4828.201 All ages Robinson Nature Ctr Jan 22 Noon-4:30pm Su

GJACC Indoor Track 5K

Come in from the cold for a 5K indoors on our 3-lane indoor track. Last runner must start before 10am. Times are posted on the web. Receive a t-shirt upon check-in. Register three or more people in a group for a 30% discount (use promo code "All In." Info: Sara Schwab, 410-313-4842.

5 yrs + \$15, member; \$20, nonmember

RP4132.201 Gary J Arthur Comm Ctr Jan 22 7:30-10:30am Su

Meet the Friendly Ghosts of Belmont Manor

Belmont Manor is home to a number of benign ghosts who have not crossed over. As a precursor to the Belmont Investigation & Ghost Tour, this talk goes over the experiences and findings from the Inspired Ghost Tracking team and others as they discuss results from their investigations at Belmont Manor. Sign up for this and the Ghost Tour (next description) to get the full experience! Info: www.belmontmanor.md.org or 410-313-0200.

RP9908.201 18 yrs + Belmont Jan 31 7:30-9pm Tu \$15

February

Belmont Investigation & Ghost Tour

Join the Inspired Ghost Tracking team as they guide you on a tour of the Manor, grounds and cemetery (weather permitting). Participate in a paranormal investigation and visit areas where paranormal activity is suspected. Investigators from IGT use EMFs, data recorders, and temperature sensors to search for paranormal activity. Bring a flashlight and dress for the weather. Sign up for this and "Meet the Friendly Ghosts of Belmont" to get the whole experience! Info: www.belmontmanor.md.org or 410-313-0200.

RP9901.201 18 yrs + Belmont Feb 4 7:30-10:30pm Sa \$25

Mommy-Son Valentine's Dance

Make your Valentine's day one to remember! Mothers (or special adults) and sons are invited to an evening jam-packed with fun to include refreshments, live DJ, dancing, games, crafts, a souvenir photo and ice cream sundae bar. Fee includes participation of one adult and one child; each additional son is \$20 for center members and \$25 for nonmembers. Inclement weather date is February 18. Preregistration is required. Registration/Info: 410-313-0390.

RP4401.201 3-12 yrs N Laurel Comm Ctr Feb 4 5:30-7:30pm Sa \$50

Calling All Crafters: Crafter Jurying

You're invited to participate in the jurying process for Wine in the Woods and Holiday Mart 2017 (Holiday Mart deadline is February 10). Submit four professional photographs of your work (no Polaroids). Images must be representative of your original, handcrafted art/craft items and display. Selection is based on uniqueness, originality, quality, display, and popularity. You're notified by April. Fee is non-refundable. Application:

www.howardcountymd.gov/rap (forms and applications). Info: Linda Bell, 410-313-4831 or Gary J Arthur Community Center, 410-313-4840.

18 yrs + Application deadline is February 10, 2017 \$20

Valentine's Day Truffle-Making & Wine-Tasting

Join us for our unique, and environmentally friendly, Valentine's Day experience at the Robinson Nature Center! Bring a friend, your sweetheart or your awesome self to learn the art of hand-rolling delectable chocolate truffles so that you never have to buy pre-packaged chocolate again. Enjoy wine tastings from local winery, Liganore Vineyards, and learn about the sustainable practices used in their business. Each person samples 6 wines and leaves with eight hand-rolled truffles. Special thanks to our partner, Whole Foods, for its help making this event a success. Registration/Info: 410-313-0400.

21 yrs + Robinson Nature Ctr

RP4847.211 Feb 11 11am-1pm Sa \$25

RP4847.201 Feb 11 2:30-4:30pm Sa \$25

Valentine's Afternoon Teas at Belmont Page 15

Introduction to Ghost Investigating

What is the difference between a ghost and a spirit? This lecture explores that complex question and tries to explain why some spirits stay behind and are unable to move on or how ghosts cross over into spirits. Discover how these entities are detected using both science and technology.

Info: www.belmontmanor.md.org or 410-313-0200.

RP9902.201 18 yrs + Belmont Feb 21 7:30-9pm Tu \$15

March

Public Star Parties

Come enjoy the night sky through telescopes set up by The Howard Astronomical League (HAL). At this relaxed, casual, family event, view live images on a big screen as seen through the Watson Telescope in HAL's new observatory. Info/weather updates: www.howardastro.org or 410-313-4372. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

All ages

RP0830.201 Alpha Ridge Pk Mar 4 6-11pm Sa Free

iFind Fitness - Children's Scavenger Hunt

Have you ever used a stability ball or a body bar? How about using a hula hoop for fitness? Join us as we seek a kid-friendly workout. The Community Center Fitness Coordinator and staff get the event started by stretching your muscles to tunes. Afterwards, begin the hunt to find all the exercise stations in this fun, workout-filled scavenger event. Fun for the entire family! Light refreshments are provided at the end of the hunt. Info: Sara Schwab, 410-313-4842.

3 yrs + \$10, center members; \$15, nonmembers

RP4180.301 Gary J Arthur Comm Ctr Mar 11 10-11:30am Sa

Columbia Baseball & Softball Fest *Page 68*

Teen Lock-in!

If you like to enjoy a night full of music, games, rock-climbing, swimming, movies, food and more, then this after-hours party is just for you! Bring your sleeping bag and pillow, swimsuit and towel, comfortable clothes and shoes for sports and climbing. All participants must be checked in by 9 pm. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

11-15 yrs

RP2985.201 Roger Carter Comm Ctr Mar 17 7pm-9am F-Sa \$40

Bunny Tracks

How many steps do you think it takes you to track down all the hidden bunnies? Bring the entire family on a scavenger hunt throughout North Laurel Park. Receive a pedometer and water bottle. Light refreshments are provided at the end of your hunt. Children 4 and under are free. Info: 410-313-0459.

All ages \$5, center members; \$7, nonmembers

RP4402.201 N Laurel Comm Ctr Mar 25 10:30-11:30am Sa

Spring Afternoon Teas at Belmont *Page 15*

April

Teen Fashion Show *Page 48*

Spring Eggstravaganza for Tots

Enjoy a tot-friendly spring egg-hunt through Robinson Nature Center's indoor exhibits and along paved portions of the trail (weather-permitting). Together your family will embark upon a self-guided adventure where you'll search for eggs and discover which animals laid them. Turn in your eggs at the end of the program and choose a special prize. To help ease parking congestion and crowding, we ask that families preregister for one of the following program times and arrive promptly. Program lasts approximately an hour. All adults and children 1 year and older must register to participate. No online registration, call 410-313-0400 or register at the center, in person.

1 yr + Robinson Nature Ctr \$6 per person; Free, under 1 yr

RP4858.301	Apr 2	10am	Su
RP4858.302	Apr 2	10:15am	Su
RP4858.303	Apr 2	10:30am	Su
RP4858.304	Apr 2	10:45am	Su
RP4858.305	Apr 2	11am	Su
RP4858.306	Apr 2	11:15am	Su



Watch your little one run around and collect as many Easter eggs as they can at the Spring Egg Hunt.

Spring Egg Hunt **flickr**

Celebrate spring and quality family time! Bring your basket to collect eggs and enjoy prizes, refreshments, games, and craft time. The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. If there is inclement weather, the event is held indoors. Registration/Info: 410-313-4840 (GJACC); 410-313-0390 (NLCC).

2-10 yrs \$10, center members; \$15, nonmembers

RP4163.301	Gary J Arthur Comm Ctr	Apr 8	10-11:30am	Sa
RP4163.311	N Laurel Comm Ctr	Apr 9	3-4pm	S

Kids Fest **flickr**

Have a blast with the entire family at the 4th annual Kids Fest. Sports instruction, games, activities, arts and crafts, food, and much more await. Preregistration encouraged but not required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

2-12 yrs

RP5905.301 Meadowbrook Pk Apr 15 11am-2pm Sa \$5

Pool Egg Hunt **flickr**

Celebrate spring by hunting for eggs in our 25-meter pool. Plastic eggs are filled with surprises and float in the pool. All children must be accompanied by an adult in the water. Bring your own basket! The hunt promptly begins 15 minutes after event start time. Preregistration is required; space is limited. Registration/Info: 410-313-2764.

2-10 yrs Roger Carter Comm Ctr \$7, center members; \$10, nonmembers

RP5400.301	Members	Apr 15	Noon-1:30pm	Sa
RP5400.302	Nonmembers	Apr 15	Noon-1:30pm	Sa

Save the Date

Spring Flea Market at GJACC **flickr**

Get started on your spring cleaning! Clean out those basements, closets, and garages and haul it down to the Gary J. Arthur Community Center for a fun day of selling and buying. Space available on a first-come, first-served basis. Reservations required in advance. Info: 410-313-4840.

18 yrs + \$20 per space; \$10 for 6' table; Free for shoppers

RP4141.301 Gary J Arthur Comm Ctr May 6 9am-noon Sa

National Road Yard Sale at Roger Carter

The Historic National Yard & Sidewalk Sale is the area's longest continuous sale. From downtown Baltimore to St. Louis, this sale runs for 284 miles. Join Roger Carter and other community members as we participate in a fun day of selling and buying. Space available on a first-come, first-served basis. Reserve a space by May 22. Registration/Info: Montrez Brown, 410-313-2764 or mjbrown@howardcountymd.gov.

18 yrs + \$15 per space; Free for shoppers

RP5400.303 Roger Carter Comm Ctr May 27 9am-noon Sa \$15



Stay warm indoors while trying this fun and challenging activity at the Roger Carter Community Center.



Race down the slopes in a tube on a day off from school!

Adventure & Outdoors

- www.howardcountymd.gov/adventure
- Custom Adventure and Outdoor Programs available. Let us work with you to design a unique adventure. Gather your scout troop, school group or friends and we'll do the planning and leading. Activity choices include themed birthday parties, campfires, archery, canoeing, rock climbing, kayaking, tubing, camping, and biking.
- Info: Dawn Thomas, 410-313-1754, dthomas@howardcountymd.gov; or Matt Medicus, 410-313-1769, mmedicus@howardcountymd.gov.

Nature & Environment Page 20

Archery

Lil' Archers

Experience the sport of archery in a fun, safe and supervised environment. We use plastic arrows with rubber suction cups to teach the basics of archery. Detailed information is emailed to participants. Info: Matt Medicus, 410-313-1769 or mmedicus@howardcountymd.gov.

4-5 yrs Classes: 2

RP9062.201	Meadowbrook Ath Comp	Jan 5	4-5pm	Th	\$35
RP9062.202	Roger Carter Comm Ctr	Feb 4	10-11am	Sa	\$35
RP9062.203	Meadowbrook Ath Comp	Feb 16	2-3pm	Th	\$35

Rock Climbing

Indoor Rock Climbing at the Roger Carter Community Center

Boost your confidence; get a great workout on the 26-foot-tall wall. Open climbs are only \$5 per person! Climbing wall rentals & parties also available; call Dawn Thomas, 410-313-1754. Visit howardcountymd.gov/rockclimbing for complete information (including open climb times and fees).

School's Out Rock Climbing & Swimming

Rise to new heights on our indoor climbing wall! No experience necessary. Fee includes equipment, instruction and supervision. Build confidence and make new friends while participating in rock climbing and team building games, then relax in our indoor pool. Detailed info is emailed to participants prior to the event. Info: Matt Medicus, 410-313-1769 or mmedicus@howardcountymd.gov.

9-13 yrs Classes: 1

RP9241.201	Roger Carter Comm Ctr	Jan 27	9am-5pm	F	\$73
RP9241.202	Roger Carter Comm Ctr	Feb 21	9am-5pm	Tu	\$73

Snow Tubing

School's Out Snow Tubing & Movie

Zoom down the perfectly carved lanes and relax on the moving carpet as it conveys you and your tube back to the top. You don't have to be an expert skier or boarder to have fun tubing; anyone can tube and have a blast doing it! In the afternoon, retreat inside for a pizza lunch on your way to a local cinema to see one of the new movies you have been anxiously awaiting. Fee includes snow tubing at a nearby ski resort, movie, lunch, supervision and transportation from Long Gate Park & Ride. Parents welcome too! Detailed info is emailed. Info: Matt Medicus, 410-313-1769

or mmedicus@howardcountymd.gov.

11 yrs + Classes: 1

RP9433.201	Long Gate Park & Ride	Jan 27	8am-6pm	F	\$90
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Trail Hikes

- The HCRP Trail Hike program features many historic sights and panoramic views. Trip leaders interpret points of interest and keep a moderate pace.
- Under 16 must be accompanied by a participating parent or guardian.
- Participants should be in good shape, have good balance and depth perception to be able to hike two miles over rocky hills without a break and the ability to complete the distance indicated.
- Fee includes van or school bus transportation from the Park & Ride lot at the intersection of Rte. 100 and Long Gate Pkwy, Ellicott City.



Don't let the chilly weather keep you inside. Choose a trail hike to explore a new area outdoors and enjoy the crisp, winter air.

- Detailed information is emailed to participants in the week prior to the hike date.
- For more information visit howardcountymd.gov/trailhikes or contact Matt Medicus, 410-313-1769.

Appalachian Trail Hikes **flickr**

The Appalachian Trail crossing Virginia, Maryland and Pennsylvania features historic Civil War sights and panoramic views of mountains and valleys; trip leaders will interpret points of interest. Hike leaders keep a moderate pace. Earn a certificate and patch by hiking each of the seven sections in the Maryland Appalachian Trail series at least once within a 3-year period. Earn a 100-mile certificate and patch by hiking additional miles on the Pennsylvania and Virginia sections of the Appalachian Trail.

Maryland Appalachian Trail Hike Section #3

Have lunch at the site of the Black Rock Hotel, a 1900s gambling house. Then hike to the panoramic view and fresh-water springs at Annapolis Rocks. Moderately difficult terrain: 9.5 miles.

8 yrs + Wolfsville Road to Route 40

RP9180.201 Long Gate Park & Ride Jan 7 8am-4pm Sa \$17

Maryland Appalachian Trail Hike Section #4

Cross the backpacker's bridge over I-70 and hike through the rolling forest to the Washington Monument. Moderate terrain: 6.5 miles.

8 yrs + Route 40 to Reno Monument

RP9180.202 Long Gate Park & Ride Feb 11 8am-4pm Sa \$17

Virginia Appalachian Trail Hike Section #1

Hike is generally downhill with several views of mountains and valleys. Hike up to enjoy your lunch at Key Gap. Moderate terrain: 10.2 miles.

8 yrs + Shannondale Road to Harpers Ferry

RP9184.201 Long Gate Park & Ride Mar 11 8am-6pm Sa \$20

Maryland Appalachian Trail Hike Section #5

Explore the 50-foot-high arch monument built as a tribute to Civil War newspaper correspondents and hike along the wooded mountain ridge. Moderate terrain: 6.5 miles.

8 yrs + Gathland State Park to Reno Monument

RP9180.203 Long Gate Park & Ride Mar 25 8am-4pm Sa \$17



Outdoors

CUSTOM

Adventure & Outdoor Programs

We will work with you to design a unique adventure!

Gather your scout group, school group, co-workers, family or friends and we do the planning and leading.

Specializing in birthday parties, campfires, fishing, target archery, canoeing, rock climbing, kayaking, river tubing, camping, biking and much more!

Info:

Dawn Thomas, 410-313-1754 or
dthomas@howardcountymd.gov.



flickr



HoCoParks
APP



Come in from the cold for a show in Robinson Nature Center's NatureSphere planetarium, where you'll learn about space and astronomy.

Nature & Environment

- Below is in order by date.
- Call 410-313-0400, or go to www.howardcountymd.gov/RobinsonNatureCenter for information on the Robinson Nature Center and its programs, exhibits, field trips, special events, volunteer and scout opportunities, birthday parties, rentable rooms, planetarium, community partners, gift shop and more.

Adventure & Outdoors *Page 18*

Astronomy & Planetarium

- Planetarium programs are held in the NatureSphere, a digital planetarium and dome-style movie theater.
- For planetarium shows, arrive 15 minutes prior to the show time to be seated. Due to dark conditions, we cannot seat you during the show.
- Sensory-friendly accommodations are available for all planetarium programs upon request. To make a request, contact the Robinson Nature Center no later than one week in advance of the program.
- Previews of planetarium films: www.howardcountymd.gov/RNCNatureSphereFeatures.
- Listed by earliest start date.
- Fee is per person.

Public Star Parties *Page 17*

Family NatureSphere Night

Treat your family to an evening of spectacular space delights. This program features a full-dome movie preceded by a fun, family-friendly planetarium presentation about current happenings in our night sky. All programs are held in the NatureSphere, a digital planetarium and dome-style movie theater. Film previews are available at www.howardcountymd.gov/RNCNatureSpherefeatures. No late seating. Registration/Info: 410-313-0400.

Robinson Nature Ctr	\$6	*HAL telescope viewing on roof (weather permitting)			
RP4801.201*	7 yrs +	<i>We Are Aliens</i>	Jan 6	6:30-7:30pm	F
RP4801.202	7 yrs +	<i>We Are Aliens</i>	Jan 20	6:30-7:30pm	F
RP4801.203*	7 yrs +	<i>NEW! We Are Stars</i>	Feb 3	6:30-7:30pm	F
RP4801.204	7 yrs +	<i>NEW! We Are Stars</i>	Feb 17	6:30-7:30pm	F
RP4801.205*	7 yrs +	<i>Astronaut</i>	Mar 3	6:30-7:30pm	F
RP4801.206	7 yrs +	<i>Astronaut</i>	Mar 17	6:30-7:30pm	F

Friday Late Nights in the NatureSphere - What's Up?

Treat your partner or friends to a unique Friday night experience of top-notch astronomy and entertainment at the Robinson Nature Center. This program is held in the NatureSphere planetarium and features a full-dome movie preceded by an adult-level planetarium presentation about current happenings in our night sky and space science. Film previews are available at www.howardcountymd.gov/RNCNatureSpherefeatures. No late seating. Registration/Info: 410-313-0400.

18 yrs +	Robinson Nature Ctr	\$6			
RP4800.201	<i>NEW! Back to the Moon for Good</i>	Jan 6	8-9pm	F	
RP4800.202	<i>Passport</i>	Feb 3	8-9pm	F	
RP4800.203	<i>Impact!</i>	Mar 3	8-9pm	F	

NatureSphere at Noon

Explore Robinson Nature Center's trails, Discovery Room and Nature Place, and before you leave for lunch, join us for a short, family-friendly full-dome film! This program is held in the NatureSphere planetarium. Film previews are available at www.howardcountymd.gov/RNCNatureSpherefeatures. No late seating. Registration/Info: 410-313-0400.

Robinson Nature Ctr \$3 per ticket w/ daily admission or annual pass
Noon-12:30pm

RP4802.211	3 yrs +	<i>NEW! Zula Patrol: Under the Weather</i>	Jan 7	Sa
RP4802.212	3 yrs +	<i>NEW! Zula Patrol: Under the Weather</i>	Jan 21	Sa
RP4802.213	7 yrs +	<i>NEW! Back to the Moon for Good</i>	Feb 4	Sa
RP4802.214	7 yrs +	<i>NEW! Back to the Moon for Good</i>	Feb 18	Sa
RP4802.215	5 yrs +	<i>Earth, Moon & Sun</i>	Mar 4	Sa
RP4802.216	5 yrs +	<i>Earth, Moon & Sun</i>	Mar 18	Sa

Lil' Stars (Parent/Child)

Let your little one discover outer space through views of the stars and planets, stories and song. Give your child a special nighttime experience during the day! Each month we focus on a different theme from the colors of stars, to the stories behind a constellation, to the seasonal changes in the sky and provide two opportunities to catch the program. Preregister to secure your seats. Fee is per person. Registration/Info: 410-313-0400.

3-8 yrs with a parent Robinson Nature Ctr \$3 w/ daily admission or annual pass

RP4802.201	NEW! Shooting Stars	Jan 14	11-11:30am	Sa
RP4802.202	NEW! Shooting Stars	Jan 28	11-11:30am	Sa
RP4802.203	Rocky Planets	Feb 11	11-11:30am	Sa
RP4802.204	Rocky Planets	Feb 25	11-11:30am	Sa
RP4802.205	Stellar Stretching	Mar 11	11-11:30am	Sa
RP4802.206	Stellar Stretching	Mar 25	11-11:30am	Sa

Family & Parent/Child

- Programs in this section require an adult to register with and accompany children at all times.
- Programs listed in order by earliest start date.

NEW! Winter Wednesday Puppet Theater

In January and February, join us on the first and third Wednesdays of the month for a nature-themed puppet theater presentation! Each puppet show portrays a different nature story. After the puppet show, create a simple craft to take home. All children must be accompanied by a registered adult for the duration of the program. Registration/Info: 410-313-0400.

2 yrs + Robinson Nature Ctr \$5 per person; Free, under 2 yrs

RP4871.201	The Tortoise and The Hare	Jan 4	11:30am-noon	W
RP4871.202	Who Needs Vultures?	Jan 18	11:30am-noon	W
RP4871.203	Spotted Turtle Can't Find Her Spots	Feb 1	11:30am-noon	W
RP4871.204	Little Beaver and the Echo	Feb 15	11:30am-noon	W

NEW! "New Year for Nature"

Family Fun Hike & Cider-Sipping

Finish the first week of 2017 with a family-friendly hike along Robinson Nature Center's trails! We'll start out inside where we'll learn to make kid-friendly wassail (mulled cider) for the cold winter days ahead, then head out on the trails with a naturalist for a guided winter hike. Try a range of winter activities to help your family stay active and keep the kids entertained during the chilly days ahead. Then, return to the Center to warm up with our wassail! Children must be accompanied by a registered adult. Registration/Info: 410-313-0400.

6 yrs + Robinson Nature Ctr \$7 per person

RP4815.201	Jan 7	2:30-4pm	Sa
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First Saturday Discovery Days **flickr**

Join us for the first Saturday of the month as we introduce a special theme. Each Discovery Days program lets you learn about native plants and animals through games, stories and crafts. Programs are available on a first come first served basis to the first 15 children and their adult chaperone. Pick up your free ticket at the front desk. You may continue to explore each month's theme throughout the remainder of the month at the Field Station in the Children's Discovery room or during special weekend hours with docent-led activities. Info: 410-313-0400 or

www.howardcountymd.gov/RobinsonNatureCenter.

3-10 yrs Robinson Nature Ctr Free with daily admission or Robinson annual pass

Jan 7	Winter Birds	11:30am-noon	Sa
Feb 4	Mammology	11:30am-noon	Sa
Mar 4	Paleontology/Fossils	11:30am-noon	Sa



Learn about a different nature theme each month at First Saturday Discovery Days.

NEW! Lil' Acorns - Penguin Parade

Hold your lil' acorn's hand through an unforgettable morning discovering the life of penguins through tot-friendly investigations! This parent/child interactive program includes song, sensory activities, a puppet show and a short walk through the woods. Register an additional person (\$9) by calling 410-313-0400.

2-3 yrs \$18 (one child and adult)

RP4817.201	Robinson Nature Ctr	Jan 21	10:30am-noon	Sa
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Frozen Fest *Page 16*



DeerSanta-Saturday, Dec. 3

Santa's reindeer have many skills. Come discover our special "Reindeer trail". Hike through the woods as we test our skills against four-legged friends in this family-friendly adventure. Then come back inside to warm up with a snack, make a seasonal craft and get a photo with Santa! Children must be accompanied by a registered adult. Registration/Info: 410-313-0400.

All ages \$15, child; \$5, adult

RP4871.101	Robinson Nature Ctr	10am-noon
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Have a blast with your lil' acorn on an interactive morning discovering wildlife hibernation habitats!

Winter Crisp Nature Walk with Campfire Treats

There's nothing like a crisp winter day! Get out and get active with your family on this guided nature hike. Discover how to identify trees in winter, the survival tactics of wildlife, and many more winter wonders. Restore your warmth and energy around a campfire with hearty, cinnamon-spiced, fire-baked apples. Children must be accompanied by a registered adult. Registration/Info: 410-313-0400.

All ages Robinson Nature Ctr \$7 per person; Free, under 3 yrs
RP4815.202 Feb 4 2:30-4pm Sa

Lil' Acorns - Hibernation

Hold your lil' acorn's hand through an unforgettable morning discovering the winter habits of wildlife through tot-friendly investigations! This parent/child interactive program includes song, sensory activities, a puppet show and a short walk through the woods. Register an additional person (\$9) by calling 410-313-0400.

2-3 yrs \$18 (one child and adult)

RP4817.202 Robinson Nature Ctr Feb 18 10:30am-noon Sa

Timberdoodles in the Gloaming

Discover one of nature's finest and unique shows: the amazing, spiraling flight act performed by the timberdoodle, also known as the woodcock. Now in decline, there is still habitat in Howard County where timberdoodles can be found consistently. Dress warmly and sharpen your eyes and ears as you join Howard County Bird Club Member, David Cummings, and a Robinson Nature Center naturalist to witness this fascinating ritual. Meet at the Robinson Nature Center to caravan to western Howard County where we discover more about these birds and await their twilight display. Registration/Info: 410-313-0400.

8 yrs +

RP4805.201 Robinson Nature Ctr Mar 11 4-7pm Sa \$5

**You can also register
at the Robinson Nature Center
for programs (410-313-0400).**



Home school classes expose your child to nature and science topics in an exciting environment.

NEW! Snowball Tea Party

Spend a fantastic afternoon with your little one at the Robinson Nature Center at our snowball tea party. Make a personalized snow globe to take home and participate in winter-inspired activities. With your snow globe created, sit and savor an impeccably catered tea service by Sweet Simpli-Tea tea room. Tea service includes tea, lemonade and delightful treats just right for little fingers. Fee includes program, all materials, full tea service and gratuity for service. Children must be accompanied by a registered adult. As this is a catered event, you must register no later than February 12 to attend. Registration/Info: 410-313-0400.

3 yrs + \$25 per child; \$20 per adult

RP4865.201 Robinson Nature Ctr Feb 19 2:30-4:30pm Su

Home School

- For Pre-Home & Home School Classes, there are three seasons of classes (fall, winter and spring) that focus on different themes. (Themes are listed in course descriptions.)
- Parents may attend classes with their child(ren) at no cost.
- Siblings younger than 4 years old are welcome, but must be accompanied by a parent at all times.
- Registration opened in June.
- All participants must complete a participant form, which will be emailed out prior to each season.

NEW! Pre-Home School Classes 2016-2017

Give your young homeschoolers a chance to learn skills and gain exposure to nature and science topics at an age-appropriate pace. Sign up to attend classes on either the first Thursday or first Friday of the month. **Winter Topics:** Nature at Night, Dinosaurs, Animal Signs. **Spring Topics:** Snakes & Turtles, Butterflies, Birds. Registration/Info: 410-313-0400.

4-5 yrs Robinson Nature Ctr \$30 per child per session

RP4885.201	1st Thursdays in winter	Dec 1, Jan 5, Feb 2	2:30-4pm
RP4885.211	1st Fridays in winter	Dec 2, Jan 6, Feb 3	2:30-4pm
RP4885.301	1st Thursdays in spring	Mar 2, Apr 6, May 4	2:30-4pm
RP4885.311	1st Fridays in spring	Mar 3, Apr 7, May 5	2:30-4pm

NEW! Home School Classes 2016-2017

Give your home-schooled students hands-on, immersive experiences in nature and science topics. 6-9-year-olds can sign up to attend classes on either the first Thursday or first Friday of the month. Classes are also offered for 9-13-year-olds (Thursday only). **Winter Topics:** Stars & Constellations, Fossils & Dinosaurs, Tracking Animals. **Spring Topics:** Herpetology (Reptiles & Amphibians), Entomology (Insects), Ornithology (Birds).

6-9 yrs Robinson Nature Ctr \$30 per child per session

RP4885.202	1st Thursdays in winter	Dec 1, Jan 5, Feb 2	2:30-4pm
RP4885.212	1st Fridays in winter	Dec 2, Jan 6, Feb 3	2:30-4pm
RP4885.302	1st Thursdays in spring	Mar 2, Apr 6, May 4	2:30-4pm
RP4885.312	1st Fridays in spring	Mar 3, Apr 7, May 5	2:30-4pm

9-13 yrs Robinson Nature Ctr \$30 per child per session

RP4885.203	1st Thursdays in winter	Dec 1, Jan 5, Feb 2	2:30-4pm
RP4885.303	1st Thursdays in spring	Mar 2, Apr 6, May 4	2:30-4pm

Home School Parent-Guided Workshops 2016-2017

Join us for monthly opportunities to connect with other homeschool families in an informal learning environment. Children socialize and collaborate with one another on parent-assisted educational projects and imaginative play opportunities. By joining, gain special access to a private, collaborative classroom space reserved specifically for home school families, special equipment, a tailored student project and social play opportunities. To ease crowding, please choose from one of two time slots when you register. Each adult and child that plans on attending must register individually for the workshop. Price per person/per season. Registration/Info: 410-313-0400.

All ages Robinson Nature Ctr

\$15, HC residents; \$18, nonresident; Free, siblings under 4 yrs

RP4885.250	Winter Workshops	Dec 8, Jan 12, Feb 9	1-2:30pm	Th
RP4885.251	Winter Workshops	Dec 8, Jan 12, Feb 9	3-4:30pm	Th
RP4885.350	Spring Workshops	Mar 9, Apr 13, May 11	1-2:30pm	Th
RP4885.351	Spring Workshops	Mar 9, Apr 13, May 11	3-4:30pm	Th

Youth

NEW! Animal Tracker Mysteries

After School with Robinson Nature Center

Set your backpacks aside and explore fascinating plant and animal mysteries with naturalists from the Robinson Nature Center. Classes incorporate live animal presentations, hands-on investigations, games and more. Make up classes for those cancelled due to inclement weather occur in the two weeks following the initial six classes. (No class 1/27.) Registration/Info: 410-313-0400.

Grades K-2 Classes: 6

RP4812.251	Clarksville ES	Jan 18	4-5pm	W	\$99
RP4812.252	Clemens Crossing ES	Jan 20	4-5pm	F	\$99

School's Out Wildlife Survival Day Camp

While school is out, join us for an incredible day at the Robinson Nature Center. Explore survival strategies of animals and other wildlife through live animal presentations, movies in our planetarium, crafts and nature hikes. Pack a snack and a non-perishable lunch (no nut products). Extend the fun with after-care. Info/Forms: www.howardcountymd.gov/RobinsonNatureCenter. Registration/Info: 410-313-0400.

6-13 yrs Robinson Nature Ctr

RP4812.201	Day Camp	Jan 27	8:30am-3:30pm	F	\$45
RP4812.202	After Care	Jan 27	3:30-5pm	F	\$10

Adult

NEW! Wreath-Making Workshop

Dec 2 / Page 15

Holiday Centerpiece Workshop

Dec 4 / Page 15

Friday Late Nights in the NatureSphere

- What's Up? Starting Jan 6 / Page 20

Teaching Children Outdoors - Project WET

Project WET provides curriculum for K-12th students and teaches them about water resources through hands-on, investigative, easy-to-use activities. Educators who complete this workshop receive a Project WET curriculum guide. All participants must attend both days of this workshop to receive the Project WET curriculum guide. Register by January 12th. MSDE professional development credit available upon completion of Project WET, Project WILD and Project Learning Tree workshops. Registration/Info: 410-313-0400.

18 yrs + Classes: 2

RP4833.202	Robinson Nature Ctr	Jan 19 & 26	3:30-6:45pm	Th	\$20
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Valentine's Day Truffle-Making & Wine-Tasting

Feb 11 / Page 16

Teaching Children Outdoors - Project Learning Tree

Project Learning Tree uses forests as a window on the world and provides educators of all types (teachers, daycare providers, scout leaders, parents etc.) with environmental education curriculum resources that can be integrated into lesson plans for Pre-K through 12th grade. All participants must attend both days of this workshop to receive the Project Learning Tree curriculum guide. Register by February 17. MSDE professional development credit available upon completion of Project WET, Project WILD, and Project Learning Tree workshops. Registration/Info: 410-313-0400.

18 yrs + Classes: 2

RP4833.201	Robinson Nature Ctr	Feb 22 & 23	3:30-6:45pm	W-Th	\$25
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Enjoy through all four seasons:

- Children's Discovery Room
- Planetarium and full-dome movies
- Nature trails, interactive exhibits and more!

Enjoy complimentary admission and special discounts on designated programs and gift shop items with your family pass!

6692 Cedar Lane, Columbia, MD 21044 | 410-313-0400
www.howardcountymd.gov/RobinsonNatureCenter



Warm up while walking around D.C. this holiday season and view the National Christmas Tree and Pathway of Peace.

Trips & Tours

- All children under 18 must be accompanied by an adult.
- Info: Cathy Vigus, 410-313-7311.
- All pick-up locations are at Bain Center & Long Gate Park & Ride unless otherwise indicated in program description.

December

American Music Theatre

We return to one of our favorite theatres for their holiday show, "Winter Wonderland" in Lancaster, PA. The quality of the singing and dancing is Broadway caliber and is sure to put you in a holiday mood. Enjoy a delicious buffet at Shady Maple Smorgasbord before the show; and there is time to shop in their enormous gift store, which is the biggest and the best.

RP4542.101 18 yrs + Dec 6 9am-7pm Tu \$127

Music in the Mansion

Spend the afternoon at the Engineers Club in Baltimore at the "Christmas Cheer Concert" presented by the Concert Artists of Baltimore. Enjoy a delicious buffet at historic Garrett-Jacobs Mansion followed by glorious music.

RP4548.101 18 yrs + Dec 10 10am-5pm Sa \$110

New York City

Spend the day on your own in the Big Apple while it is beautifully decorated for the holidays. As one of the most exciting cities in the world, there is so much to do. You can shop, see the tree, take in a Broadway show, enjoy Radio City Music Hall, visit a museum, or enjoy a great meal. We drop you off at 8th Avenue and 51st Street, the rest is up to you. Motor coach departs the city from the same spot at 6 pm for the journey back home. May be lots of walking. No stops into the city, motor coach has a bathroom on board. You may bring food and coolers on the bus.

RP4543.101 6 yrs + Dec 10 6:30am-10:30pm Sa \$85

Mannheim Steamroller Christmas

Mannheim Steamroller Christmas by Chip Davis has been America's favorite holiday tradition for more than 30 years! Grammy Award winner Davis created a show that features the beloved Christmas music of Mannheim Steamroller along with dazzling multimedia effects performed in an intimate setting at The Music Center at Strathmore, Bethesda, MD. Experience the magic as the spirit of the season comes alive with their signature sound. Limited rear promenade seating.

RP4544.101 10 yrs + Dec 11 2-8pm Su \$125

Mrs. K's & Mormon Temple Visitor's Center

We are returning to one of our favorite spots for a holiday meal. Mrs. K's Toll House Restaurant, in Silver Spring, MD has been a holiday tradition for many years with their over-the-top decorations and yummy meals. After your dinner you will re-board the coach for the trip to the Mormon Temple Visitor's Center in Kensington, MD. You will enjoy a musical presentation, Christmas items from around the world and the gorgeous display of over 450,000 lights. Menu choice: chicken Marsala, pork loin, grilled salmon or linguini pasta; each served with salad, ice cream and beverage. Some walking at Visitor's Center.

RP4545.101 18 yrs + Dec 13 4-10pm Tu \$105

Washington, D.C. Holiday Celebrations

Visit several Washington D.C. landmarks offering holiday events. Stops include the U.S. Botanical Gardens to see the holiday and train displays. Enjoy lunch and shop at Union Station. Check out the Postal Museum next to Union Station where your kids can join in on a Scavenger Hunt. Your final stop is the Ellipse to view the National Christmas tree with the model train display and the Pathway of Peace; featuring decorated trees from each state. Lots of walking and crowds.

RP4546.101 4 yrs + Dec 17 9am-6pm Sa \$49



Enjoy the beautiful music of Carole King at the Hippodrome Theatre this winter.

"Holiday Pops" at the BSO

Vocal sensation Storm Large of Pink Martini joins the Baltimore Symphony Pops Orchestra for a sparkling holiday celebration! Bring the whole family to get in the spirit of the season with this special program of carols, classics and lots of surprises. Plus, back by popular demand, the Tap-Dancing Santas are coming to town! Join us at the Joseph Meyerhoff Symphony Hall in Baltimore for this holiday show; grand tier seating.

RP4547.101 8 yrs + Dec 18 12:30-6pm Su \$99

January

Washington in the Winter

School's out! Bring the kids and enjoy a day in Washington, D.C. at the Bureau of Engraving & Printing. Learn how our paper currency is made while on a tour. After the tour, re-board the bus for Union Station for lunch and shopping on your own or visit the Postal Museum next to Union Station. Lots of walking. Great way to spend the day off from school! Pick-up point at Long Gate Park & Ride only.

RP4502.201 6 yrs + Jan 27 9am-4:30pm F \$52

Beautiful: The Carole King Musical

Beautiful tells the inspiring true story of King's remarkable rise to stardom, from being part of a hit songwriting team with her husband to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music; she wrote the soundtrack to a generation. Join us at the Hippodrome Theatre in Baltimore for an amazing show of her beautiful music. Limited number of orchestra seats.

RP4501.201 18 yrs + Jan 29 12:30-5:30pm Su \$145



Take a trip to the Big Apple and visit holiday sights and attractions.

February

Supreme Court

Join us for a guided tour of the highest court in the Nation. Fran Greccourt, licensed Washington, D.C. Tour Guide, will guide us through the historical building that has seen so many controversial and historical cases cross its threshold. Lots of walking and there is a security screening upon entering the building. Lunch is on your own at the on-site cafeteria.

RP4503.201 18 yrs + Feb 2 9am-4pm Th \$52

March

Philadelphia Flower Show

The Pennsylvania Horticultural Society presents the 2017 Flower Show at the Pennsylvania Convention Center in Philadelphia. Celebrate the wonders of Holland, from windmills, wooden shoes and cheese to tulip fields and canals. This largest flower show in the U.S. will share horticulture, innovative eco-design and sustainability efforts of the Netherlands. Shop at more than 160 shops in the Marketplace and enjoy the interactive displays. Lots of walking and lunch is on your own on-site of in the nearby historic Reading Terminal Market.

RP4501.301 18 yrs + Mar 13 8am-7pm M \$90

Cherry Blossoms and D.C. Memorials **flickr**

Take a guided walking tour with Washington, D.C. Licensed Tour Guide, Fran Greccourt. Get up close and personal with beautiful Cherry trees. Begin at the World War II Memorial and break for lunch on your own at the Ronald Reagan Building. After lunch, visit the Franklin D. Roosevelt Memorial. Lots of walking, so please wear comfy shoes!

RP4503.301 18 yrs + Mar 30 9am-4pm Th \$55

Cherry Blossoms & Odyssey Cruise

Enjoy the beauty of the cherry blossoms from the comfort of the cruise ship "Odyssey" as you voyage down the Potomac River in Washington, D.C. Listen to a historical narrative while enjoying lunch and viewing some of the most famous DC sights. A live band will have you singing and dancing too! Menu choice for lunch will be made at the table.

RP4502.301 18 yrs + Mar 28 9:30am-3:30pm Tu \$115



Our Early Learning Center programs encourage your child to have confidence and build the skills needed to be successful.

Child Care

Howard County Recreation & Parks offers Recreational Licensed Child Care (RLC) programs for preschool (ELC) through middle school students, along with our Therapeutic Recreation Inclusion Opportunities (TRIO). Our goal is to provide a safe and structured environment for children to have fun while participating in meaningful group recreational activities.

Before a child can participate, parents must complete all licensing and required paperwork, including a health inventory, which requires a physical. All programs must meet and maintain minimum enrollment requirements to run. Fees are subject to change.

Special accommodations or interpretive services can be provided at no additional cost but are not guaranteed; a request must be made at the time of registration. Because of the presence of children with severe allergic reactions, nuts and nut products are not served or permitted at any RLC programs.

If space is available, a \$50 non-refundable registration fee is required to enroll. If a program has already filled, you may place your child's name on the waiting list at no cost.

All RLC programs have a behavioral policy with standards of conduct enforced through the use of discipline, up to and including suspension and expulsion from the program. The primary concern of the Department must be the safety and well-being of all participants, even though it may cause inconvenience to parents in a particular case. The Department makes every effort to assist children and their parents in modifying a child's behavior before their actions become a serious enough threat to require suspension. See the Parent Manual for a complete policy statement.

For a list of who to contact and additional program information, visit www.howardcountymd.gov/rap and click on Licensed Child Care. For space availability, call 410-313-7275. Registration is also currently open for the 2016-2017 and 2017-2018 school year.



Healthy Howard Childcare

Modeled after the National Let's Move! Child Care initiative, Healthy Childcare is a voluntary, goal-oriented program focusing on increasing physical activity, limiting screen time and increasing consumption of water, milk, and 100% juice. Participants reapply annually to meet new goals, while passing site visits to maintain a Healthy Childcare site status.

Early Learning Center

Early Learning Centers provide a safe, nurturing, active and creative learning environment for each child. Throughout the program, the children enjoy building the skills needed for kindergarten (social and emotional development, reading and math readiness and fine and gross motor skills). They also participate in hands-on activities, including arts and crafts, science, nature, music, drama, multicultural and cooking. There are instructional and self-directed activities throughout the day. All programs are successful participants in the Healthy Howard Healthy Childcare initiative and are enrolled in the Maryland EXCELS program. Staff is trained in continuing early childhood education classes yearly. Parents provide snack/lunch. Children must be toilet-trained and meet the age requirement by September 1, 2016. If class minimums are not met, a combined class is offered. Info: Brian Murphy, 410-313-4797 or bmurphy@howardcountymd.gov.

Bushy Park ES / Director: Melissa Conrad / 410-313-5499

RP2252 3 yrs 9:30am-1:30pm M,W \$256, month

RP2252 4 yrs 9:30am-3pm M,W,F \$528, month

Fulton ES / Director: Denise Nails / 410-880-5974

RP2256 3 yrs 9:30am-1:30pm Tu,Th \$256, month

RP2256 4 yrs 9:30am-3pm M,W,F \$528, month

Roger Carter Comm Ctr / Director: Keisha Hopkins / 410-313-2749

RP2292 3-5 yrs 9:30am-3pm M-F \$660, month

RP2292 3-5 yrs 8:30am-4:30pm M-F \$799, month

Triadelphia Ridge ES / Director: Linda Hitzelberger / 410-313-5471

RP2266 3 yrs Noon-2:30pm M,W,Th \$242, month

RP2266 4 yrs Noon-3pm M-Th \$336, month



Keep your child engaged and learning at before and after care.



Weekly themed sessions keep the learning activities exciting!

Elementary School Before & After Care

Before & After Care for Elementary School 2016-2017 Academic Year

This licensed program provides varied recreational activities. The Before Care offers low-key programming while the After Care incorporates a structured energetic format. Activities include crafts, games, sports, special events and intramural competitions throughout the school year. To promote good health and wellness, we implement heart-healthy activities. Our curriculum is weekly, theme-based and focuses on healthy eating habits and active play to encourage and educate children to make positive life choices. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: RLC office, 410-313-3706.

Grades K-5 Before School 7am to beginning of school day \$207, month

Grades K-5 After School End of school day to 6pm \$318, month

Grades K-5 Before & After School 7am-6pm \$459, month

RP2050	Bellows Spring ES	RP2059	Ilchester ES
RP2051	Bollman Bridge ES	RP2060	Laurel Woods ES
RP2052	Bushy Park ES	RP2061	Lisbon ES
RP2049	Dayton Oaks ES	RP2062	Manor Woods ES
RP2053	Deep Run ES	RP2063	Pointers Run ES
RP2070	Ducketts Lane ES	RP2064	Rockburn ES
RP2054	Elkridge ES	RP2065	St. John's Lane ES
RP2055	Forest Ridge ES	RP2066	Triadelphia Ridge ES
RP2056	Fulton ES	RP2069	Veterans ES
RP2057	Gorman Crossing ES	RP2067	Waverly ES
RP2058	Hollifield Station ES	RP2068	West Friendship ES

Elementary Optional Full Day Programs

When school is closed for students, RLC has all-day programs at select locations. Kids have a blast participating in a variety of recreation activities! Morning and afternoon snack provided. Parents, please bring a bag lunch, with a drink, marked with your child's name. Please ensure your child's lunch is nut-free.

Grades K-5

Info: Brian Murphy, 410-313-4797 or bmurphy@howardcountymd.gov

RP2050.290	Bellows Spring	Jan 27	7am-6pm	F	\$40
RP2049.290	Dayton Oaks	Jan 27	7am-6pm	F	\$40
RP2057.290	Gorman Crossing	Jan 27	7am-6pm	F	\$40
RP2058.290	Hollifield Station	Jan 27	7am-6pm	F	\$40

Info: Lakisha Major, 410-313-4717 or lmajor@howardcountymd.gov

RP2052.291	Bushy Park	Feb 21	7am-6pm	M	\$40
RP2056.291	Fulton	Feb 21	7am-6pm	M	\$40
RP2064.291	Rockburn	Feb 21	7am-6pm	M	\$40
RP2069.291	Veterans	Feb 21	7am-6pm	M	\$40

Middle School After Care

"Can-TEEN Club" Middle School After-School Program

Our licensed after-school program provides a safe and high-quality environment for teens that enhances leadership skills and develops future leaders. Activities include educational and academic experiences while promoting positive thinking. Each location offers homework time, snack, sporting events and craft projects as part of the daily schedule. "YOLO" Fridays (You Only Live Once) encourages healthy eating and exercise essential to everyday living. Participants engage in community service outings and events that include visiting Rec & Parks sponsored after-school programs to mentor 4th & 5th grade students. Special events and outings may require additional fees. All programs are licensed through the Maryland State Department of Education's Office of Child Care and are participants in the Maryland EXCELS programs. Info: Lakishia Major, 410-313-4717 or lmajor@howardcountymd.gov.

Grades 6-8 Bonnie Branch MS End of school day-6pm 2016-17 school year

RP2370.011	5 days	\$299, month	RP2370.031	3 days	\$180, month
RP2370.021	2 days	\$120, month			

Grades 6-8 Elkridge Landing MS End of school day-6pm 2016-17 school year

RP2372.011	5 days	\$299, month	RP2372.031	3 days	\$180, month
RP2372.021	2 days	\$120, month			

Grades 6-8 Ellicott Mills MS End of school day-6pm 2016-17 school year

RP2373.011	5 days	\$299, month	RP2373.031	3 days	\$180, month
RP2373.021	2 days	\$120, month			

Grades 6-8 Folly Quarter MS End of school day-6pm 2016-17 school year

RP2374.011	5 days	\$299, month	RP2374.031	3 days	\$180, month
RP2374.021	2 days	\$120, month			

Grades 6-8 Lime Kiln MS End of school day-6pm 2016-17 school year

RP2376.011	5 days	\$299, month	RP2376.031	3 days	\$180, month
RP2376.021	2 days	\$120, month			

Grades 6-8 Thomas Viaduct MS End of school day-6pm 2016-17 school year

RP2382.011	5 days	\$299, month	RP2382.031	3 days	\$180, month
RP2382.021	2 days	\$120, month			

Therapeutic Recreation & Inclusion Services

- For information on Howard County Recreation & Parks programming for individuals with disabilities, contact Susan L. Potts, MS, CTRS at 410-313-4628 or spotts@howardcountymd.gov or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov.
- Please do not arrive at programs more than five minutes before the start of the program. Be ready to leave as soon as the program is over. Supervision is not provided before the scheduled start time. Excessive early drop-offs and late pick-ups may result in being dropped from the program.
- Programs listed by category, then age, then alphabetical.

After School

Therapeutic Recreation

Inclusion Opportunities (TRIO) **flickr**

This therapeutic-based program offers individuals with developmental disabilities an age-appropriate environment with leisure life skills, community integration, therapeutic swimming, animal-assisted therapy, functional intervention, and skill development for transitioning. Program is not held when schools are closed. (Still held on County-wide early dismissal days.) Staff-to-participant ratio is 1:3 for the school and 1:5 for the park. No transportation provided to site. (No program 1/16, 1/27, 2/20-21.)

13-21 yrs 2-6pm M-F \$360 per month

Cedar Lane School

RP2501.211 Jan
RP2501.212 Feb
RP2501.213 Mar

Cedar Lane Pk

RP2501.221 Jan
RP2501.222 Feb
RP2501.223 Mar

Aquatics

Puddles (Parent/Child)

Learn safety, introduction to swimming skills and have fun in this aquatics program for preschoolers with developmental disabilities. (Child must have a disability to participate in this program.) Parents must accompany child in the water. Siblings/non-disabled peers may register one week after open registration. Goals: Improve gross motor skills, increase self-confidence and improve ability to understand directions.

2-5 yrs Classes: 8

RP4201.201 Cedar Lane School Jan 12 6:15-6:50pm Th \$55

Private Swim Lessons

Learn and improve swimming skills in a private 1:1 lesson format. Goal: Improve gross motor skills, increase confidence in the water and ability to float, practice basic swim strokes and breathing skills.

3-12 yrs Classes: 8

RP4202.201 Cedar Lane School Jan 11 6:15-6:45pm W \$165
RP4202.202 Cedar Lane School Jan 12 7:45-8:15pm Th \$165



Our Therapeutic Recreation staff members are guaranteed to help your child "just keep swimming."

Splashes

Learn and improve swimming skills in this aquatics program for children with disabilities. Siblings can register one week after open registration. Participants are divided into groups based on skill level. Goal: Improve gross motor skills, increase self-confidence, and improve ability to understand directions.

6-8 yrs Classes: 8

RP4205.201 Level 1 Cedar Lane School Jan 11 6:50-7:25pm W \$65

9-10 yrs Classes: 8

RP4205.202 Level 2 Cedar Lane School Jan 11 7:30-8:05pm W \$65

11-12 yrs Classes: 8

RP4205.203 Level 3 Cedar Lane School Jan 11 8:10-8:45pm W \$65

Aquatic Skills Development

This semi-private skills session provides opportunities for increased endurance, core strengthening, and skills refinement for individuals with developmental disabilities who swim competitively. Participants should be able to swim multiple lengths of the pool independently. Goals: Increase endurance level, enhance core strength, develop breathing techniques, refine swim strokes for competition.

13 yrs + Classes: 10

RP4200.201 Roger Carter Comm Ctr Jan 17 7:30-8pm Tu \$80

RP4200.202 Roger Carter Comm Ctr Jan 17 8-8:30pm Tu \$80

Saturday Splash

Children, teens and adults with developmental disabilities experience the warm aquatic pool at their own pace. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, enhance fitness level and provide sensory stimulation. Lifeguard provided; supervision is required by the parent or caregiver.

2-12 yrs Classes: 6 Parent/Child

RP4207.201 Cedar Lane School Jan 14 12:35-1:10pm Sa \$50

13-21 yrs Classes: 6

RP4207.202 Cedar Lane School Jan 14 1:15-1:50pm Sa \$50

22 yrs + Classes: 6

RP4207.203 Cedar Lane School Jan 14 1:55-2:30pm Sa \$50

Waverunners

Sharpen swimming skills and improve fitness in this aquatics program for teens and adults with disabilities. Some participants may require someone to accompany them in the pool at the discretion of staff. Siblings may register one week after open registration. Goal: Increase range of motion, self-confidence, and improve ability to understand directions.

13 yrs + Classes: 8

RP4213.201 Cedar Lane School Jan 12 7-7:35pm Th \$65

Open Swim

Adults with developmental disabilities, exercise in a warm aquatic tank. Exercise at your own pace. This is an open swim opportunity with no formal instruction provided. Participants may require someone to accompany them in the pool at the discretion of staff. Goal: Increase range of motion, self-confidence, and enhance fitness level.

18 yrs + Classes: 8

RP4309.201 Cedar Lane School Jan 12 7:40-8:15pm Th \$56

Crafts & Fine Arts

Expressions of Art

Express yourself! Teens and adults with developmental disabilities, expand your creativity using a variety of art materials. Make several projects to take home; some projects are displayed in the No Boundaries Art Exhibit. Goal: Improve fine motor coordination, cultural art leisure skills, and improve ability to understand directions.

13 yrs + Classes: 6

RP4302.201 Cedar Lane Pk-West Jan 21 10:45am-12:15pm Sa \$80

Dance

Dances **flickr**

Teens and adults with developmental disabilities, enjoy dancing, socializing, and music by DJ Chris Andrews. Snacks and refreshments are provided. Prepackaged donations only please.

13 yrs +

RP4301.201 Let's Go Sailing Jan 14 7-10pm Sa \$15

RP4301.202 Sweet Heart Ball Feb 11 7-10pm Sa \$15

RP4301.203 Mardi Gras Madness Mar 11 7-10pm Sa \$15

Enrichment

Teen Venture

Teens with mild-to-moderate developmental disabilities spend time with their peers at various community outings. Teens must have moderate- to high-functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:4. Fee is inclusive of all activities other than dining. Goal: Increase awareness of others in social situations and of leisure activities and skills.

13-21 yrs Classes: 6

RP4206.201 Jan 13 6:30-9pm F \$175

RP4206.202 Jan 21 6:30-9pm Sa \$175

Instructional Cooking

Participants learn basic kitchen safety and food prep with simple set recipes to take home. We explore cooking with a microwave, cook-top and oven. Participants make items and enjoy their efforts. Participants must be able to function in a 1:5 staff-to-participant ratio. Goal: Demonstrate safe use of cooking utensils, demonstrate safe use of a cook top stove and oven, and explore new recipes for healthy cooking.

16-26 yrs Classes: 6

RP4209.201 Cedar Lane Pk-West Jan 21 12:30-2pm Sa \$160



Dance the night away with friends at a monthly themed dance!

Friday Night Socials

Adults with developmental disabilities, enjoy this casual group with easy going activities and socializing. Staff provide activity facilitation; caregivers must accompany at staff's discretion. Goal: Increase self-awareness through leisure experiences, improve social etiquette, and increase ability to listen to others.

22-54 yrs Classes: 6

RP4306.201 Jan 13 7:30-9pm F \$125

55 yrs + Classes: 6

RP4306.202 Jan 13 7:30-9pm F \$125

Out & About

Adults with mild developmental disabilities, enjoy community outings and social activities. Adults must have moderate-to-high functioning level of independence and require minimal assistance with personal skills to be functionally independent. Staff-to-participant ratio is 1:5. Goal: Increase self-awareness through environmental orientation, improve social etiquette, and increase ability to listen to others. Fee is inclusive of activities other than dining.

22-34 yrs Classes: 6

RP4308.201 Jan 13 6:30-9pm F \$175

RP4308.203 Jan 21 6:30-9pm Sa \$175

35-54 yrs Classes: 6

RP4308.202 Jan 20 6:30-9pm F \$175

RP4308.204 Jan 21 6:30-9pm Sa \$175

Sports

Tumblers: Adapted Gymnastics (Parent/Child)

Parents and your child with physical or developmental disabilities, participate in a structured gymnastics class to increase gross motor coordination, balance and self awareness. Parents, work with instructor to assist and adapt to your child's individual needs and abilities. Goals: Increase gross motor coordination, increase core strength, increase balance and overall body awareness. (No class 1/16, 2/20.)

2-5 yrs Classes: 8

RP4210.201 Columbia Gymnastics Jan 9 10:30-11:15am M \$125



Is bowling is right up your alley. Build confidence while having fun with you peers.

Tumblers: Adapted Gymnastics

Designed for youth with physical or developmental disabilities, this structured gymnastics class is designed to increase gross motor coordination, balance and self-awareness. Participants gain comfort with rotating from elements, being in the gym with other peers and increase their comfort level within the gymnastic environment to potentially enable them to participate in an inclusive program. Instructor and staff adapt to child's individual needs and abilities. Goals: Increase gross motor coordination, increase core strength, increase balance, sensory comfort level and overall body awareness.

6-8 yrs Classes: 8

RP4211.201 Columbia Gymnastics Jan 15 12-12:45pm Su \$125

9-11 yrs Classes: 8

RP4211.202 Columbia Gymnastics Jan 15 1-1:45pm Su \$125

Strikes & Spares Bowling League

Teens with developmental disabilities, come develop and improve bowling skills and learn proper bowling etiquette. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase range of motion, improve athletic skills, and improve ability to stay on task.

13-16 yrs Classes: 8

RP4313.201 Normandy Brunswick Lanes Jan 14 9-10:15am Sa \$91

18-33 yrs Classes: 8

RP4313.202 Normandy Brunswick Lanes Jan 14 10:30-11:45am Sa \$91

Alley Cats Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. This program requires caregiver or agency support staff to remain with the participants. Supervision is not provided. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others. (No class 1/25.)

21 yrs + Classes: 10

RP4315.201 Normandy Brunswick Lanes Jan 11 10:30am-noon W \$100

Pinbusters Bowling League

Adults with developmental disabilities, enjoy socializing with your peers. Bowl one or two games per week. Fee includes shoe rental and bowling fee. Goal: Increase self-awareness through environmental orientation, increase ability to listen and interact with others.

33 yrs + Classes: 8

RP4312.201 Normandy Brunswick Lanes Jan 14 9-10:15am Sa \$91

RP4312.202 Normandy Brunswick Lanes Jan 14 10:15-11:30am Sa \$91



Our Pre-K programs are designed to develop your little one's social, cognitive and fine motor skills while having fun!

Pre-K (0-5 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical

Adventure & Outdoors *Page 18*

Nature & Environment *Page 20*

Adventures in Learning

The Early Years Matter: Help your child get ready for kindergarten. Follow this progression of classes that help build your child's social and emotional skills. (You can start at any stage of this school-readiness program.) More and more children in Maryland are school-ready when they enter kindergarten. Make sure your child is one of them! Staff members do not change diapers.

Awesome Athletes, Amazing Artists (Parent/Child) **flickr**

If you enjoy being active and creative, this is the class for you! Explore sports, games, arts and crafts while meeting new friends! Spend the first half of class throwing, kicking and shooting with a variety of interactive gym games. Continue the fun in the second half of class with painting, pasting and creating an array of art projects! Parents are required to attend. (No class 3/10.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2-4 yrs Classes: 6

RP6973.201 Roger Carter Comm Ctr Feb 3 9:30-10:30am F \$90

Tots Discovery Jr.

This drop-off class is designed to foster increased independence through hands-on activities that develop social, cognitive and fine motor skills while exploring and meeting new friends. It's a wonderful way to make a seamless transition into our *Tots Discovery* classes. (No class 3/10.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classes: 8

RP3204.201 Gorman Crossing ES Feb 3 10-10:45am F \$125

RP3204.202 Thomas Viaduct MS Feb 8 10-10:45am W \$125



Kindergarten Jump Start provides your little one with enriching and positive experiences that get them ready for kindergarten.

Tots Discovery

Is your 2-year-old ready for a more challenging environment? This program provides enriching, positive experiences that allow children to have fun, explore the world around them and learn how to get along with others. Emphasis is on learning through play and building a foundation for a preschool experience. Thematic lessons are developmentally appropriate. To allow children time to adapt to this new environment, class meets for one hour the first day. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 2/21.)

Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classes: 8

RP3201.201	Dayton Oaks ES	Jan 31	10am-noon	Tu,Th	\$140
RP3201.202	Dayton Oaks ES	Mar 14	10am-noon	Tu,Th	\$140
RP3201.203	Gorman Crossing ES	Jan 31	10am-noon	Tu,Th	\$140
RP3201.204	Gorman Crossing ES	Mar 14	10am-noon	Tu,Th	\$140
RP3201.205	Rockburn ES	Jan 31	10am-noon	Tu,Th	\$140
RP3201.206	Rockburn ES	Mar 14	10am-noon	Tu,Th	\$140

Preschool Adventures

Come join the adventure! Children enjoy an exciting, physically active and well-rounded experience. Enriching activities include story time, music, arts and crafts, along with sports-specific activities (including volleyball, baseball, soccer and other sports) in the gym. Participants should bring a peanut-free lunch and sneakers are highly recommended. Register for M-Th and receive a 10% discount off. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 3/9.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2½-5 yrs Classes: 8

RP6971.201	Gary J Arthur Comm Ctr	Jan 23	9:30am-1pm	M,W	\$160
RP6971.202	Gary J Arthur Comm Ctr	Jan 24	9:30am-1pm	Tu,Th	\$160
RP6971.203	Gary J Arthur Comm Ctr	Feb 27	9:30am-1pm	M,W	\$160
RP6971.204	Gary J Arthur Comm Ctr	Feb 28	9:30am-1pm	Tu,Th	\$160

2½-5 yrs Classes: 16

RP6971.205	Gary J Arthur Comm Ctr	Jan 23	9:30am-1pm	M-Th	\$285
RP6971.206	Gary J Arthur Comm Ctr	Feb 27	9:30am-1pm	M-Th	\$285

My First School

This program is designed to help children make a successful transition to an independent experience. Children develop social skills while exploring the alphabet, games, music, movement, and art with a different theme each week. Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 2/20, 2/21.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs, 9 mos-3 yrs, 9 mos Classes: 8

RP3202.201	Bonnie Branch MS	Jan 31	10am-noon	Tu,Th	\$140
RP3202.202	Bonnie Branch MS	Mar 14	10am-noon	Tu,Th	\$140
RP3202.203	N Laurel Comm Ctr	Jan 31	10am-noon	Tu,Th	\$140
RP3202.204	N Laurel Comm Ctr	Mar 14	10am-noon	Tu,Th	\$140
RP3202.205	Rockburn ES	Jan 30	10am-noon	M,W	\$140
RP3202.206	Rockburn ES	Mar 6	10am-noon	M,W	\$140

Step into School

This specialized program is designed to help your child get ready for kindergarten. Daily activities include writing workshops, reading readiness and math skills. Activities support school curriculum goals and encourage socialization and independence. Special themes help make learning fun! Fee includes snack. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 2/20.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

3 yrs, 9 mos-4 yrs, 9 mos Classes: 8

RP3221.201	Bonnie Branch MS	Jan 30	9:30am-noon	M,W	\$150
RP3221.202	Bonnie Branch MS	Mar 6	9:30am-noon	M,W	\$150
RP3221.203	N Laurel Comm Ctr	Jan 30	9:30am-noon	M,W	\$150
RP3221.204	N Laurel Comm Ctr	Mar 6	9:30am-noon	M,W	\$150

Kindergarten Jump Start flickr

This academic program helps children prepare for a smooth transition into kindergarten. Through age-appropriate activities in reading readiness, math, science and social studies, participants engage in individual, small- and large-group activities. Emphasis is on listening and following directions, starting and completing tasks, group cooperation and expected school behavior. Music, movement and art make learning fun! Participants should bring a nut-free lunch. Pay a \$45 non-refundable deposit to hold a spot for the second session. (No class 2/20.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

4½-5 yrs Classes: 8

RP1727.201	Ellicott Mills MS	Jan 30	9:30am-1pm	M,W	\$190
RP1727.202	Ellicott Mills MS	Mar 6	9:30am-1pm	M,W	\$190



Parents, work with your child to prepare delicious and nutritious recipes at C is for Cooking class.

Marshmallow Math

Math is more fun when experimenting and playing. Explore math concepts through sorting, patterning, counting, graphing and measuring. Snack becomes an adventure when sorting Teddy Grahams or eating the number eight! Graph with marshmallows and explore terrific tangrams and shapes! Songs, art projects and manipulatives are all incorporated to help this preschool experience be meaningful and stimulating. (No class 3/10.) Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

3-5 yrs Classes: 8

RP3206.201 N Laurel Comm Ctr Feb 3 10am-noon F \$120

One Day Specials

• Parent or caregiver must attend.

Mommy & Me Fun Days

Enjoy a morning full of quality time designed for you and your little one. Join in the fun with theme-related stories, music and movement and complete the morning with a special make-and-take craft. Sign up for one class or make a date for all six adventures. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2-3 yrs Ellicott Mills MS

RP3212.201	Elmo & Friends	Feb 3	10-11am	F	\$19
RP3212.202	Clifford's Valentine	Feb 10	10-11am	F	\$19
RP3212.203	Thomas the Tank Engine	Feb 17	10-11am	F	\$19
RP3212.204	Doc McStuffins	Feb 24	10-11am	F	\$19
RP3212.205	Go, Diego, Go!	Mar 3	10-11am	F	\$19
RP3212.206	Jake & the Neverland Pirate	Mar 17	10-11am	F	\$19

2-3 yrs Thomas Viaduct MS

RP3212.211	Elmo & Friends	Jan 30	10-11am	M	\$19
RP3212.212	Clifford's Valentine	Feb 6	10-11am	M	\$19
RP3212.213	Thomas the Tank Engine	Feb 13	10-11am	M	\$19
RP3212.214	Doc McStuffins	Feb 27	10-11am	M	\$19
RP3212.215	Go, Diego, Go!	Mar 6	10-11am	M	\$19
RP3212.216	Jake & the Neverland Pirate	Mar 13	10-11am	M	\$19

Cooking

• More cooking classes for 4 yrs + on page 35.

C is for Cooking! (Parent/Child) **flickr**

Lets get cooking! Parents, enjoy this hands-on class with your little ones while making recipes from favorite Sesame Street characters. Prepare delicious and nutritious recipes such as Zoe's Rainbow Fruit Salad, Abby Cadabby's Pixie Snack Mix and Oscar's Cheese Tortilla. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

2 yrs Classes: 6

RP3209.201 Dayton Oaks ES Feb 1 9:45-10:45am W \$105

Crafts & Fine Arts

Abrakadoodle Art Twoosy Doodlers (Parent/Child)

Parents and kids, experiment with art materials while developing fine motor skills, hand-eye coordination, creativity, readiness skills, confidence, ability to play with others and imaginative thinking. Non-toxic materials used. Sculpt, stamp, cut, glue, draw, color, listen to stories and sing songs! Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681 or cochs@howardcountymd.gov.

20-36 mos Classes: 6

RP0133.201 Roger Carter Comm Ctr Feb 4 9:30am-10:15am Sa \$89

Abrakadoodle Art Mini Doodlers

Get creative! Learn and emulate drawings of artists with new themes and topics! Kids paint, learn wet-on-wet techniques, create large-scale artwork and explore a variety of materials to create original art. Lessons are designed to ignite the imagination, foster creativity and develop new skills. Frames and protective aprons provided. Info: Cindy Ochs, 410-313-4681.

3½-5 yrs Classes: 6

RP0134.201 Roger Carter Comm Ctr Feb 4 10:30-11:15am Sa \$89

Dance

Dance with Me! (Parent/Child)

Have fun using songs and games to learn dance and movement concepts in this introduction to dance and creative movement. Fee includes participation of one parent or caregiver and one child. (No class 1/16, 2/20.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2 yrs Classes: 10

RP1003.201 Roger Carter Comm Ctr Jan 9 10:30-11:15am M \$75

Mommy & Me Movement (Parent/Child)

This exciting movement class allows you and your child to move together through dancing, singing, role-playing and more. Watch your little one gain confidence and an appreciation for music and rhythms. Wear comfortable clothing, bare feet or socks. Teachers: Cecilia Ituarte & Mary Krauss. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2-3 yrs Classes: 8

RP1005.201	Misako Ballet Studio	Jan 24	10-10:45am	Tu	\$85
RP1005.211	Misako Beats	Jan 19	10-10:45am	Th	\$85

Parent/Child Movement & Song by Kinetics Dance Theatre

Encourage your child's imagination as you explore creative dance using stories, props and movement. Bare feet preferred. Fee includes participation of one child and one parent/caregiver. Teacher: Jodi Guzewich. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

2-3 yrs Classes: 10

RP1007.201	Kinetics Dance Theatre	Jan 20	9:45-10:30am	F	\$89
RP1007.202	Kinetics Dance Theatre	Jan 21	10:15-11am	Sa	\$89

Angelina Ballerina Pre-Ballet

An introductory class to ballet. We will use creative movement to tell stories like Angelina and her friends. We will learn basic positions and work on balance and coordination. On the last day, we will have a performance for family. Ballet shoes required. (No class 1/16, 2/20.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3 yrs Classes: 10

RP1008.201 Roger Carter Comm Ctr Jan 9 12:05-12:35pm M \$55

Ballerina Basics by Kinetics Dance Theatre

Do you dream of being a ballerina? Ballerina Basics introduces pre-ballet movements, grace and self-control in a creative and nurturing environment. This is a beginner-level class. No experience necessary. Leotard and ballet shoes recommended. Teachers: sections 201 & 202 (Lauren Snyder), section 203 (Theresa Whittemore). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-6 yrs Classes: 10

RP1011.201 Kinetics Dance Theatre Jan 18 9-10am W \$115

RP1011.202 Kinetics Dance Theatre Jan 20 10-11am F \$115

RP1011.203 Kinetics Dance Theatre Jan 21 1-2pm Sa \$115

Ballet & Tap by Dance Connections, Inc.

This fun class combines the beauty of ballet with the rhythm of tap. For the first half of the classes, dancers are introduced to ballet steps, dance fundamentals and concepts in the center and across the floor in a fun and creative environment. Halfway through, dancers change into tap shoes and explore the basics of tap and rhythms. Wear dance attire for ease of movement such as leotard or dance dress and tights. Leather ballet and tap shoes required. (No class 2/20.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 8

RP1025.201 Dance Connections, Inc. Jan 23 10:45-11:30am M \$95

RP1025.202 Dance Connections, Inc. Jan 21 1:30-2:15pm Sa \$95

RP1025.203 Dance Connections, Inc. Jan 21 2:15-3pm Sa \$95

Creative Dance by Kinetics Dance Theatre

This intro to dance incorporates imagination, creative expression and a lot of fun! Dancers practice loco-motor skills, rhythm, patterns, and spatial awareness. What a wonderful way to learn to dance! All children under the age of 8 must have a parent/guardian on the premises while in class. Leotard and bare feet recommended. Teachers: section 201 (Carol Aser), section 202 (Jodi Guzewish), section 203 & 204 (Rachel Wolfe). (No class 2/20.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-6 yrs Classes: 8

RP1010.201 Kinetics Dance Theatre Jan 23 9-10am M \$89

3-6 yrs Classes: 10

RP1010.202 Kinetics Dance Theatre Jan 21 9:30-10:15am Sa \$89

RP1010.203 Kinetics Dance Theatre Jan 21 11:45am-12:30pm Sa \$89

RP1010.204 Kinetics Dance Theatre Jan 21 1-1:45pm Sa \$89

Creative Movement by Cindee Velle Ballet

This intro to dance incorporates the exploration of space, rhythm, body-awareness, time, shape and dynamics. Use of imagination is encouraged! A pink leotard, pink tights and pink (leather or canvas) ballet shoes required for girls; a white t-shirt, black shorts or sweat pants and black ballet (leather or canvas) shoes required for boys. Enjoy a showcase at the end of the session for family and friends (additional costume fee applies). Teacher: Amy Spears. (No class 1/27, 3/10, 4/7, 4/14, 5/19.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 16

RP1019.201 Veterans ES Jan 13 4:10-4:55pm F \$115



Your little one will dance and spin like Anna, Elsa and Kristoff at Frozen Ballet & Tap class.

Fairy Dance & Storytelling by Kinetics Dance Theatre

This special introduction to dance lets your child's imagination take flight! In each class, the fairy theme is expressed through movement and storytelling and incorporated into the dance components (including space, rhythm and body awareness). Dancers share and explore ideas while learning in a safe and creative environment. Dancers should wear leotard and bare feet. Teacher: Alexandra Krebs. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 10

RP1006.201 Kinetics Dance Theatre Jan 17 9-9:45am Tu \$89

Frozen Ballet & Tap by Dance Connections, Inc.

Let it Go! Enjoy learning ballet and tap with the themes and music from everyone's favorite movie, Frozen! Foundations of ballet and tap are covered while using fine and gross loco-motor movements. Skate like Anna and Elsa, march and climb mountains like Kristoff, spin and dance like Olaf! Props and story lines used to explore movement in fun, creative ways. Dancers, wear clothes for ease of movement, leather ballet and tap shoes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 8

RP1014.201 Dance Connections, Inc. Jan 18 2-2:45pm W \$95

RP1014.202 Dance Connections, Inc. Jan 19 2-2:45pm Th \$95

Princess Ballet by Dance Connections, Inc.

Twirl your way to becoming a dancing princess. Learn the foundations and fundamentals of ballet while working on fine and gross loco-motor movements. The focus is on fun as we use creative dance to learn about ballet steps. Tip-toe around the beast's castle like Belle, waltz like Sleeping Beauty, spin and twirl like Anna and Elsa. Dancers should wear leotard, tights and (leather or canvas) ballet shoes. (No class 2/20.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 8

RP1046.201 Dance Connections, Inc. Jan 23 10-10:45am M \$95

Tinker Bell's Ballet by Dance Connections, Inc.
Be free and fancy! Learn about your favorite fairies while learning ballet in a creative way. Foundations and fundamentals of ballet are covered while using fine and gross loco-motor movements. Fly like Tinker Bell, arabesque with our frozen wings like Periwinkle, and leap like Zarina! Dancers should wear leotard, tights and (leather or canvas) ballet shoes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

3-5 yrs Classes: 8

RP1017.201 Dance Connections, Inc. Jan 18 1:15-2pm W \$95

Dance, Baila! By Misako Ballet Studio

Introduce your child to Spanish through dance! Taught by a native Spanish speaker, students learn a variety of basic dance steps, stretches, and movement patterns while practicing new words and concepts in Spanish such as greetings, animals and body parts. Dancers should wear comfortable clothing for ease of movement and bare feet. Bring a reusable water bottle. Teacher: Cecilia Ituarte. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

3½-5 yrs Classes: 8

RP1016.201 Misako Ballet Studio Jan 24 10:45-11:30am Tu \$85

Ballet & Tap with Barbie! for 4 & 5's

Using the music and stories of Barbie, we will learn ballet and tap basics and put on a show on the last class. Bring your favorite Barbie to dance with you. Ballet and tap shoes required. (No class 1/16, 2/20.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

4-5 yrs Classes: 10

RP1022.201 Roger Carter Comm Ctr Jan 9 11:15am-12:15pm M \$99

Fitness

Funfit® Tots (Parent/Child)

This fun-filled, high-energy class includes songs, stories, parachutes, games, balls, music and more! The perfect combination for your child who loves to move and loves music too! Looking to squeeze in an extra 45 minutes of fun exercise while playing with your child? This is the class for you! Child must be walking. Info: Scott Corning, 410-313-4622.

11-20 mos Classes: 10

RP3210.201 N Laurel Comm Ctr Jan 19 10:15-11am Th \$99

RP3210.203 Roger Carter Comm Ctr Jan 17 9:30-10:15am Tu \$99

20-35 mos Classes: 10

RP3210.202 N Laurel Comm Ctr Jan 19 11-11:45am Th \$99

RP3210.204 Roger Carter Comm Ctr Jan 17 10:15-11am Tu \$99

Language

Oh La La French Mommy & Me & Daddy Too!

Speak French with your little one in a class developed by a professional Early Childhood educator. Learn the French words for different colors, animals, action words, and more! Using a multi-sensory approach, enjoy creative arts, language arts, singing, games and dancing. Literacy is increased through reading books, singing songs and playing games in French. Each week has new topics while reviewing what was taught previous weeks. Bring a blanket. Fee includes one child and one parent/caregiver. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

2-5 yrs Classes: 6

RP3310.201 Pointers Run ES Jan 21 10:45-11:45am Sa \$85



Watch your little star act, dress-up, sing, gain self-confidence, and just have a great time on stage during a Broadway Babies class.

Music & Theater Arts

Music Together (Parent/Child)

With a little practice, everyone has the ability to sing in tune and keep a beat. Music Together is the first step in your child's music literacy. Children, and the adults who love them, will have fun singing, dancing & playing with various rhythm instruments as part of a nurturing musical community while experiencing world cultures through music immersion. \$42 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

RP0121.201 Infant-5 yrs OSM Columbia Classes: 10 \$159

Jan 30	9:30-10:15am	M	Feb 2	5:30-6:15pm	Th
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Jan 31	9:30-10:15am	Tu	Feb 3	10:30-11:15am	F
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Feb 1	11:30am-12:15pm	W	Feb 4	9:15-10am	Sa
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Feb 2	10:30-11:15am	T	Feb 5	10:30-11:15am	Su
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RP0121.201 Infant-5 yrs OSM Ellicott City Classes: 10 \$159

Feb 4	10:30-11:15am	Sa	Feb 5	9:30-10:15am	Su
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Music ABCs & Keyboarding

at Olenka School of Music (OSM)

Begin a strong foundation for future music education with this energetic, parent/child class offering a rich exploration into the essentials of music theory and performance. This age-appropriate class features Solfege (Do-Re-Mi singing) and ear training exercises that improve neuromuscular feeling for music. Enjoy dancing, singing, playing keyboards and rhythm instruments, and stimulating music games designed to teach the fundamentals of the universal language of music. This class is intended for beginners, no previous experience necessary. \$55 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

RP0128.201 3-5 yrs OSM Columbia Classes: 10 \$205

Feb 2	11:30am-12:15pm	Th	Feb 5	11:30am-12:15pm	Su
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Feb 2	6:15-7pm	Th			
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RP0128.201 3-5 yrs OSM Ellicott City Classes: 10 \$205

Jan 31	4:30-5:15pm	Tu			
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Broadway Babies: Paw Patrol by DLC

Do the Pup-Pup Boogie! Learn singing, dancing, and acting skills as part of a theatrical team. Class session culminates in a final performance for family and friends featuring props created by the students during craft time. Info: www.howardcountymd.gov/drama or Melissa Calleri, 410-313-4721.

3-5 yrs Classes: 6

RP0103.201 Drama Learning Ctr Jan 17 3-4pm Tu \$95

RP0103.202 Drama Learning Ctr Jan 28 9:15-10:15am Sa \$95



Master the game and learn from highly-rated, professional chess instructors.

Youth (5-10 yrs) Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors Page 18

Nature & Environment Page 20

Chess

Chess Club Before & After School with Silver Knights Chess **flickr**

Learn how to play chess from highly rated professional chess instructors, who have coached many state and national champions! Time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Open to all elementary school grades and experience levels. Play time is structured to pair against opponent of similar skill. All chess supplies provided. (No class before or after school 2/20, 2/21, 4/10-17. Also, no class after school 3/9, 3/10, 4/7.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Before School Grades K-5 Classes: 12

RP3323.201	Atholton ES	Feb 1	8am-9am	W	\$175
RP3323.202	Bellows Spring ES	Jan 31	8:10-9:10am	Tu	\$175
RP3323.204	Ilchester ES	Feb 13	8:10-9:10am	M	\$175
RP3323.205	Pointers Run ES	Feb 2	8:10-9:10am	Th	\$175

After School Grades K-5 Classes: 12

RP3322.201	Centennial Lane ES	Feb 1	3:30-4:30pm	W	\$175
RP3322.202	Dayton Oaks ES	Feb 13	3:35-4:35pm	M	\$175
RP3322.203	Gorman Crossing ES	Feb 1	4-5pm	W	\$175
RP3322.204	Hammond ES	Feb 2	3:35-4:35pm	Th	\$175
RP3322.205	Manor Woods ES	Feb 2	3:20-4:20pm	Th	\$175
RP3322.206	Northfield ES	Feb 3	3:20-4:30pm	F	\$175
RP3322.207	Rockburn ES	Jan 31	3:25-4:25pm	Tu	\$175
RP3322.208	St. John's Lane ES	Jan 31	3:20-4:20pm	Tu	\$175
RP3322.209	Waverly ES	Feb 1	3:50-4:50pm	W	\$175
RP3322.210	Fulton ES	Feb 2	4-5pm	Th	\$175

Chess Winter Break Camp with Silver Knights Chess

Play and learn chess from the highly rated professional chess instructors. Campers, you are divided into skill level groups, from beginner to highly rated tournament players. Learn openings, tactics and endgames; study master games; play games against fellow students; and analyze students games. Fresh air breaks included. Bring a nut-free snack (half-day campers) or lunch (full-day campers) and beverage. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-8 Classes: 4

RP1815.201	Roger Carter Comm Ctr	Dec 27	9am-4pm	Tu-F	\$279
RP1815.211	Roger Carter Comm Ctr	Dec 27	9am-noon	Tu-F	\$169
RP1815.221	Roger Carter Comm Ctr	Dec 27	1-4pm	Tu-F	\$169

NEW! Chess Wizards Before & After School

Want to learn chess in a fun, engaging and interactive way? Curriculum is designed by teachers and comedians to impart many benefits – critical thinking, sportsmanship and learning from our mistakes in a challenging and exciting way. In addition to lessons and traditional gameplay, variations of chess games are incorporated to build teamwork and improve logic, planning, discipline, judgment and self-control. All skill levels welcome and are grouped accordingly for lessons and game-play. (No class before or after school 1/27, 2/20, 2/21. Also, no class after school 3/9, 3/10.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Before School Grades K-5 Classes: 8

RP3373.201	Clarksville ES	Jan 24	8:10-9:10am	Tu	\$135
RP3373.202	Forest Ridge ES	Jan 26	8-9am	Th	\$135
RP3373.203	Veterans ES	Jan 25	8:10-9:10am	W	\$135

After School Grades K-5 Classes: 8

RP3372.201	Clemens Crossing ES	Jan 23	3:50-4:50pm	M	\$135
RP3372.202	Hollifield Station ES	Jan 24	3:20-4:20pm	Tu	\$135
RP3372.203	Lisbon ES	Jan 20	3:15-4:15pm	F	\$135
RP3372.204	Triadelphia Ridge ES	Jan 25	3:30-4:30pm	W	\$135
RP3372.205	Waterloo ES	Jan 26	4-5pm	Th	\$135

Cooking

Cooking with Chef Nikki After School

This mobile cooking program is offered through Chef Nikki (owner of the food truck Mindgrub Cafe). Classes are taught by Nikki and her staff of culinary experts. Enjoy cultural explorations through the preparation of a range of cuisine. Emphasis is on etiquette, nutrition, kitchen safety and the science behind cooking! \$40 materials fee due at first class, payable to Nikki Marks. (No class 3/9-10.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Classes: 4 Session 1

Greek! We will make the Greek answer to Mac n' Cheese by making Pastitsio! Bring on the Avgolemono soup and Moussaka! Opa!

RP3302.201	Dayton Oaks ES	Jan 25	3:35-5:05pm	W	\$80
RP3302.202	Fulton ES	Jan 26	4-5:30pm	Th	\$80
RP3302.203	Hammond ES at MS	Feb 3	3:35-5:05pm	F	\$80
RP3302.204	Ilchester ES at Bonnie Branch MS	Jan 24	4:10-5:40pm	Tu	\$80
RP3302.205	Triadelphia Ridge ES	Jan 23	3:30-5pm	M	\$80

Grades K-5 Classes: 4 Session 2

Chocolate! This class is for chocolate lovers! Let's make some mole sauce as well as some chocolatey desserts.

RP3302.211	Bushy Park ES	Mar 7	4-5:30pm	Tu	\$80
RP3302.212	Fulton ES	Mar 2	4-5:30pm	Th	\$80
RP3302.213	Gorman Crossing ES at Murray Hill MS	Mar 6	4-5:30pm	M	\$80
RP3302.214	Hammond ES at MS	Mar 3	3:35-5:05pm	F	\$80
RP3302.215	Northfield ES at Dunloggin MS	Mar 1	3:30-5pm	W	\$80

Spring Break Cooking Camp

Each day of camp is dedicated to a part of the meal: appetizers, soups and salads, entrees, and desserts. On the last day, you are invited to stay after and enjoy a free dinner from the Mindgrub Cafe food truck at 4:30pm. For campers only doing the morning session, please come back at that time or take a free dinner coupon to use at a later date. The truck will have extra food for purchase. Full-day students may bring a nut-free bagged lunch. Everyone samples recipes. Full-day students do not repeat morning session. \$30 materials fee (full-day) \$40 (half-day) due at first class, payable to Nikki Marks. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Half-day	Grades K-5	Apr 10	4 days		
RP3302.321	Lime Kiln MS	9am-noon	M-Th	\$135	
RP3302.322	Lime Kiln MS	1-4pm	M-Th	\$135	
RP3302.323	Mt. Hebron HS	9am-noon	M-Th	\$135	
RP3302.324	Mt. Hebron HS	1-4pm	M-Th	\$135	
Full-day	Grades K-5	Apr 10	4 days		
RP3302.331	Lime Kiln MS	9am-4pm	M-Th	\$249	
RP3302.332	Mt. Hebron HS	9am-4pm	M-Th	\$249	

Kids Cupcake Decorating with Alex Kassir

Learn how to decorate St. Patrick's Day themed cupcakes in this crafty class! Children amplify their imagination and creativity designing and decorating their own apron. Next, they mix green color into frosting while learning how to make a rainbow with a pot of gold, using candy and sprinkles to decorate. In the beginning of the class, play games to get to know each other! \$12 materials fee due at start of class, payable to Alex Kassir. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

5-8 yrs

RP3308.201 Ellicott Mills MS Mar 11 9:30-11am Sa \$25

Wee Chefs Mini-Session with Mrs. Theresa

Join us for hands-on cooking! Make fun and delicious food that is sure to please the taste buds. Little chefs, come make various appetizers and desserts. Learn different cooking techniques that allow you to help at home. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

5-7 yrs Classes: 2

RP3225.201	Ellicott Mills MS	Jan 25	6:30-8pm	W	\$35
RP3225.202	N Laurel Comm Ctr	Feb 22	6:30-8pm	W	\$35
RP3225.203	Ellicott Mills MS	Mar 29	6:30-8pm	W	\$35

What's Cooking? With Mrs. Theresa

Make delicious treats to share with friends and family! Handmade recipes, story sharing and music add to the fun. The theme for section 201 is Love is in the Air! At this heartwarming celebration, make heart-healthy, bite-sized sandwiches; red velvet, heart-shaped cupcakes; and a strawberry smoothie. The theme for section 202 is Little Leprechauns! Make a yummy lucky charm parfait treat, shamrock cookies and tasty green shamrock punch. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

5-7 yrs Ellicott Mills MS

RP3227.201	Love is in the Air	Feb 10	6:30-8pm	F	\$29
RP3227.202	Little Leprechauns	Mar 17	6:30-8pm	F	\$29

NEW! Kids Night in the Kitchen

Parents, enjoy a night out while it's a kids' night of fun! They make a special dinner and treat and watch a movie. For each registered full price participant, an additional sibling is \$12 (must register by phone for discount). Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

7-11 yrs

RP3229.201	Ellicott Mills MS	Jan 20	6-9pm	F	\$35
RP3229.202	Ellicott Mills MS	Feb 17	6-9pm	F	\$35
RP3229.203	Ellicott Mills MS	Mar 10	6-9pm	F	\$35

Crafts & Fine Arts

KidzArt After School flickr

Enjoy a fun, unique, confidence-building art experience. Our drawing based curriculum delivers highly engaging and educationally rich creative experiences that amaze and delight. Create a masterpiece each week. Explore artist-grade mediums such as Prismacolor ArtStix, Oil Pastels, Chalk Pastels, Charcoal, Watercolor, Clay, Copper, Textured Papers and more! Bring a nut-free snack to be eaten while supervised between school dismissal and class.

Materials included in registration fee. (No class 2/20, 2/21, 3/9-10.)

Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Classes: 7

RP0113.203	Elkridge ES	Feb 6	4-5pm	M	\$126
RP0113.212	St. John's Lane ES	Feb 6	3:20-4:20pm	M	\$126
RP0113.213	Thunder Hill ES	Feb 3	4-5pm	F	\$126

Grades K-5 Classes: 9

RP0113.201	Belhows Spring ES	Jan 24	4-5pm	Tu	\$162
RP0113.202	Centennial Lane ES	Jan 26	3:35-4:35pm	Th	\$162
RP0113.204	Fulton ES	Jan 24	4-5pm	Tu	\$162
RP0113.205	Gorman Crossing ES	Jan 24	4-5pm	Tu	\$162
RP0113.206	Hammond ES	Jan 24	3:35-4:35pm	Tu	\$162
RP0113.207	Ilchester ES	Feb 1	4:10-5:10pm	W	\$162
RP0113.208	Manor Woods ES	Jan 26	3:35-4:35pm	Th	\$162
RP0113.209	Northfield ES	Feb 1	3:30-4:30pm	W	\$162
RP0113.210	Pointers Run ES	Feb 1	4-5pm	W	\$162
RP0113.211	Rockburn ES	Feb 1	3:25-4:25pm	W	\$162
RP0113.214	Triadelphia Ridge ES	Jan 26	3:30-4:30pm	Th	\$162

KidzArt Spring Break Camp: Around the World

Grab your suitcase and join KidzArt for a fun-filled journey to write home about! Zoom from one corner of the globe to another, exploring countries and cultures through vibrant art! Travelers will work with clay in France, collage in Panama, pastels in Japan, printmaking in Egypt, watercolor in China and much more! Your suitcase will be filled with unique souvenirs to remind you of your travels! Enjoy art time, snack breaks, lunch, and active play. Bring two nut-free snacks, a non-perishable nut-free bagged lunch and water bottle. Extend hours with KidzArt Spring Break Extended Day Option below. **Materials included** in registration fee. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 5 days

RP0113.331 Northfield ES Apr 10 9am-4pm M-F \$310

KidzArt Spring Break Camp:

Extended Day Option

Come early, stay late! Add our extended day option onto our KidzArt Spring Break Camps. Campers enjoy games, puzzles, reading time and extra art time. Bring your favorite book and an extra nut-free snack.

Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 8-9am & 4-5:30pm

RP0113.332 Northfield ES Apr 10 M-F \$110

School's Out Workshop with KidzArt!

School is out, but the fun continues with KidzArt Painting Workshop! Come engage your imagination in a whole new way! Our guided painting project allows you to learn acrylic painting techniques while confidently creating your masterpieces on canvas. Included in this two-hour session is a cool bonus project too! **Materials fee included** in registration fee. Please bring an apron, smock or wear old clothes. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-5 Roger Carter Comm Ctr

RP0113.291	Inspiration from Masters	Jan 16	8:30am-5:30pm	M	\$105
RP0113.292	Space Adventure	Jan 27	8:30am-5:30pm	F	\$105
RP0113.293	Creative Creatures	Feb 20	8:30am-5:30pm	M	\$105
RP0113.294	Art Safari	Feb 21	8:30am-5:30pm	Tu	\$105

Draw, Paint, Create! Animal Art with Nina Lagervall

Taught by an accomplished watercolor artist with a B.F.A. in Sculpture and an M.A. in Art History, this signature member of the Baltimore Watercolor Society teaches all levels with an emphasis on self-expression, creativity, and new skills. Rainforest birds, jungle cats, slinky lizards and kangaroos are a few of the subjects that will be used for inspiration! Create animal themed art using paints, markers, oil pastels and relief sculpture. Projects will range from Australian Aboriginal dot paintings, a Mexican folk art, and a slinky lizard sculpture. \$18 materials fee due at first class, payable to Nina Lagervall. Please send a note with your child each day they participate. (No class 2/21.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades 1-5 Classes: 6

RP0135.201 St. John's Lane ES Jan 31 3:20-4:20pm Tu \$90

NEW! Zentangle After School with MJ Kehne, CZT

The Zentangle method is a fun way to get your creativity flowing by drawing structured patterns called "Tangles". Use a step-by-step process each week and take home beautiful art work! No experience necessary. \$10 materials fee due at first class, payable to MJ Kehne. Please send a note with your child each day they participate. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades 3-5 Classes: 6

RP0112.201 Ilchester ES Jan 26 4:10-5:10pm Th \$85

Dance

Movement for Boys by Kinetics Dance Theatre

Boys, this creative, dance class is designed to introduce you to movement and dance in a fun and structured environment. Class incorporates many of the components of dance, including space, rhythm, body awareness, and more! All children under the age of 8 must have a parent/guardian on the premises while their child is in class. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4-6 yrs Classes: 10

RP1013.201 Kinetics Dance Theatre Jan 17 4:45-5:30pm Tu \$89

Rhythm & Moves for Boys by Kinetics Dance Theatre

Discover tempo, patterns and syncopation through tap and jazz movements. Groove to the music and learn about rhythm. This is a beginner-level class. No experience required. Wear comfortable clothing; tap and jazz shoes recommended. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

4-7 yrs Classes: 10

RP1012.201 Kinetics Dance Theatre Jan 18 10-11am W \$115

Beginning Princess Ballet: Rhythm & Steps

Dance with scarves to the music of your favorite princesses. This class combines basic ballet steps with the imagination of creative movement and helps young dancers establish basic skills in locomotion, imagination and music appreciation. Leotard, tights and leather ballet shoes (no satin slippers) required. Bring a reusable water bottle. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

5-7 yrs Classes: 8

RP1001.201 Misako Ballet Studio Jan 20 10:45-11:15am F \$85

RP1001.211 Misako Beats Jan 19 5:15-6pm Th \$85



Youth(5-10yrs)

Practice your plié and perfect your form at a ballet class.

All That Jazz & Tap by Kinetics Dance Theatre

Discover tempo, balance, strength and style through beginning tap and jazz dance technique. Groove to the music while learning about rhythm in this beginner-level class that balances fun with learning. This is a co-ed class and no experience is required. Wear comfortable clothing; tap and jazz shoes required. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

6-8 yrs Classes: 10

RP1026.201 Kinetics Dance Theatre Jan 22 1-2pm Su \$115

Ballet/Jazz After School by Cindee Velle Ballet

This 90-minute dance class introduces basic barre exercises; leg, feet and arm positions; and first forms of classic center work. The jazz portion includes contemporary movement from a range of American dance styles such as Broadway, lyrical and funk. Girls wear black leotard, pink tights, pink ballet shoes (leather or canvas) and black jazz shoes. Boys wear white t-shirt, black shorts or sweat pants, black ballet shoes (leather or canvas) and black jazz shoes. Teacher: Catherine Phillips Rach. (No class 1/25, 4/12.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

6-11 yrs Classes: 15

RP1018.201 Veterans ES Jan 18 4:10-5:40pm W \$169

Back Beats with Nysia Carter **flickr**

This fast-paced, high-energy hip-hop class emphasizes body isolations, intricate rhythms and individual expression. Dancers learn basic hip-hop, popping and break dancing techniques to develop his/her own unique style. Wear comfortable clothes. Sneakers required. (No class 2/18.) Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

7-10 yrs Classes: 8

RP1020.201 Roger Carter Comm Ctr Jan 21 3:30-4:30pm Sa \$89

NEW! Let's Dance! Spring Break Camp with Nysia Carter

Dancers explore creative movement in a variety of dance styles from jazz, hip hop, contemporary, improvisation, and more! Learn routines; make new friends and craft all while learning about creativity, coordination, and body movement. This camp is a perfect introduction to a variety of dance styles. Nut-free snack and a drink are provided; please bring a nut-free bagged lunch. There will be a short showcase on the last day. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

7-12 yrs Classes: 5

RP1020.301 Dance Solutions Apr 10 9:30am-2pm M-F \$235



Learn the chinese language and culture in an immersion environment at Passport to China After School.

Language

Oh La La French with Madame Nona

Learn the basics of the French language and the wonders of French culture! Children learn everyday conversational words, the weather, colors, shapes and much more using a multi-sensory approach involving creative arts, language arts, singing, games and dancing. Emphasis is placed on listening, comprehension and speaking in a relaxed and fun environment. Literacy is increased by reading books, singing songs and playing familiar games in French. Each week we learn new topics but repetition is the key, so we review what we've already learned and build from there. Bring a notebook, glue stick and crayons. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5 Classes: 6

RP3310.211 Pointers Run ES Jan 21 10:45-11:45am Sa \$85

Spanish After School

Learn a new language, explore a new culture and traditions where Spanish is spoken. Learning is enhanced by playing games, singing songs, reading poems, creating crafts and other hands-on activities. Classes are taught by native speakers who are not only experienced teachers, but also engaging, fun and motivating. (No class 2/20, 2/21, 3/9, 3/10.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5 Classes: 8

RP3301.201 Dayton Oaks ES Feb 3 3:35-4:35pm F \$139

RP3301.202 Deep Run ES Feb 3 4-5pm F \$139

Grades K-5 Classes: 9

RP3301.211 Ilchester ES Jan 23 4-5pm M \$159

RP3301.212 Northfield ES Jan 24 3:30-4:30pm Tu \$159

Grades K-5 Classes: 10

RP3301.221 Gorman Crossing ES Jan 25 4-5pm W \$175

RP3301.222 Hammond ES Jan 19 3:35-4:35pm Th \$175

RP3301.223 Lisbon ES Jan 25 3:15-4:15pm W \$175

Passport to China After School **flickr**

This popular after-school program gives you the chance to learn Chinese in an immersion environment, yet in a fun and efficient way. Enjoy an introduction to the geography, history, culture and language of China. Classes also cover basic conversational language, abacus math skills, as well as native music and song! Experiment with different crafts such as paper cutting (Jianzhi), paper folding (Origami), and the art of calligraphy (Shufa). Classes are taught by specially trained Academy of Excellence instructors, sponsored by the WeeStar Corporation, a non-profit educational organization focusing on Chinese language teaching and cultural exchange programs (No class 2/20, 2/21, 3/9, 3/10.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades 1-5 Classes: 8

RP3314.201 Fulton ES Jan 23 4-5:30pm M \$139

RP3314.202 Pointers Run ES Jan 26 4-5:30pm Th \$139

RP3314.203 St. John's Lane ES Jan 25 3:20-4:50pm W \$139

RP3314.204 Thunder Hill ES Jan 24 4-5:30pm Tu \$139

RP3314.205 Veterans ES Jan 23 4:05-5:35pm M \$139

Music & Theater Arts

Music

Kidz Sing at Olenka School of Music (OSM)

Come learn to sing a variety of traditional and contemporary songs. Explore basic music reading skills, train little ears, learn to sing on pitch, and develop expressive techniques and beginning harmony through a variety of songs, games and movement. Showcase your skills at a performance on the final week of class. \$30 materials fee due at first class. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

RP0124.201 4-6 yrs Classes 10 \$169

OSM Columbia Jan 30 4:30-5:15 pm M

OSM Ellicott City Jan 31 5:30-6:15 pm Tu

OSM Ellicott City Feb 5 11:30 am-12:15 pm Su

Music Exploration & Keyboarding

Begin a strong foundation for future music education with this energetic, parent/child class offering a rich exploration into the essentials of music theory and performance. This age-appropriate class features Solfege (Do-Re-Mi singing) and ear training exercises that improve neuromuscular feeling for music. Enjoy learning to read and write music, explore rhythm instruments, understand keyboard geography and keyboarding techniques. Focus on the fundamentals of the universal language of music. No experience necessary. \$60 materials fee due at first class. Info: Scott Corning, 410-313-4622.

RP0127.201 4-8 yrs Classes: 10 OSM Columbia \$299

4-6 yrs Feb 2 6:15-7:15 pm Th | 4-6 yrs Feb 4 1:30-2:30 pm Sa
6-8 yrs Jan 30 6:30-7:30 pm M | 6-8 yrs Feb 4 2:30-3:30 pm Sa

RP0127.201 4-8 yrs Classes: 10 OSM Ellicott City \$299

4-6 yrs Jan 31 5:30-6:30 pm Tu | 6-8 yrs Jan 31 6:30-7:30 pm Tu

Learn Now Music After School

Learn Now Music's mission is to create a positive, musical experience for all of our students! Budding musicians, participate in musical instruction and theory. Enjoy musical games, special extension curriculum based activities, musical listening excerpts, and more! You are able to borrow a rental instrument and materials throughout each session at no cost. A rental agreement must be signed at the first class. (No class 2/20, 2/21, 3/9, 3/10.) Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades K-5 Poppin' Piano Classes: 6

RP3361.201 Thunder Hill ES Feb 8 4-5pm W \$135
RP3361.202 Centennial Lane ES Feb 10 3:35-4:35pm F \$135
RP3361.203 Pointers Run ES Feb 9 4-5pm Th \$135
RP3361.204 Rockburn ES Feb 6 3:30-4:30pm M \$135
RP3361.205 Waverly ES Feb 7 3:50-4:50pm Tu \$135
RP3361.206 St. John's Lane ES Feb 10 3:25-4:25pm F \$135

Grades K-5 Groovy Guitar Classes: 6

RP3361.211 Thunder Hill ES Feb 8 4-5pm W \$135
RP3361.212 Centennial Lane ES Feb 10 3:35-4:35pm F \$135
RP3361.213 Pointers Run ES Feb 9 4-5pm Th \$135
RP3361.214 Rockburn ES Feb 6 3:30-4:30pm M \$135
RP3361.215 Waverly ES Feb 7 3:50-4:50pm Tu \$135
RP3361.216 St. John's Lane ES Feb 10 3:25-4:25pm F \$135

Grades K-5 Viva Violin Classes: 6

RP3361.221 Clarksville ES Feb 7 4-5pm Tu \$135
RP3361.222 Ducketts Lane ES Feb 8 3:20-4:20pm W \$135
RP3361.223 Bellows Spring ES Feb 8 4-5pm W \$135
RP3361.224 Northfield ES Feb 10 3:30-4:30pm F \$135
RP3361.225 Ilchester ES Feb 9 4-5pm Th \$135
RP3361.226 Hammond ES Feb 6 3:35-4:35pm M \$135

Grades K-5 Drums! Classes: 6

RP3361.231 Clarksville ES Feb 7 4-5pm Tu \$135
RP3361.232 Ducketts Lane ES Feb 8 3:20-4:20pm W \$135
RP3361.233 Bellows Spring ES Feb 8 4-5pm W \$135
RP3361.234 Northfield ES Feb 10 3:30-4:30pm F \$135
RP3361.235 Ilchester ES Feb 9 4-5pm Th \$135
RP3361.236 Hammond ES Feb 6 3:35-4:35pm M \$135

Guitar Studio flickr

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. Prior music knowledge is not necessary. Students must bring their own guitar. Students showcase their skills at a performance on the final week of class. \$30 materials fee due at first class. Info: Scott Corning, 410-313-4622.

6-10 yrs Classes: 10 Olenka School of Music Columbia

RP0125.201 Jan 31 6:30-7:15pm Tu \$165



Youth(5-10yrs)

Bring your guitar and practice chords, scales and finger exercises.

Rock School

Beginners and up, learn from professional rock musicians while enhancing memory, self-expression, creativity and self-confidence. Focus on instrument play, music theory and technique. Bring your guitar/bass. Drums are available for use during class. Vocal classes include warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Runs with teen class. (No class 2/17.) Schedule: www.therockshopmd.com or Scott Corning, 410-313-4622.

7-10 yrs Classes: 5

RP1037.201	Drums	Jan 27	6:30-7:30pm	F	\$139
RP1037.202	Keyboard/Vocals	Jan 27	6:30-7:30pm	F	\$139
RP1037.203	Bass/Guitar	Jan 27	6:30-7:30pm	F	\$139

Intro to Piano

8-11 yrs Classes: 8 See description on page 47.

RP0182.201 River Hill HS Jan 28 10-11am Sa \$115

Theater Arts

Beginning Acting: Disney's *AristoCATS* by Drama Learning Center

In the heart of Paris, a kind and eccentric millionairess wills her entire estate to Duchess, her high-society cat, and her three little kittens. Laughs and adventure ensue as the greedy, bumbling butler pulls off the ultimate catnap caper. Now it's up to the rough-and-tumble alley cat, Thomas O'Malley, and his band of swingin' jazz cats to save the day. Students will sing, dance and act, and work together towards a final performance for family and friends. Program meets weekly for six classes, has two evening dress rehearsals and two weekend final performances. Please visit www.howardcountymd.gov/drama for complete schedule of dress rehearsals and performances.

Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades K-2 Classes: 10

RP1038.201	Drama Learning Ctr	Jan 6	5-7pm	F	\$245
RP1038.202	Drama Learning Ctr	Jan 12	5-7pm	Th	\$245



Join us for a day of drama-themed fun and arts and crafts.

Hogwarts Drama Showcase by Drama Learning Center

Have you ever wondered what class at Hogwarts is like? Well, you are about to find out! Create your own witch or wizard persona and explore the hallowed halls of Hogwarts through the eyes of Harry Potter and friends. Bring a pencil and binder to class. Please also bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. Session culminates in a short showcase performance at the end of the last class, complete with magical flair! Info: Melissa Calleri, 410-313-4721.

Grades K-5 Classes: 8

RP1040.201	Centennial Lane ES	Feb 3	3:35-5:35pm	F	\$99
RP1040.202	Worthington ES	Feb 3	4-6pm	F	\$99

School's Out Drama Workshop by Drama Learning Center (DLC)

Now offered during winter break! Why sit at home in front of the TV when you're off from school? Join us for a day of drama-themed fun and arts and crafts. Additional sibling discounts apply to phone registration only. Call for before and after-care. Info: Melissa Calleri, mcalleri@howardcountymd.gov.

<u>Grades K-5</u> <u>Drama Learning Ctr</u>		<u>Themes</u>			
RP0105.201	Dec 27 9am-4pm Tu	\$75	Nightmare Before Christmas		
RP0105.202	Dec 28 9am-4pm W	\$75	Winter Wonderland		
RP0105.203	Dec 29 9am-4pm Th	\$75	Home Alone		
RP0105.204	Dec 30 9am-4pm F	\$75	New Year Countdown		
RP0105.205	Jan 16 9am-4pm M	\$75	Hairspray Day		
RP0105.206	Jan 27 9am-4pm F	\$75	Moana		
RP0105.207	Feb 21 9am-4pm Tu	\$75	Elena of Avalor		

Spring Break Drama Camp: Superhero Academy by Drama Learning Center

Register for one day or the entire week. Focus on a different topic each day for drama-themed fun and arts & crafts. Performances conclude each day and you have an opportunity to show parents and friends what you learned. Before & after care available. \$25 p. day for a sibling. *Must call for sibling discount. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

<u>Grades K-2</u> <u>Drama Learning Ctr</u>		<u>Themes</u>			
RP3338.321	Apr 10 9am-4pm M-F	\$350	Entire Week		
RP3338.301	Apr 10 9am-4pm M	\$75	Power Ranger/Power Puff		

RP3338.302	Apr 11 9am-4pm Tu	\$75	Jedi Training		
RP3338.303	Apr 12 9am-4pm W	\$75	Teen Titan/Teenage Ninja Mutant Turtle		
RP3338.304	Apr 13 9am-4pm Th	\$75	The Incredibles		
RP3338.305	Apr 14 9am-4pm F	\$75	Marvel Superhero		
<u>Grades 3-6</u> <u>Drama Learning Ctr</u>		<u>Themes</u>			
RP3338.331	Apr 10 9am-4pm M-F	\$350	Entire Week		
RP3338.311	Apr 10 9am-4pm M	\$75	Power Ranger/Power Puff		
RP3338.312	Apr 11 9am-4pm Tu	\$75	Jedi Training		
RP3338.313	Apr 12 9am-4pm W	\$75	Teen Titan/Teenage Ninja Mutant Turtle		
RP3338.314	Apr 13 9am-4pm Th	\$75	The Incredibles		
RP3338.315	Apr 14 9am-4pm F	\$75	Marvel Superhero		

Disney's Seussical Kids by CCTA

Howard County Recreation & Parks has teamed up with Columbia Center for Theatrical Arts to produce Disney's *Seussical Kids*! "Oh, the things you can think" when Dr. Seuss' best-loved characters collide and spring onto the stage taking the audience on an unforgettable musical adventure! Join CCTA this spring to celebrate Dr. Seuss' birthday and fill the stage with song, dance, and your favorite childhood characters. Students learn the fundamentals of musical theater including choreography, character development and stage direction. The program culminates with a full staged production complete with theatrical sets, lighting, costumes and sound! Bring a nut-free snack to be eaten while supervised between school dismissal and when class begins. Full schedule: www.howardcountymd.gov/drama. (No class 3/9, 3/10, 4/7, 4/10-4/14, 4/17, 5/19.) Info: Melissa Calleri, 410-313-4721.

6-11 yrs

RP1041.201	Elkridge ES	Feb 10	4-5:15pm	F	\$205
RP1041.202	Gorman Crossing ES at Murray Hill MS	Feb 27	4-5:15pm	M	\$205
RP1041.203	Hammond ES	Feb 28	3:35-4:50pm	Tu	\$205
RP1041.204	Ilchester ES	Feb 17	4-5:15pm	F	\$205
RP1041.205	Northfield ES	Mar 2	3:30-4:45pm	Th	\$205
RP1041.206	Pointers Run ES	Mar 7	4-5:15pm	Tu	\$205
RP1041.207	Waverly ES	Mar 1	3:50-5:05pm	W	\$205

Musical Theatre: Sandy in the Big Apple by DLC

We all know the story of Annie, but did you ever wonder what her dog Sandy thought of her adventures? Get the story from a new perspective as you sing, dance and act, and work together towards a final performance for family and friends. Program meets weekly for 8 classes, has 2 evening dress rehearsals and an evening final performance for family and friends. For Grades 3-5, see *On Stage: Annie, Jr.* Info: Melissa Calleri, 410-313-4721.

Grades K-2 Classes 11

RP1039.201	Fulton ES	Feb 1	4-6pm	W	\$195
RP1039.202	Manor Woods ES	Jan 25	3:35-5:35pm	W	\$195
RP1039.203	St. Johns Lane ES	Feb 8	3:20-5:20pm	W	\$195

NEW! Homeschool Musical Theatre:

Mary Poppins by Drama Learning Center

Students on DLC's stage this Winter are going to have a supercalifragilisticexpialidocious time on stage working as a theatrical team to tell the story of one of the world's most famous nannies. Program meets weekly for 8 classes and concludes with one week of dress rehearsals and two final performances. Ask about sibling discount. Phone-in customers receive a sibling discount. \$50 materials fee due at first class, payable to DLC. Please visit www.howardcountymd.gov/drama for complete schedule of dress rehearsals and performances. Info: Melissa Calleri, 410-313-4721 or mcalleri@howardcountymd.gov.

Grades 3-5 Classes: 15

RP0114.201	Drama Learning Ctr	Jan 6	1-3:30pm	F	\$250
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On Stage: *The Little Mermaid, Jr. & Annie, Jr.*

Productions by Drama Learning Center

Drama Learning Center and HC Recreation & Parks presents two shows this winter. The show for sections 201-203 is: *The Little Mermaid!* "Look at this stuff, isn't it neat?" Join Ariel, Flounder, Sebastian, and more for their under the sea adventures. The show for sections 204-206 is: *Annie, Jr.* "The sun will come out tomorrow!" Everyone's favorite plucky orphan will get an upgrade in this modernized staging of the classic story. Learn acting, singing and dancing skills while rehearsing for the final performance. Program meets weekly for 10 classes, has 3 evening dress rehearsals and an evening final performance for family and friends. For Fulton, Manor Woods, and St. John's Grades K-2 production, see *Musical Theatre: Sandy in the Big Apple*.

Grades 1-5 Classes 14

RP1045.201	Clarksville ES	Feb 2	4-6pm	Th	\$235
RP1045.202	Stevens Forest ES	Mar 2	3:40-5:40pm	Th	\$235
RP1045.203	Triadelphia Ridge ES	Feb 23	3:30-5:30pm	Th	\$235

Grades 3-5 Classes 14

RP1045.204	Fulton ES	Feb 1	4-6pm	W	\$235
RP1045.205	Manor Woods ES	Feb 15	3:35-5:35pm	W	\$235
RP1045.206	St. Johns Lane ES	Feb 8	3:20-5:20pm	W	\$235

Personal Development

How To Say It Best flickr

Come have fun in this hands-on class designed to increase confidence when communicating. Learn by playing and working through a coloring/activity book. Have a great time while learning the importance of good manners. Handouts given for additional practice at home. Day 1 - Learn how to make friends, give and receive compliments, avoid rude behaviors (like interrupting or whining) and have a conversation. Day 2 - Practice using the "magic words" of please, thank you, you're welcome, I'm sorry, excuse me, and may I. Learn telephone manners, and about how body language is a part of communication. Learn the importance of sitting quietly when in an audience at a play or movie, and how to communicate well at school. There is a \$5 sibling discount. Must call registration at 410-313-7275 to receive this discount. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

4-7 yrs Classes: 2

RP3335.201	Ellicott Mills MS	Mar 8	4:45-5:45pm	W	\$40
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PET Club Kid Empowerment

We create PETs at PET Club! Check out this fun club where you learn how to create your own PETs, Positive Empowering Thoughts. Through a variety of engaging games, motivational cartoons and activities, including creating your own PET keepsake, the PET Club empowers you to handle life's challenges with ease. Learn how to recognize ANTs, Automatic Non-Supportive Thoughts and create PETs that chase ANTs away! Gain valuable, lifelong skills! New and continuing Smashing ANTs students welcome - different topics each session. Each PET Club meeting is 1½ hours. Please bring a nut-free snack. Materials fee included in registration. (No class 2/20, 2/21, 3/9, 3/10.) Added bonus: motivational lessons and more included for at-home use. Info: www.SmashingANTs.com or Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

Grades 2-3 Classes: 6

RP3333.201	Bellows Spring ES	Jan 30	4:05-5:35pm	M	\$159
RP3333.202	Clemens Crossing ES	Jan 30	3:50-5:20pm	M	\$159
RP3333.203	Dayton Oaks ES	Jan 31	3:40-5:10pm	Tu	\$159
RP3333.204	Ducketts Lane ES	Feb 1	3:30-5pm	W	\$159
RP3333.205	Elkridge ES	Feb 2	4:05-5:35pm	Th	\$159
RP3333.206	Forest Ridge ES	Jan 31	3:55-5:25pm	Tu	\$159
RP3333.207	Gorman Crossing ES	Feb 3	4:05-5:35pm	F	\$159



Youth(5-10yrs)

How To Say It Best includes coloring, role-playing and more while teaching proper communication.

RP3333.208	Hollifield Station ES	Feb 1	3:25-4:55pm	W	\$159
RP3333.209	Ilchester ES	Feb 1	4:05-5:35pm	W	\$159
RP3333.210	Manor Woods ES	Feb 1	3:25-4:55pm	W	\$159
RP3333.211	Pointers Run ES	Feb 3	4:05-5:35pm	F	\$159
RP3333.212	Rockburn ES	Feb 3	3:30-5pm	F	\$159
RP3333.213	St. John's Lane ES	Feb 2	3:25-4:55pm	Th	\$159
RP3333.214	Talbott Springs ES	Feb 3	3:20-4:50pm	F	\$159
RP3333.215	Veterans ES	Feb 2	4:05-5:35pm	Th	\$159
RP3333.216	Waterloo ES	Jan 31	4:05-5:35pm	Tu	\$159
RP3333.217	Waverly ES	Jan 30	3:55-5:25pm	M	\$159

Communicate Like A Leader

Research shows that nice kids finish first! Through role-plays, activities, and handouts, learn how to feel more comfortable when meeting people for the first time. Feel confident when greeting people you have already met. While becoming a good conversationalist, learn how to give and receive compliments, and become a good listener. This two-day course also covers thank you notes and phone etiquette. This confidence-building program helps you feel more at ease at school, at play and in everywhere else you communicate with others. \$5 sibling discount, must call registration at 410-313-7275 to receive this discount. Info: Scott Corning, 410-313-4622 or scorning@howardcountymd.gov.

8-11 yrs Classes: 2

RP3332.201	Ellicott Mills MS	Mar 8	5:45-6:45pm	W	\$40
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To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



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HoCoParks
APP



Budding engineers, come enjoy our Bricks4Kidz LEGO!

Science & Technology

Bricks4Kidz LEGO® After School Amazing Animals

It's a zoo in here! This is perfect for kids who love creatures. We build models of snakes, insects, mammals and more. Each week we discuss fascinating facts about the animals we build, from the chameleon that changes colors to the seal model that waddles across the table. Children love these moving models that celebrate the wonders of the animal kingdom. Bricks4Kidz is a STEM-based program that teaches science and technology concepts using LEGO® bricks. (No class 2/20, 2/21, 3/9-10.)

Info: www.brick4kidz.com/clarksville or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5 Classes: 6

RP3379.201	Clarksville ES	Jan 23	4-5pm	M	\$99
RP3379.202	Dayton Oaks ES	Jan 26	3:35-4:35pm	Th	\$99
RP3379.203	Lisbon ES	Jan 24	3:15-4:15pm	Tu	\$99
RP3379.204	Pointers Run ES	Jan 25	4-5pm	W	\$99
RP3379.205	West Friendship ES	Feb 3	3:50-4:50pm	F	\$99

Bricks4Kidz LEGO® After School Construction Craze

Put on your hard hat and head on over to our construction site! Make your own motorized models of tools of the trade, from a hand-held power drill and power saw to a tough, all-terrain bulldozer and giant dump truck! Build your knowledge of construction while you create your own LEGO construction site! Learn the history of tools from the Stone Age to the Space Age. Bricks4Kidz is a STEM-based program using LEGO bricks. (No class 2/20, 3/9-10.) Info: www.brick4kidz.com/clarksville or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5 Classes: 6

RP3379.211	Bollman Bridge ES	Jan 23	3:10-4:10pm	M	\$99
RP3379.212	Fulton ES	Jan 25	4-5pm	W	\$99
RP3379.213	Gorman Crossing ES	Jan 26	4-5pm	Th	\$99
RP3379.214	Hammond ES	Feb 3	3:35-4:35pm	F	\$99

Bricks4Kidz LEGO® After School Jurassic Bricks

Are you ready for an adventure of a lifetime? Put on your hiking boots and camouflage, we are going back in time to a world of Jurassic Bricks! Build the gentle brontosaurus, ferocious velociraptor, mighty T-Rex and more with our specialized LEGO® brick kits. Learn fascinating facts about dinosaurs and other extinct animals that roamed the earth and swam the seas during the age of dinosaurs. (No class 2/20, 2/21, 3/9-10.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5 Classes: 6

RP3329.201	Bellows Spring ES	Jan 26	4-5pm	Th	\$99
RP3329.202	Ilchester ES	Jan 24	4-5pm	Tu	\$99
RP3329.203	Northfield ES	Jan 23	3:30-4:30pm	M	\$99
RP3329.204	Rockburn ES	Jan 25	3:25-4:25pm	W	\$99
RP3329.205	Waterloo ES	Feb 3	4-5pm	F	\$99

Bricks4Kidz LEGO® After School Mining & Crafting

An unofficial excavation into the science and engineering of Minecraft®! Experience world-building the Bricks4Kidz way. Explore the science and engineering behind Minecraft® – with LEGO® bricks! From mining ores to animal mobs to farming and fishing and fighting off dragons, each class features a different science or engineering lesson followed by a mechanized or motorized Technic model of the day! (No class 2/20, 2/21, 3/9-10.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5 Classes: 6

RP3329.221	Clemens Crossing ES	Jan 26	3:50-4:05pm	Th	\$119
RP3329.222	Deep Run ES	Jan 25	4-5:15pm	W	\$119
RP3329.223	Elkridge ES	Jan 24	4-5:15pm	Tu	\$119
RP3329.224	Hollifield Station ES	Jan 23	3:20-4:35pm	M	\$119
RP3329.225	Thunder Hill ES	Feb 3	4-5:15pm	F	\$119

Bricks4Girlz LEGO® After School **flickr**

We are STEAMing it up at Bricks4Kidz with this all-girl, after-school class! Girls work on motorized model building, craft with LEGO® bricks and do other LEGO®-based activities. This fun, engaging class gives your girls the full Bricks4Kidz experience as they work on team-building, creative thinking and engineering skills! (No class 2/20, 2/21, 3/9-10.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-5 Classes: 6

RP3329.241	Centennial Lane ES	Jan 25	3:30-5pm	W	\$129
RP3329.242	Manor Woods ES	Jan 23	3:20-4:50pm	M	\$129
RP3329.243	St. John's Lane ES	Jan 24	3:20-4:50pm	Tu	\$129
RP3329.244	Triadelphia Ridge ES	Feb 3	3:30-5pm	F	\$129
RP3329.245	Waverly ES	Jan 26	3:50-5:20pm	Th	\$129

Bricks4Kidz LEGO® School's Out Camps

School is out and we're open for play! Topics vary and include the popular LEGO themes of Brick City, Wizards & Muggles, Scoob's Mystery Gang and Pocket Brick Monsters! Activities take place indoors. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

5-11 yrs Roger Carter Comm Ctr

RP3369.201	Brick City	Jan 16	8:30am-5pm	M	\$95
RP3369.211	Brick City	Jan 16	8:30am-12:30pm	M	\$49
RP3369.221	Brick City	Jan 16	1-5pm	M	\$49
RP3369.202	Wizards & Muggles	Jan 27	8:30am-5pm	F	\$95
RP3369.212	Wizards & Muggles	Jan 27	8:30am-12:30pm	F	\$49
RP3369.222	Wizards & Muggles	Jan 27	1-5pm	F	\$49
RP3369.203	Scooby Brick Mysteries	Feb 20	8:30am-5pm	M	\$95
RP3369.213	Scooby Brick Mysteries	Feb 20	8:30am-12:30pm	M	\$49
RP3369.223	Scooby Brick Mysteries	Feb 20	1-5pm	M	\$49
RP3369.204	Pocket Brick Monsters	Feb 21	8:30am-5pm	Tu	\$95
RP3369.214	Pocket Brick Monsters	Feb 21	8:30am-12:30pm	Tu	\$49
RP3369.224	Pocket Brick Monsters	Feb 21	1-5pm	Tu	\$49

Bricks4Kidz LEGO® Winter Break Camp

School is out for winter break and we're open for play! Enjoy topics that include the popular LEGO themes of Mining & Crafting, Minion Madness, Clash of Bricks, Amusement Park and Jurassic Bricks! Activities take place indoors. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

5-11 yrs Classes: 5

RP1715.201	Roger Carter Comm Ctr	Dec 26	8:30am-5pm	M-F	\$349
RP1715.211	Roger Carter Comm Ctr	Dec 26	8:30am-12:30pm	M-F	\$185
RP1715.212	Roger Carter Comm Ctr	Dec 26	1-5pm	M-F	\$185
RP1715.221	Mining & Crafting	Dec 26	8:30am-5pm	M	\$95
RP1715.222	Minion Madness	Dec 27	8:30am-5pm	Tu	\$95
RP1715.223	Brick Space Wars	Dec 28	8:30am-5pm	W	\$95
RP1715.224	Amusement Pk	Dec 29	8:30am-5pm	Th	\$95
RP1715.225	Jurassic Bricks	Dec 30	8:30am-5pm	F	\$95

JEDI Engineering with LEGO® After School

The Force awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-wings, R2 units, energy catapults, defense turrets and settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! (No class 2/20-21, 3/9-10.) Info: Adam Wienckowski, 410-313-4714.

Grades K-2 Classes: 8

RP3370.201	Atholton ES	Jan 18	3:50-5:20pm	W	\$159
RP3370.202	Bellows Spring ES	Jan 20	4-5:30pm	F	\$159
RP3370.203	Clarksville ES	Jan 19	4-5:30pm	Th	\$159
RP3370.204	Northfield ES	Jan 17	3:30-5pm	Tu	\$159
RP3370.205	Waverly ES	Jan 23	3:50-5:20pm	M	\$159

JEDI Engineering with LEGO®

Winter Break Camp

The Force awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO® X-wings, R2 units, energy catapults, defense turrets and settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2 Engineering

RP1780.201	Schooley Mill Pk	Dec 26	9am-noon	M	\$35
RP1780.202	Schooley Mill Pk	Dec 27	9am-noon	Tu	\$35
RP1780.203	Schooley Mill Pk	Dec 28	9am-noon	W	\$35
RP1780.204	Schooley Mill Pk	Dec 29	9am-noon	Th	\$35
RP1780.205	Schooley Mill Pk	Dec 30	9am-noon	F	\$35
RP1780.251	Schooley Mill Pk	Dec 26	9am-noon	M-F	\$159

Grades 3-5 Master Engineering

RP1780.211	Schooley Mill Pk	Dec 26	1-4pm	M-F	\$35
RP1780.212	Schooley Mill Pk	Dec 27	1-4pm	Tu	\$35
RP1780.213	Schooley Mill Pk	Dec 28	1-4pm	W	\$35
RP1780.214	Schooley Mill Pk	Dec 29	1-4pm	Th	\$35
RP1780.215	Schooley Mill Pk	Dec 30	1-4pm	F	\$35
RP1780.261	Schooley Mill Pk	Dec 26	1-4pm	M-F	\$159

LEGO® Engineering School's Out Workshop

Bring your engineering and creative thinking skills as we create some crazy motorized bots and walker creatures using LEGO®! Learn a variety of movement methods through a series of intriguing projects. Taking inspiration from the movement of insects, sea creatures, and even our own bodies, we create some life-like crawlers, wobblers and walkers! Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-3

RP3366.201	Schooley Mill Pk	Jan 27	9am-noon	F	\$35
RP3366.202	Schooley Mill Pk	Feb 21	9am-noon	Tu	\$35



Youth(5-10yrs)

LEGO helps spark creativity, imagination, spacial skills, and more!

LEGO® WeDO Robotics After School with Club SciKidz

Use race cars and WeDo vehicle builds to test science concepts while learning basic physics! Nowhere else can you learn integrated science concepts while using the fun of LEGO® products to build and program. Explore Newton's Laws of Physics, friction, aerodynamics and engineering. (No class 2/20-21, 3/9-10.) Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 1-3 Classes: 7

RP3338.201	Forest Ridge ES	Feb 1	3:50-5:05pm	W	\$135
RP3338.202	Fulton ES	Feb 2	4-5:15pm	Th	\$135
RP3338.203	Gorman Crossing ES	Jan 30	4-5:15pm	M	\$135
RP3338.204	Hammond ES	Jan 30	3:35-4:50pm	M	\$135
RP3338.205	Manor Woods ES	Feb 3	3:20-4:35pm	F	\$135
RP3338.206	Pointers Run ES	Feb 3	4-5:15pm	F	\$135

LEGO® NXT Mindstorms After School with Club SciKidz

Off to the races with robot! Using LEGO® NXT, build robot cars and vehicles to race and compete in various motorized challenges. Drag race for speed, 4-wheel drive over rough terrain and do a rock-em, sock-em demolition derby! All challenges present different topics in structural engineering and programming. (No class 2/20, 2/21, 3/9-10.) Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 3-5 Classes: 7

RP3356.201	Fulton ES	Jan 31	4-5:15pm	Tu	\$135
RP3356.202	Hollifield Station ES	Feb 1	3:20-4:35pm	W	\$135
RP3356.203	Lisbon ES	Jan 30	3:15-4:30pm	M	\$135
RP3356.204	Manor Woods ES	Jan 31	3:20-4:35pm	Tu	\$135
RP3356.205	Pointers Run ES	Jan 30	4-5:15pm	M	\$135
RP3356.206	Hammond ES	Jan 31	3:35-4:50pm	Tu	\$135

Minecraft Programming After School with C3 Cyber Club

Looking for a fun way to learn programming? How about using a game you love. Using a custom mod called "ComputerCraft," learn how to program robots called "turtles" inside the world of Minecraft. Use problem-solving skills by learning how to program your robot to complete various tasks and objectives such as programming turtles to automatically build, mine and craft items and structures. Learn to program if-then-else statements, for while loops, and implement their own functions using LUA, a simple scripting language. (No class 2/20-21, 3/9-10.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 1-3 Classes: 6

RP3326.201	Centennial Lane ES	Feb 3	3:30-4:30pm	F	\$145
RP3326.202	Deep Run ES	Feb 2	4-5pm	Th	\$145
RP3326.203	Hollifield Station ES	Feb 2	3:20-4:20pm	Th	\$145
RP3326.204	Lisbon ES	Feb 1	3:15-4:15pm	W	\$145
RP3326.205	Manor Woods ES	Jan 31	3:20-4:20pm	Tu	\$145
RP3326.206	Thunder Hill ES	Jan 30	4-5pm	M	\$145
RP3326.207	Veterans ES	Feb 1	4:05-5:05pm	W	\$145

Grades 4-5 Classes: 6

RP3326.211	Atholton ES	Feb 2	3:50-4:50pm	Th	\$145
RP3326.212	Clemens Crossing ES	Jan 31	3:50-4:50pm	Tu	\$145
RP3326.213	Dayton Oaks ES	Feb 3	3:35-4:35pm	F	\$145
RP3326.214	Forest Ridge ES	Jan 30	3:50-4:50pm	M	\$145
RP3326.215	Fulton ES	Feb 3	4-5pm	F	\$145
RP3326.216	Triadelphia Ridge ES	Jan 31	3:30-4:30pm	Tu	\$145
RP3326.217	West Friendship ES	Jan 30	3:50-4:50pm	M	\$145

Creative Engineering Winter Break Mini-Camp by Sciensational Workshops

Design and build simple or complex models of a vehicle, robot or building. Work with an advanced, 3-D construction kit and 3-volt geared motor that is yours to keep and take home. Learn the many ways you can make your motor run, including for a moveable radar surveyor. This fully hands-on workshop relies on you to build from directions, or use your imagination to create something new! Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

7-12 yrs Classes: 2

RP3304.201	Roger Carter Comm Ctr	Dec 27	9am-4pm	Tu-W	\$185
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Follow Me Robot Winter Break Mini-Camp by Sciensational Workshops

Want to build a robot that has four built-in microphones to detect a sound, turn and move accordingly. It's your robot to build and take home! Learn about gears and sensors as you build it. Send your robot through an obstacle course or make it go Sumo wrestling! Enjoy building bigger robots working in groups. Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

7-12 yrs Classes: 2

RP3305.201	Roger Carter Comm Ctr	Dec 29	9am-4pm	Th-F	\$185
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Minecraft Animation After School with C3 Cyber Club

Do you want to become an animator? Using Mine-imator software, enjoy learning basic animation techniques with Minecraft characters and stages! Expand your observation skills and imagination by studying motion in reality and how it influences motion in animation. Create various short animation exercises and projects by applying basic acting theories and animation principles to scenes they create. (No class 2/20-21, 3/9-10.) Info: Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades 1-3 Classes: 6

RP3328.201	Clarksville ES	Feb 3	4-5pm	F	\$145
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RP3328.202	Dayton Oaks ES	Feb 3	3:35-4:35pm	F	\$145
RP3328.203	Elkridge ES	Feb 1	4-5pm	W	\$145
RP3328.204	Fulton ES	Jan 30	4-5pm	M	\$145
RP3328.205	Northfield ES	Feb 2	3:30-4:30pm	Th	\$145
RP3328.206	Triadelphia Ridge ES	Feb 1	3:30-4:30pm	W	\$145
RP3328.207	Waverly ES	Feb 3	3:50-4:50pm	F	\$145

Grades 4-5 Classes: 6

RP3328.211	Bellows Spring ES	Jan 31	4-5pm	Tu	\$145
RP3328.212	Deep Run ES	Feb 2	4-5pm	Th	\$145
RP3328.213	Gorman Crossing ES	Jan 31	4-5pm	Tu	\$145
RP3328.214	Lisbon ES	Feb 2	3:15-4:15pm	Th	\$145
RP3328.215	Rockburn ES	Jan 30	3:25-4:25pm	M	\$145
RP3328.216	St. John's Lane ES	Feb 1	3:20-4:20pm	W	\$145
RP3328.217	Veterans ES	Feb 3	4:05-5:05pm	F	\$145

Science Club After School with Club SciKidz

Hocus, Pocus: Science: Enjoy eight weeks of science fun -- or could it be magic? Make water disappear; learn about Ph while making a flower change color; and study chemical reactions by making a lemon volcano. These are just a few of the fun topics that will make you wonder -- is it magic or is it science?

Extreme Chemistry Fun: If you enjoy mixing, exploding chemistry fun, then this class is for you! Make worms that change colors and figure out if you can really eat slime. We do this by mixing some of the coolest chemistry experiments ever!

(No class 1/27, 2/20-21, 3/9-10.) Info: www.clubscikidz.com or Adam Wienckowski, 410-313-4714 or awienckowski@howardcountymd.gov.

Grades K-2 Classes: 7 Hocus, Pocus: Science!

RP3355.201	Bellows Spring ES	Jan 25	4-5:15pm	W	\$135
RP3355.202	Centennial Lane ES	Jan 23	3:30-4:45pm	M	\$135
RP3355.203	Clemens Crossing ES	Jan 25	3:50-5:05pm	W	\$135
RP3355.204	Dayton Oaks ES	Jan 24	3:35-4:50pm	Tu	\$135
RP3355.205	Deep Run ES	Jan 23	4-5:15pm	M	\$135
RP3355.206	Elkridge ES	Jan 26	4-5:15pm	Th	\$135
RP3355.207	Fulton ES	Jan 20	4-5:15pm	F	\$135
RP3355.208	Gorman Crossing ES	Jan 20	4-5:15pm	F	\$135
RP3355.209	Hammond ES	Jan 25	3:35-4:50pm	W	\$135
RP3355.210	Hollifield Station ES	Jan 25	3:20-4:35pm	W	\$135
RP3355.211	Rockburn ES	Jan 26	3:25-4:40pm	Th	\$135
RP3355.212	St. John's Lane ES	Jan 26	3:20-4:35pm	Th	\$135
RP3355.213	Triadelphia Ridge ES	Jan 23	3:30-4:45pm	M	\$135
RP3355.214	Veterans ES	Jan 24	4-5:15pm	Tu	\$135
RP3355.215	Waverly ES	Jan 24	3:50-5:05pm	Tu	\$135

Grades 3-5 Classes: 7 Extreme Chemistry Fun!

RP3355.221	Bellows Spring ES	Jan 25	4-5:15pm	W	\$135
RP3355.222	Centennial Lane ES	Jan 23	3:30-4:45pm	M	\$135
RP3355.223	Clemens Crossing ES	Jan 25	3:50-5:05pm	W	\$135
RP3355.224	Dayton Oaks ES	Jan 24	3:35-4:50pm	Tu	\$135
RP3355.225	Gorman Crossing ES	Jan 20	4-5:15pm	F	\$135
RP3355.226	Hammond ES	Jan 25	3:35-4:50pm	W	\$135
RP3355.227	St. John's Lane ES	Jan 26	3:20-4:35pm	Th	\$135
RP3355.228	Triadelphia Ridge ES	Jan 23	3:30-4:45pm	M	\$135
RP3355.229	Veterans ES	Jan 24	4-5:15pm	Tu	\$135
RP3355.230	Waverly ES	Jan 24	3:50-5:05pm	Tu	\$135



Learn the basics of color mixing, texture and how to "build" a rich painting in *Painting for Teens*.

Teens & Tweens

(11-18 yrs)

Classes & Activities

• Programs listed by category, then age, then alphabetical.

Adventure & Outdoors *Page 18*

Nature & Environment *Page 20*

Crafts & Fine Arts

Comics Unleashed

Explore comic book design and learn basic drawing techniques, character design, page composition, layout, penciling and inking. Explore a variety of comic genres including Manga, Indie, and graphic novels. Please wear comfortable clothing you don't mind getting dirty. You are encouraged to bring a sketchbook for class and at-home practice. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2854.201 N Laurel Comm Ctr Feb 16 6-7:30pm Th \$65

Drawing Techniques

Strengthen your drawing skills as you focus on different media including graphite, charcoal, colored pencils, pastels, and watercolor pencils. Techniques include modeling, color transitions, gesture style, blending, and wet-on-dry. Materials are provided but you are encouraged to bring a sketchbook. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov

11-17 yrs Classes: 5

RP2851.201 N Laurel Comm Ctr Jan 28 10:30am-noon Sa \$69



Comics Unleashed is enjoyed by all!

Jewelry Design

Design your own jewelry using professional tools and supplies. Classes include bead stringing, crimping, wire wrapping, bead weaving and bead making. Beads and tools provided. Register for all three classes and receive 10% registration discount (must register by phone for discount). Materials fee of \$10.00 is due at first class. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Roger Carter Comm Ctr

RP2852.201	Earrings	March 4	3:30-5:30pm	Sa	\$15
RP2852.202	Bracelets	Feb 11	3:30-5:30pm	Sa	\$15
RP2852.203	Necklaces	Feb 25	3:30-5:30pm	Sa	\$15

Painting for Teens

Work in acrylics to learn or master color mixing, brush work and how to "build" a painting rich with texture and color. The instructor does a demonstration painting each week and works with you one-on-one. Previous experience not necessary. Materials included. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5

RP2853.201 N Laurel Comm Ctr Mar 4 10:30am-noon Sa \$85

Digital Photography

Learn how to take your best pictures. Explore composition, lighting, angles and other elements that make memorable photographs. Learn to understand shutter speed, exposure, using the flash and basics on how your camera works. Practice shooting using your cameras built in settings and scene modes. Bring your camera. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 4

RP2856.201 Roger Carter Comm Ctr Mar 5 12:30-2:30pm Su \$65



flickr



HoCoParks
APP



During Nail Art Design, enjoy creating your own nail designs using rhinestones, striping tape and more!

Dance

Hip Hop Dance with Nysia Carter

During this fast-paced, high-energy class, focus on choreography, perfect your skills and learn hip-hop, popping and break dancing techniques. With an easy-to-follow breakdown of the basic moves, learn how to put various steps together that allow you to step comfortably onto a dance floor at any event. Wear comfortable clothes; jazz shoes or sneakers required. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 9

RP2857.201 Roger Carter Comm Ctr Jan 21 5-6pm Sa \$115

Enrichment & Personal Development

Beauty

Nail Art Design

Learn an exciting new way to brighten up everyday appearances or embellish a special occasion outfit using nail art. Nail art is the practice of painting decorative designs on your fingernails. In this exciting new class, create your own nail designs using media such as rhinestones, pearls, striping tape, studs and more. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 2

RP2881.201 Wilde Lake MS Feb 8 6:30-8:30pm W \$65

The Makeup Studio

Many teenagers love to experiment with makeup and what better place to get on the right track to learn the basics than The Makeup Studio. This class is designed for the teenager who needs instruction for a clean, natural approach to makeup. Have fun learning simple and easy makeup techniques and tips. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 1

RP2860.201 Wilde Lake MS Mar 1 6:30-8:30pm W \$35

Fitness

Teen Yoga with Rachel Wolfe *Page 62*

Job Skills

Babysitting Fundamentals

This babysitter training course emphasizes child development, safety, security, first aid, understanding, patience, and other necessary skills. Class includes introduction to hands-only CPR & AED, but does not include CPR certification. Registrants must be at least 11 years old by the first class. Receive a certificate upon course completion. Info: Jennene Blakely, 410-313-1693 or JLBlakely@howardcountymd.gov.

11-14 yrs Classes: 2

RP2862.201 Wilde Lake MS Feb 15 5:30-7:30pm W \$69

RP2862.202 Clarksville MS Mar 15 5:30-7:30pm W \$69

Job Skills Workshop for Teens!

Are you ready for summer 2017? Now is the time to apply for that great summer job. Join this one-day workshop to build your confidence and help you land a job. Topics include resume writing, job search strategies, how to successfully complete an application, dressing for success, interview tips and more. Register by April 21. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

14-18 yrs Classes: 1

RP2863.201 Roger Carter Comm Ctr Apr 29 9am-3pm Sa \$35

Leadership

Howard County Teen Clubs

Join a diverse group of teens to represent the youth of Howard County and promote programs and events at the community centers across the county. Bring your creative ideas and help develop new activities for teens. Monthly meetings focus on developing leadership, social networking and marketing skills. Earn service-learning hours at the meetings and events. Attend four or more meetings and receive a free center membership. Info: Ovan Shortt, 410-313-4719 or oshortt@howardcountymd.gov.

11-16 yrs First Friday of the month

RP2880.101 Roger Carter Comm Ctr Jan 6 4-5:30pm F Free

11-16 yrs Second Friday of the month

RP2880.102 Gary J Arthur Comm Ctr Jan 13 3:30-5pm F Free

11-16 yrs Third Friday of the month

RP2880.103 N Laurel Comm Ctr Jan 20 4:30-6pm F Free

Personal Development

Creative Writing for Teens

Students, explore creative writing through poetry, fiction, and non-fiction. Compose short stories, autobiographical works, and poems. Develop your own voices as authors as well as original plots and character development. The last class features a brief reading highlighting each student's work. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

11-16 yrs Classes: 4

RP2865.201 Roger Carter Comm Ctr Mar 12 2-4pm Su \$59

Fashion Show: Model Call **flickr**

Young men and women are invited to participate in an audition to perform in the 4th annual Fashion Show produced by Sean Gibson of Model Citizen Models. Models participate in a fashion runway show promoting local designs and their own unique style. No experience necessary. For audition, wear comfortable clothing and heels or slippery bottom shoes. Practices begin on February 25 and continue on Saturdays until the day of the event (April 1). If selected as a model, there is a \$29 registration fee due at the first practice. Preregistration is encouraged, but not required. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

Classes: 1

RP2979.201 8-11 yrs N Laurel Comm Ctr Feb 11 1-2pm Sa Free

RP2979.202 11-17 yrs N Laurel Comm Ctr Feb 11 2-3pm Sa Free



Learn valuable warm-ups and finger exercises, scales, and how to apply basic chords to any song during Guitar Studio.

Social Etiquette & Communication Skills Express

Do you have a busy schedule? This class was designed for you. Class emphasizes the importance of having responsible decorum in all aspects of life. Topics include making a good first impression, listening and speaking, using proper etiquette in public, on the phone and with electronics, and dressing for success. Don't miss this opportunity to discover why research demonstrates that social skills are paramount for your future success! This is great as an intro or a refresher. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

RP2868.201 12-16 yrs River Hill HS Mar 7 6-8pm Tu \$55

Music & Theater Arts

Music

Vocal Starz

Aspiring vocal stars will improve singing skills and ability to sing on pitch. Vocalists learn Solfege (do-re-mi), sight reading, vocal exercises and warm-ups, note value, and practice ear training and harmonizing as part of an ensemble. Showcase your skills at a performance on the final week of class. \$30 materials fee per family due upon registration. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

8-14 yrs Classes: 10 Olenka School of Music Columbia

RP2879.201 Jan 30 5:30-6:25pm M \$205

8-14 yrs Classes: 10 Olenka School of Music Ellicott City

RP2879.211 Jan 31 6:30-7:25pm Tu \$205

RP2879.212 Feb 5 12:30-1:25pm Su \$205

Guitar Studio

Bring your electric or acoustic guitar and get ready to play your favorite songs. Learn valuable warm-ups and finger exercises, scales and how to apply basic chords to any song, in any style of music. Prior music knowledge is not necessary. Students must bring their own guitar. Students will showcase their skills at a performance on the final week of class.

\$30 materials fee per student due upon registration. Contact OSM at 410-309-0770 to rent a guitar for this class. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

8-14 yrs Classes: 10 Olenka School of Music Columbia

RP2873.201 Jan 31 7:30-8:25pm Tu \$205

Intro to Piano

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. Must have access to a keyboard to practice on outside class. (No class 2/18.) Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 8

RP2872.201 River Hill HS Jan 28 12-1pm Sa \$115

Piano II

Build on the piano skills learned in the Intro to Piano class in this next step class! Gain confidence, develop and learn new piano methods and techniques. You should have access to a keyboard to practice outside.

Prerequisite: Intro to Piano. Intro to Piano students should bring book from previous class. Those without a book may purchase one at the first class for \$15. (No class 2/18.) Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

11-17 yrs Classes: 8

RP2872.202 River Hill HS Jan 28 1-2pm Sa \$115

Rock School -

Drums, Keyboard/Vocals, Bass/Guitar

Are you ready to rock? Beginners and up, learn from professional working rock musicians while enhancing memory, self-expression, creativity and self-confidence. Instrumental sessions focus on instrument play, music theory and technique. Vocals class includes warm-up/warm-down exercises, proper breathing techniques and singing lessons to help you learn how to properly use your voice when singing. Bring your guitar/bass. Drums are available for use during class. Class runs concurrently with youth class. (No class 2/17.) Schedule subject to change, visit www.therockshopmd.com. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

11-17 yrs Classes: 5 The Rock Shop

RP2871.201 Drums Jan 27 6:30-7:30pm F \$139

RP2871.202 Keyboard/Vocals Jan 27 6:30-7:30pm F \$139

RP2871.203 Bass/Guitar Jan 27 6:30-7:30pm F \$139



Come take over the catwalk at the Youth & Teen Fashion Show!

Theater Arts

NEW! Musical Theater & Vocal Performance

Professional actress and singer Melissa Jillian Corona brings the basics of musical theater to life in a fun, creative, and supportive environment. Team building is an integral part of the learning process and is explored through theater games, acting, singing, dance and improvisation. Students learn to improve presentation skills, stage presence, performance quality, rhythm and movement while creating characters and telling a story. Basic techniques of breath control, vocal production, and tone production are demonstrated through various exercises. Repertoire selected from Broadway musicals. No prior vocal training required. \$30 materials fee per family due upon registration. Info: William Banks, 410-313-4609 or wbanks@howardcountymd.gov.

8-14 yrs Classes: 10 Olenka School of Music Ellicott City

RP2878.201 Feb 5 1:30-2:25pm Su \$205

Costume Designs & Cosplay Creations at DLC

Learn about costume design and creation, special effects make-up, and character development. Whether you're interested in designing costumes for theatre or prepping the perfect cosplay for a local convention, you'll be sure to shine at your next appearance. \$50 materials fee due at first class. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

11-17 yrs Classes: 8

RP2877.201 Drama Learning Ctr Jan 30 5:30-7:30pm M \$200

Intro to Acting

Enjoy an introduction to the concepts crucial to the theatrical arts: self-awareness, observation, improvisation, creative imagination, and storytelling. Move towards building and heightening responsiveness to action and the development of an actor's skills. Students create, stage, and perform their own scenes. Last class features a short performance highlighting each actor. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

11-17 yrs Classes: 5

RP2875.201 Roger Carter Comm Ctr Feb 5 2-4pm Su \$65

Middle/High School Musical Theatre:

Mary Poppins

Students on DLC's stage this winter are going to have a supercalifragilistic-expialidocious time working as a theatrical team to tell the story of one of the world's most famous nannies. Program meets weekly for 8 classes and concludes with one week of dress rehearsals and two final performances.

Dress rehearsal times are subject to slight changes. Dress rehearsals 2/20-21, 5-8:30pm Final performances 2/25 at 7pm, 2/26 at 3pm. \$50 materials fee due at first class. Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

Grades 6-12 Classes: 8

RP2876.202 Drama Learning Ctr Jan 7 10:30am-1pm Sa \$300

School's Out Programs

Teens Day Out: Spring Break Camp

School is closed! Have fun and make new friends in this program created just for middle school students. Our engaged and energetic staff create an environment where everyone is welcome. The morning includes one of several activities to appeal to all teens such as cooking, science projects, team sports, recess games and more! After lunch, travel offsite for a fieldtrip. Trips to Roger Carter Community Center include swimming, gym time, Xbox challenge tournaments and more! You have lots of time to be active, but also time to relax. Bring a non-perishable lunch/drink. Specific information about daily activities are sent one week in advance. Registration closes April 3. Info: Jennene Blakely, 410-313-1693 or jblakely@howardcountymd.gov.

Grades 6-8	Bonnie Branch MS	Daily Activity		
RP2882.201	Apr 10	8am-6pm	M-Th	\$200
RP2882.202	Apr 10	8am-6pm	M	\$49
RP2882.203	Apr 11	8am-6pm	Tu	\$59
RP2882.204	Apr 12	8am-6pm	W	\$49
RP2882.205	Apr 13	8am-6pm	Th	\$59
				Roger Carter Comm Ctr
				Bowling & Pizza
				Roger Carter Comm Ctr
				Monster Mini Golf

Special Events

Teen Lock-in!

If you like to enjoy a night full of music, games, rock-climbing, swimming, movies, food and more, then this after-hours party is just for you! Bring your sleeping bag and pillow, swimsuit and towel, comfortable clothes and shoes for sports and climbing. All participants must be checked in by 9 pm.

Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

11-15 yrs

RP2985.201 Roger Carter Comm Ctr Mar 24 7pm-9am F \$40

Youth & Teen Fashion Show **flickr**

Howard County youth and teens are taking over the catwalk for the 2017 Fashion Show! Join us for fashion, music and more! Info: Holly Harden, 410-313-4625 or harden@howardcountymd.gov.

All ages N Laurel Comm Ctr \$15 in advance, \$19 at the door

RP2980.201 Youth Show Apr 1 3:30-5pm Sa

RP2980.202 Teen Show Apr 1 5:30-7pm Sa

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



flickr



HoCoParks
APP



Learn some new recipes in one of our exciting cooking classes.

Adults (18 yrs +) Classes & Activities

Adventure & Outdoors Page 18

Nature & Environment Page 20

Cooking

• Programs listed in date order.

NEW! Chinese Cooking with Chef Ravi

Join Chef Ravi in a journey to the country of the Great Wall as we indulge in a meal of jumbo shrimp spring rolls, followed by a mouth-watering hot garlic smothered chicken served with a vegetarian fried rice. Our meal is finished off with a banana spring roll with vanilla ice cream. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0512.201 Ellicott Mills MS Jan 4 6:30-8:30pm W \$29

NEW! Satisfy Your Curry-osity with Chef Mark

Curry is a mysterious thing. Every country has its own twist on their combination of spices. Let Chef Mark guide you through the sub-continent of Asia with Thai green curry shrimp with noodles, Burmese chicken curry and Indian chickpea and spinach curry. A demo of how to properly cook Basmati rice is included on this culinary journey. This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0501.201 Mt. Hebron HS Jan 10 6:30-9pm Tu \$24

NEW! RESTART 5-week Virtual Group Program

The RESTART® 5-week virtual group program is a simple, powerful way for you to reboot your food lifestyle and body! With a 3-week sugar elimination and real-food challenge built into the 5-week program, focus on how



Mark Waitsman's classes put the "um" in "YUM!"

to use real food to boost your energy, lose fat weight, cut sugar cravings, improve digestion and more! It's part education, part support group, part real-food challenge! This live, virtual program includes five 90-minute classes, emailed handouts practitioner-led classes and continuous support throughout the program and after the program! Register by January 11. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 5

RP0523.201 Virtual Classroom Jan 18 7-8:30pm W \$235

NEW! Foundation Indian Sauces with Chef Ravi

Create your own favorite dishes within minutes by getting to the three basic sauces in Indian cuisine: brown masala (onion sauce), Makhani sauce (tomato butter cream) and Khorma sauce (almond sauce). These base sauces open new doors to easy Indian meals. This is a hands-on cooking class. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0513.201 Hammond HS Feb 1 6:30-8:30pm W \$29

NEW! Shrimp Parmesan Dinner with Chef Mark

Let's prepare this restaurant-quality meal from start to finish: shrimp parmesan, Italian spaghetti salad, Chef Mark's "Funny-Bone" Italian salad dressing, and Italian country style bread. Easy to make and you are sure to get rave reviews! This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0502.201 Mt. Hebron HS Feb 7 6:30-9pm Tu \$24

NEW! Indian Breads with Chef Ravi

No Indian meal is complete without bread! Tonight, Chef Lahori is making Chapati (whole wheat bread), Daikon Paratha (spiced daikon-stuffed whole wheat bread), Garlic Nan (fermented garlic bread) and Methi Paratha (Fenugreek whole wheat layered bread), served with a peanut cucumber raita (yogurt) and onion chutney. This is a hands-on cooking class. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0514.201 Ellicott Mills MS Mar 8 6:30-8:30pm W \$29

Tweens&Teens(11-18yrs)

Adults(18yrs+)



Grab your friends, roll-up your sleeves, and get cooking during our hands-on classes.

NEW! My Maiwand Kebab with Chef Mark

Tasty beef seekh kebab, traditional Afghani salad, Challaw rice and Tandoori style bread are all on the menu tonight. You don't have to go to the Afghani kebab hut now to get restaurant quality food! This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0503.201 Mt. Hebron HS Mar 14 6:30-9pm Tu \$24

NEW! Party Time: BBQ Sundae with Chef Mark

Have you ever had a BBQ sundae? Let Chef Mark show you how it's done! First we make the pulled pork BBQ. Then we whip up his best homemade corn bread, cole slaw, and homemade BBQ sauce. It's always a winner and you'll take all of the praise! This demo-style class features lecture, demonstration and generous tastings. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0504.201 Mt. Hebron HS Apr 4 6:30-9pm Tu \$24

NEW! Indian Vegetarian with Chef Ravi

Join in on a journey of an excellent Indian meal with the all-time favorite vegetable samosas served with mint and tamarind chutneys followed by a classic preparation of Vegetable Makhani (mixed veggies in a butter cream sauce) served with Cumin Pulao. Top off the meal with a vermicelli and saffron pudding with vanilla ice cream. \$20 materials fee due at class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0515.201 Hammond HS Apr 5 6:30-8:30pm W \$29

Crafts & Fine Arts

• Programs listed in alphabetical order.

Drawing & Painting

Basic Zentangle with Mary Anne Mulcahy

The Zentangle Method is a trending, easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured, repetitive patterns. Focus is on the process, not the outcome. The practice of Zentangle is an art form, a life skill and an approach to mindfulness and relaxed meditation. No prior knowledge or artistic skill is required. \$15 materials fee due at first class. Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0221.201 Roger Carter Comm Ctr Feb 17 9:30-11:30am F \$30

Beyond Basic Zentangle with Mary Anne Mulcahy

The Zentangle Method is a trending, easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured, repetitive patterns. Focus is on the process, not the outcome. The practice of Zentangle is an art form, a life skill and an approach to mindfulness and relaxed meditation. Prerequisite is the *Basic Zentangle* class. Optional materials are provided. \$15 materials fee due at first class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

RP0222.201 18 yrs + Roger Carter Comm Ctr Mar 7 6-8pm Tu \$30

NEW! Drawing for Beginners, Intermediate, Advanced

We focus on a variety of drawing approaches, from the realistic to the abstract. Special attention is given to the area of portraiture. Beginners learn the basics of drawing, including exercises that appeal to both its technical and creative components. Intermediate and advanced participants receive individualized instruction as they work to improve and refine their skills. Materials list provided on www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0206.201 Roger Carter Comm Ctr Jan 23 9:30am-noon M \$65

NEW! iPad Masterpieces with Ann Wiker

Have you ever thought of your iPad as an artist's tool? We explore free apps to create artwork and we view the work of famous artists to duplicate their styles in digital art. We "update" pop art (Andy Warhol and Roy Lichtenstein), impressionism (Claude Monet and Vincent van Gogh), surrealism (Salvador Dali), anamorphic art (Hans Holbein) and abstraction (Vassily Kandinsky). Come to class with a fully charged iPad that has the following apps downloaded on it: Photo Booth, Abstract You, Doodle Buddy, Brushes, Youdoodle, Adobe Draw, Adobe Shape, and Draw. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs +

RP0208.201 Roger Carter Comm Ctr Feb 13 9:30-11:30am M \$25

RP0208.202 N Laurel Comm Ctr Mar 24 9:30-11:30am F \$25

Landscape in Oil & Acrylic with Brenda Kidera

Break down the art of landscape into manageable pieces, discuss how to layer your way from background to foreground, and learn a variety of techniques to paint the landscape effectively. Brief knowledge of painting in the medium or others is helpful. Step-by-step instruction and demonstrations. Reference material fee due at first class. Materials list provided on www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 5

RP0203.201 Gary J Arthur Comm Ctr Mar 3 9:30am-12:30pm F \$135



Come focus on a variety of drawing approaches in our drawing classes.

NEW! Light Effects II: Painting a Night Scene in Watercolor with Brenda Kidera

In this second class on Light Effects, we explore how to paint a night scene. Step-by-step instruction and demonstrations teach you how to work your way through the composition for success. Learn a variety of techniques to paint the light and dark effectively. Some basic knowledge of watercolor painting is required. \$8 materials fee due at first class. Materials list provided on www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 5

RP0204.201 Gary J Arthur Comm Ctr Mar 7 9:30am-12:30pm Tu \$135

NEW! Painting Dynamic Flowers in Oil and Acrylic with Brenda Kidera

Brighten your winter by painting a beautiful floral. We cover painting techniques, color mixing, composition and more using step-by-step instruction and demonstrations. Brief knowledge of painting in your medium is helpful. \$8 reference materials fee due at first class. Materials list provided on www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 4

RP0201.201 Gary J Arthur Comm Ctr Feb 3 9:30am-12:30pm F \$114

Oil Painting with Ann Wiker

All levels welcome! Beginners learn the basics of oil painting: prepping the canvas, mixing colors, brush techniques, composition and light and shadow. Intermediate painters review color mixing and composition and choosing subject matter. Advanced painters receive individualized instruction based on their ability level. Don't be intimidated-this is fun! Materials list provided on www.howardcountymd.gov/craftsandfinearts. (No class 2/17.) Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 6

RP0207.201 N Laurel Comm Ctr Jan 27 9:30-11:30am F \$125

Ready, Set, Paint! Watercolor with Brenda Kidera

Gain confidence, learn technique and strengthen skills quickly! Work on a new small painting every week. Bring your own art supplies. Elementary knowledge of watercolor is necessary. Step-by-step instruction and demon-



Gain individualized attention during our fun, group painting classes.

strations. \$12 reference material fee due at first class. Materials list provided on www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 5

RP0202.201 Gary J Arthur Comm Ctr Jan 31 9:30am-12:30pm Tu \$135

Knitting & Crocheting

Crochet 1 with Anna Tai

Learn stitches, crochet in the square and the round, pattern reading for beginners and beyond. Learn the many aspects of wearable crochet -- drape, yarn selection, shaping. Project choices are a scarf, hat, wrap, bag or tank top. Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0802.201 Oakland Mills HS Feb 23 7-9pm Th \$47

Knit 1 with Anna Tai

Experience the joy of knitting. Learn to cast on, the knit and purl stitches, cast off, adjust tension, and correct mistakes. Combine garter and stockinet stitch patterns and make your first scarf. Materials list: www.howardcountymd.gov/craftsandfinearts. Info: Danielle Bassett 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0801.201 Oakland Mills HS Feb 22 7-9pm W \$47

Photography

Basic Digital Photography with John Guion

This "one-size-fits-all" class covers the basics, whether you have a compact digital camera, an interchangeable lens compact camera or a single lens reflex camera. Learn the features common to all three of those basic camera designs such as image size settings, image quality controls and how to change them, and using the camera's creative modes and not just relying on the automatic setting. We also discuss downloading photos to a computer and accessories you may want to consider such as a tripod or monopod. Bring your camera and manual to class. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 6

RP0209.201 Roger Carter Comm Ctr Jan 19 7-9pm Th \$100

Adults (18yrs+)

NEW! Ellicott City Photo Tour

Whatever the weather, we explore the power of shapes, black and white, and color balance in our landscapes as we walk and shoot through our winter choice of parks or neighborhoods. We apply exposure compensation to adjust for backlighting and take advantage of silhouettes. We explore close-ups and panoramas. Then we review our shots to discover more opportunities. Bring your digital camera and your enthusiasm. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 3

RP0213.201 Roger Carter Comm Ctr Mar 25 9:30-11:30am Sa \$56

NEW! Illustrate Your Stories

Pick some photos, old or new, that remind or inspire you. They help us capture or celebrate your memories or hopes. We explore Story Corps' question-answer and voice recording tools to create a photo story that speaks out loud in your own voice. Bring your smart phone, tablet, or laptop. We get familiar with the process, and draft your story for yourself or to share. Info: Danielle Bassett, 410-313-4634 or dbassett@howardcountymd.gov.

18 yrs + Classes: 4

RP0212.201 Gary J Arthur Comm Ctr Feb 16 7-9pm Th \$72

RP0212.202 N Laurel Comm Ctr Mar 7 7-9pm Tu \$72

Dance

• Programs listed in alphabetical order.

Ballroom

Ballroom Sampler: Foxtrot and Swing with Jim & Lucy

This second "Dance Survival" class introduces you to two Swing styles, as well as a sampling of classic Foxtrot steps. Learn to move in sync with Big Band songs, as well as Oldies, Motown, and Rock-n-Roll. While you learn steps, strengthen leading and following techniques necessary for the all-important dance partner connection. After completing the class, we hope you feel confident saying "yes" to invitations to dance at weddings, office parties, and other social events. Singles as well as couples welcome; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1104.201 Roger Carter Comm Ctr Jan 18 8:20-9:20pm W \$75

Ballroom Sampler: Salsa & West Coast Swing with Jim & Lucy

This popular class introduces a sampling of the unique character and joys of bluesy West Coast Swing and lively Latin Salsa. The first four weeks focus on WC Swing and the last four weeks on popular Salsa. Master the foundational steps of each of these dances, understand lead and follow, and become ready to take your dancing onto any dance floor. Each class reviews the basic techniques and foot patterns learned the week before, and then teaches one or two new steps. Couples only; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1107.201 Atholton ES Jan 20 8:30-9:30pm F \$149 per couple

Intro to Social Ballroom Dance with Jim & Lucy

This "Social Dance Survival" class equips you with dance routines adaptable to a variety of dance musical styles commonly played at weddings and parties, including smooth jazz, foxtrot, slower big band, romantic songs, and traditional waltz. In the last two weeks, enjoy a two-week sampling of Swing dance steps. We look forward to planting in you the desire and the confidence to get out of your seats and head to the dance floor at



Learn how to take off the automatic setting on your camera. John Guion (above) will patiently answer all your questions.

parties, weddings, or anywhere you hear dance music playing! Singles as well as couples welcome; do not wear sneakers. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1106.201 Roger Carter Comm Ctr Jan 18 7:05-8:05pm W \$75

Next Step: Waltz and Rumba with Jim & Lucy

This "Next Step" class is designed for those who have taken classes in the last five years in both Waltz and Rumba, and/or are experienced with leading and following the basic steps in both these dances. In the first week, review foundational steps in Waltz, then build your Waltz repertoire in weeks two to four. On the 5th night, review basic Rumba steps, then learn new International Rumba routines during the last three weeks. Classes emphasize learning to execute smooth leads and follows. Couples only; do not wear sneakers.

18 yrs + Classes: 8

RP1105.201 Atholton ES Jan 20 7:15-8:15pm F \$149 per couple

Dance Movement

Adult Beginner Ballet with Cecilia Ituarte

Adults with little or no previous ballet training learn basic ballet exercises with an emphasis on body alignment and musicality while developing a strong core. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1124.201 Misako Ballet Studio Jan 19 7:30-8:30pm Th \$78

Ballet with Nysia Carter

This dance style give you those long, lean, beautifully sculpted lines of a ballerina dancer, plus poise from newly found core strength and flexibility. Wear form fitting clothing so body alignment and technique can be addressed. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1124.202 N Laurel Comm Ctr Jan 23 7-8pm M \$78

Contemporary Modern Dance for Beginners with Jessica McElvaney

Dance and have fun in this class for adults of all levels. Begin with an invigorating warm-up, practice dance steps, and learn different choreography each week. This class combines modern, ballet, and jazz techniques to provide participants with an enjoyable introduction to dancing and a

relaxing workout. No experience necessary. Please wear clothes that are comfortable to move and stretch in. No shoes required, but if you prefer, wear ballet or jazz shoes. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1128.201 Misako Ballet Studio Jan 16 7:15-8:15pm M \$78

Hand Dancing and Bop with Shirley Duncan

Experience the traditional and exciting hand dance and bop that make you stand out socially. Spice up your dance ability in this class designed for all levels. Learn the basic six count, weight change, proper coordination of foot patterns, balance and controlled turns. Partner not required. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1125.201 Oakland Mills MS Jan 23 6:30-7:30pm M \$75

RP1125.202 Dunloggin MS Jan 26 6:30-7:30pm Th \$75

Hip Hop with CJ Cunningham

Get ready to work your body in ways you never imagined! This class uses exciting hip-hop routines to keep you moving and grooving. Learn to isolate your movements and hit it hard in easy to follow dances. Whether you are a beginner dancer or have years of experience, this class works you out and refines your swagger. Wear comfortable clothes and tennis shoes; bring a towel and water bottle. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 10

RP1112.201 Kinetics Dance Theatre Jan 20 8:30-9:30pm F \$100

Hip Hop with Nysia Carter

Enjoy a fusion of styles including hip-hop, funk, street, and high-energy jazz. Warm up with the latest hip-hop rhythm that transitions into a larger choreographed piece prepared to meet your level and dance experience. This style of dance provides high-energy, low-impact aerobics, and calorie burning effects as you dance to the popular hits of today and yesterday. Beginners are welcome! Wear jazz or gym shoes, no street shoes allowed. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1124.203 N Laurel Comm Ctr Jan 23 6-7pm M \$78

International

Bollywood Dance with Jaya Mathur **flickr**

Trained in Indian Classical Dance, Jaya Mathur introduces you to this energetic dance style that originated in Indian films. Techniques include hand, feet and body movements and an overall sense of rhythm. Wear comfortable clothing and shoes and bring a bottle of water. Get ready for a great workout while learning an art form! Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 6

RP1108.201 Harpers Choice MS Jan 31 7:30-8:30pm Tu \$65

Line Dance

Line Dance with Mo & Barb Dutterer

Want to exercise to music, burn calories, and have fun all at the same time? Join our line dance class for all levels. New dances are taught each week and we review weekly every dance taught. Learn the latest dances and the old standbys while dancing to a variety of music: Latin, pop, country, jazz, and rock. By the end of this eight-week session, you have many fabulous, fun dances in your dance bag! Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1118.201 Roger Carter Comm Ctr Jan 17 7:15-8:15pm Tu \$75



Come spice up your dance moves! We welcome beginners and advanced dancers at our classes.

Urban Line Dancing with Shirley Duncan

Learn some of the hottest new and old line dances currently being danced in Baltimore's top spots. Dance to the hottest R&B and oldies music around. Experience a fun-filled workout with high- and low-energy steps. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1126.201 Oakland Mills MS Jan 23 7:45-8:45pm M \$75

RP1126.202 Dunloggin MS Jan 26 7:45-8:45pm Th \$75

Swing

Couples Dance: East Coast Swing with the Dutterers **flickr**

Of the many classes we have taught for more than 20 years, this Swing class is our most popular. Learn the basics of Swing, and put together a routine you are proud to dance at all of your upcoming social events. This is a truly fun class that has you dancing in one week, and adding to your swing moves each week of the class. Have fun, learn how to dance, and expand your dance knowledge. Couples only, no singles. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1119.201 Roger Carter Comm Ctr Jan 17 8:30-9:30pm Tu \$125

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



flickr



HoCoParks
APP



Ensure that your bike is safe during our Bike Maintenance class.



Art of Hand Drumming with Orlando Cotto will keep you smiling.

Lifelong Learning

- Programs listed in alphabetical order.

Continuing Education

Financial Fitness for Women with Fran Makino

This is a basic, personal finance class. Learn about cash, stocks, bonds, IRAs, and how 401Ks/403Bs/TSPs work and how best to invest them. Come discuss basic types of insurances and what is needed. Work on investment strategies. Questions are welcomed. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 3

RP3410.201 River Hill HS Feb 15 7-9pm W \$45

NEW! RESTART 5-week Virtual Group Program

Page 49 - RESTART your health in just 5 weeks!

Communication

Mingle, Mingle

with International School of Protocol

In two short hours, this program puts you at ease and helps you feel more confident and comfortable at social and work gatherings where you need to meet and have conversations with new people. Learn how to prepare for an event, enter and exit conversations, and learn what you can talk about and what you should not talk about. In this program, you learn to create a first and lasting impression through proper handshaking, eye contact, proper introductions and appropriate nonverbal conversation. This course is important for anyone who attends businesses gatherings, conferences, parties and school or community events. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs +

RP3412.201 Centennial HS Mar 14 7-9pm Tu \$55

Do It Yourself

Bike Maintenance with Larry Black

Learn everything you need to know about maintaining and repairing your bike. Learn about on-the-road fixes, overhauls, wheel building, and how to negotiate the best price for repairs. Tools and some practice bikes are

provided; bring your own bike to get hands-on experience.

Optional manual is \$25 at class. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 4

RP3409.201 Gary J Arthur Comm Ctr Feb 1 7-9pm W \$99

Language

Everyday Spanish I with Cecilia Redmond

This class gives you the basic initiation to the language. Learn grammar foundations and practice in an enjoyable way. Build confidence as you learn vocabulary on familiar topics. Put it all together and you're ready for easy conversation starters. Native speaking instructor shares strategies and cultural insights. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 6

RP3404.201 Ellicott Mills MS Feb 16 7-8:30pm Th \$65

Hablemos Español with Cecilia Redmond

Enjoy a different topic of conversation for each class. A vocabulary list is provided. Instructor starts with English/Spanish directions; by the third class you are totally immersed. Have fun communicating with classmates only in Spanish. Pronunciation and grammatical errors are addressed by native speaker instructor. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 5

RP3403.201 Ellicott Mills MS Jan 23 7-8pm M \$55

Writing

Becoming an Author with Amy Brooks

Have you ever felt called to write a book? Now is your chance to go from idea to manuscript in less than 90 days. Author and writing coach, Amy Brooks, guides you through an easy process that will transform your book dreams into a reality. With her expertise as writer and coach, Amy helps you navigate the challenges that stop most first-time authors before they even get started. Don't wait for the "perfect" time; start your book now and step into your new role as an author. It's time to share your story with the world! Required materials: notebook, pen, laptop computer (optional). Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 4

RP3422.201 N Laurel Comm Ctr Feb 7 7-8pm Tu \$125

Music & Theater Arts

• Programs listed in alphabetical order.

Art of Hand Drumming with Orlando Cotto

The course is suitable for any drumming beginner or serious enthusiast. Led by professional percussionist Orlando Cotto, you (re)learn the basics of drumming, develop your internal timing, and learn common folk rhythms from Cuba, Puerto Rico and West Africa. We teach techniques and skills such as drum tuning and developing sounds. You're encouraged to bring your own drums, though Congas drums can be rented from the instructor for a one-time fee of \$45. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 4

RP3435.201 Wilde Lake HS Jan 26 7-8pm Th \$80

Belly Dancing for Beginners by Mary Krause

This is an introduction to Classical Middle Eastern Dance. Students learn fundamental steps and technique including shimmies, hip articulation and isolations. Cultural relevance and elements of folklore and Near Eastern music are also studied. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP1130.201 Misako Beats Jan 18 7:30-8:30pm W \$78

RP1130.202 Misako Beats Jan 20 11:30am-12:30pm F \$78

Musical Theatre

Learn acting, singing, and dancing skills as you work group songs and scenes in a low-pressure learning environment, all while having a great time with your classmates. A final showcase for family and friends will conclude the session! Taught by accomplished actress, singer, and educator Janine Sunday, this class accommodates a variety of skill sets from beginner to intermediate. Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP3425.201 Drama Learning Center Feb 11 3:30-5pm Sa \$185

Piano I

Learn to play the piano in this introductory class. Play a variety of musical styles to gain confidence and develop musical skills. Learn and practice on your own keyboard. (Must have access to a keyboard to practice on outside of class.) Info: Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 8

RP0230.201 River Hill HS Feb 4 11am-noon Sa \$115

Rock Class

Have you ever wanted to play the drums, guitar/bass, keyboard or sing like your rock and roll heroes? We can help you achieve this dream. Come and rock out! Info: 410-988-2062 or www.therockshopmd.com or Karen Bradley Ehler, 410-313-4635 or kehl@howardcountymd.gov.

18 yrs + Classes: 5 The Rock Shop

RP3430.201 Guitar and Bass Jan 27 7:30-8:30pm F \$139

RP3431.201 Drums Jan 27 8:30-9:30pm F \$139

RP3432.201 Keyboard Jan 27 6:30-7:30pm F \$139

RP3433.201 Vocals Jan 27 5:30-6:30pm F \$139

Howard County Park App

Find in Howard County Parks...

- Nearest park or park amenity
(ex: tennis or basketball courts)
- Driving directions
- Paved pathways
- Pavillions
- Playgrounds
- And more



FREE!



Howard County
RECREATION & PARKS



Adults (18yrs+)



**COME WALK
WITH US!**

9 AM | First Saturday of Every Month

**Check our website for
locations and more
information on
upcoming walks.**

In case of inclement weather, walks will be canceled. There is no rain date.
Inclement weather: 410-313-4451 or www.howardcountymd.gov/hocowalks.



Swimming is a wonderful, low-impact exercise. Don't like the cold water? Then come to our Open Swim, where the water is warm.

Adults (55 yrs +) Classes & Activities

- Below is in alphabetical order.
- If you would like this Guide in a larger font, contact Susan Potts, 410-313-4628.
- See additional activities in the Adults (18 yrs +) section.

Adventure & Outdoors *Page 18*

Nature & Environment *Page 20*

Aquatics

Open Swim

Workout on your own or just relax in the warm water of a therapeutic pool. Exercise accessories available for use. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 6

RP3518.201 Cedar Lane School Jan 14 10:30am-12:30pm Sa \$35

Therapeutic Aqua Dancercise

This is not your ordinary synchronized dancing in the water! Combine upbeat music with the added resistance of water and you get an incredible workout. Enjoy the warm water of a therapeutic pool while engaging in cardio, dance-based movements that are fun and easy to follow. Aquatic fitness instructor assists with exercises and provides instruction. (No class 2/21.) Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 8

RP3520.201 Cedar Lane School Jan 10 6:15-7:15pm Tu \$72

Therapeutic Water Exercise

Get a great workout without going to the gym! Enjoy the warm water of a therapeutic pool while engaging in low-impact exercise. Work at your own pace in group instruction. Aquatic fitness instructor assists with exercises and provides instruction. (No class 1/16, 2/20.) Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 8

RP3519.201 Cedar Lane School Jan 9 6:15-7:15pm M \$72

RP3519.202 Cedar Lane School Jan 11 6-7pm W \$72



Come relax while refining your painting skills with Zina.

Crafts & Fine Arts

Artful Journaling Club

Express yourself in an art journal! In this weekly club, create journal pages that combine creative writing and decorative art using a variety of media. No art experience necessary. Participants are invited to suggest and lead activities on a voluntary basis. Supplies discussed at first meeting. This is a participant-run club; no instructors present. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 12

RP0305.201 Bain Ctr Jan 5 9:30am-noon Th \$15

Drawing & Painting with Zina **flickr**

Beginners, learn to draw with right-brain techniques, discuss design and color theory and begin painting by the 10th class. Advanced painters, become motivated by art history, artist demonstrations and projects designed to inspire. Learn to create original work from real life or continue your personal style with the help of teacher critiques and demos. \$50 materials list (purchased separately) discussed at the first class. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 14

RP0302.201 Gary J Arthur Comm Ctr Jan 9 10am-noon M \$110

RP0302.202 Gary J Arthur Comm Ctr Jan 9 1:15-3:15pm M \$110

Watercolor Basics for the Very Beginner with Carol Zika

This mini-course is a prerequisite for *Watercolors with Carol Zika*. Learn basic techniques of painting with transparent watercolors, about paper, brushes and paint, brush calisthenics, washes, glazing and color mixing. Appropriate for self-taught or complete beginners as well as students looking for an introduction sampler. Recommended supplies discussed at first class and are available through the instructor. \$10 materials fee collected at first meeting. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 3

RP0307.201 E. Columba Lib Jan 6 1-3:30pm F \$30

Watercolors with Carol Zika

A painting class for students who have completed *Watercolor Basics for the Very Beginner* and those with previous watercolor experience. Instructor will provide guided lessons, building technique and confidence. Bring materials to the first class. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 10

RP0303.201 E. Columba Lib Jan 27 1-3:30pm F \$100

You Can Draw & Paint with Carol Zika

Let your artistic expression soar in this congenial, fun and supportive open studio atmosphere. Bring watercolors, acrylics, oils, pastels or other materials. Explore your creative potential. Instructor provides direction/instruction in drawing and painting for beginners and experienced dabblers. Bring your own or discuss materials (purchased separately) at the first class. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 10

RP0304.201 E. Columba Lib Jan 6 9:15-11:45am F \$100

Knitting & Crocheting

Community Knitting & Crocheting Group

Explore your artistic side! Knit or crochet cozy scarves, blankets and hats for a variety of community service projects. This non-instructional gathering of volunteers meets twice a month. All skill levels welcome. Acrylic yarn donations gladly accepted. Please, no wool or cotton. Info: Linda DiPanfilo, 410-313-4704 or ldipanfilo@howardcountymd.gov.

55 yrs + / 2nd and 4th Wed of the month

RP3070.201 Kiwanis-Wallas Hall 1-3 pm W Free

Drop-In

• For more info, contact Cathy Vigus, 410-313-7311.

Bridge Classes

For a complete listing of Bridge classes, please call 410-313-7311.

BUNCO

It's a "roll of the dice" game. BUNCO is gaining in popularity and now you can get in on the fun! Join us for an hour of this exciting dice game. No experience necessary. No preregistration required.

Bain Ctr 55 yrs + 10:30-11:30am Last Fri of the month Free

Drop-In Social Bridge

Stop by for some social Bridge. Beginners welcome! Coffee, tea and light refreshments available. We gladly accept donations to the snack fund.

Kiwanis-Wallas Hall 55 yrs + 9am-noon W Free

Duplicate Bridge

Enjoy a few hours of drop-in duplicate bridge. Bring a bag lunch; coffee, tea and light refreshments available. We accept donations to the snack fund.

Kiwanis-Wallas Hall 55 yrs + Noon-3:30pm W Free

Kiwanis-Wallas Hall 55 yrs + 9:15am-12:45pm F Free

Mahjong

Kiwanis-Wallas Hall 55 yrs + 1-3:30pm W Free

Marathon Bridge

Kiwanis-Wallas Hall 55 yrs + 1-3:30pm W Free

Pinochle

Kiwanis-Wallas Hall 55 yrs + 9:30am-3:30pm F Free



Watercolors with Carol Zika can help you advance your skills!

Toss Across

Who says "close only counts in horseshoes?" In Toss Across, it definitely counts! Try the latest backyard and tailgating craze. Have fun and get a little exercise too. Meet in the Bain Center lobby. No preregistration required.

Bain Ctr 55 yrs + 10:30-11:30am F Free

Trivia Time

Come show us what you know during this entertaining hour of group trivia! Fire up those brain cells while you help your team compete. Meet in the lobby. No preregistration required.

Bain Ctr 55 yrs + 9:30-10:20am Last Fri of the month Free

Wii Bowling Club

Why let the kids have all the fun? Bowl in a virtual alley without leaving the building. You improve hand-eye coordination and get some exercise while competing against your peers. Two sessions offered each week.

Bain Ctr 55 yrs + 9:30-10:30am Tu Free

Bain Ctr 55 yrs + 10:30-11:30am Tu Free

Noontime Flicks

Join us for a noontime movie. Light refreshments served. Purchase your "Movie Ticket" at the front desk of Roger Carter Community Center the day of the movie. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs +

RP3504.201	Roger Carter Comm Ctr	Jan 9	Noon-2pm	M	\$2
RP3504.202	Roger Carter Comm Ctr	Feb 13	Noon-2pm	M	\$2
RP3504.203	Roger Carter Comm Ctr	Mar 13	Noon-2pm	M	\$2

Sports

Co-Rec Volleyball

Join senior men and women of various volleyball skill levels for competitive and fun volleyball play. Previous volleyball experience helpful. Prior to registration, visit the Meadowbrook Athletic Complex and see if this program is for you. The program meets twice a week. The fee is based on when you register and is good through the end of the calendar year. Info: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs +

RP5592.201 Meadowbrook Ath Comp Jan 3 10:30am-12:30pm Tu,F \$76



Want to make yourself get to the gym during those colder months? Take a class to motivate yourself and learn some new exercises.

Fitness

- Classes are for 18 years and up.
- Participants 12-17 years old may register, but must be accompanied by a participating parent/guardian.
- Classes listed in alphabetical order.
- Date of last class may change due to unforeseen circumstances.
- You do not need to be a Community Center member to attend HCRP fitness classes at our Community Centers.

Cardio and Strength

AM Fitness Workout

with Vickie Jacobs, AFAA, AAAI

Warm up with fun and easy moves; then move to the Precor cardio and strength training equipment for 40 minutes. Finish your workout with a great stretch to improve overall flexibility and balance. This is perfect for all fitness levels! Fitness waiver must be completed prior to exercising. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 20

RP8669.201 Roger Carter Comm Ctr Jan 10 8am-9am Tu,Th \$110

Aqua Zumba

Known as the ZUMBA pool party, this Aqua Zumba class gives new meaning to the idea of an invigorating workout! Splashing, stretching, twisting, laughing, hooting and hollering - experience it all at Aqua Zumba class. Blend together the Zumba formula and philosophy with traditional aqua fitness in a safe, challenging water-based workout that's cardio conditioning, body-tightening, and most of all, exhilarating! FREE class on January 5, register at www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10 Roger Carter Comm Ctr

RP8612.201	Michelle Taylor	Jan 10	9:45-10:30am	Tu,Th	\$99
RP8612.202	Tish Heyssel	Jan 10	6:30-7:15pm	Tu,Th	\$99
RP8612.211	Michelle Taylor	Feb 21	9:45-10:30am	Tu,Th	\$99
RP8612.212	Tish Heyssel	Feb 21	6:30-7:15pm	Tu,Th	\$99

"Build Your Engine" Strength Training with Christy Edwards, ACE

Build the engine (muscles) that burns the fuel (the food you eat)! In our 30s, our metabolism slows down... but we can speed it up with strength training. Change your body composition, help stabilize your joints, feel stronger and healthier, and look great. Challenge and strengthen every muscle group in your body to achieve balance, energy, confidence, and an increased metabolism. Bring a mat and hand weights. (No class 1/16, 2/20.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 14

RP8506.201 Thunder Hill ES Jan 11 7-8pm M,W \$63

Barre Burn with Becca Sigmund

Ballet movements combine with floor work and fitness exercises for a full workout. Sculpt and tone your body while gaining a dancer's sense of alignment and physical control. Finish with a cool down and stretch. Bring 4-to-5-lb. weights. Mats provided, but you're encouraged to bring your own. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 3

RP8282.201 Kinetics Dance Theatre Jan 18 8-9pm W \$30

Barre None with Jordan Miller, SCW

Enjoy a cutting-edge, safe and progressive method of barre training that lengthens and strengthens your muscles and improves your flexibility and posture. This fun class gives you great results! FREE class on January 10, visit www.freedomfitness.info/events to register. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 12

RP8130.201 Gary J Arthur Comm Ctr Jan 17 6-6:55pm Tu \$79

Body Conditioning

with Cyndi Kummerlowe, AFAA

Stretch, strengthen and tone your body! This combination class includes 25 minutes of a low-impact cardio workout followed by beneficial strength training. Bring a mat and 2-to-5-lb. hand weights. (No class 2/21.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 19

RP8220.201 Rockburn ES Jan 10 7:05-8pm Tu,Th \$57

Cardio Blast Interval

with Beth Harbinson, AFAA, NETA

This highly effective class includes a 25-minute cardiovascular workout with intense intervals to boost metabolism and 35 minutes of muscle conditioning, core work and stretching. All levels enjoy an intense, energetic workout! Bring hand weights (5 lbs recommended) and a mat. (No class 1/16, 2/20.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 18

RP8422.201 Veterans ES Jan 9 6:45-7:45pm M,W \$64

Cardio Crunch Challenge

with Lori Nowicki, ACE

This class has it all! With each new rotation of classes, experience something new to challenge every muscle. Classes rotate between aerobics, step, circuit, boot camp, kickboxing, athletic training, cardio stability ball, Tabata and intervals. Each class consists of 45 minutes of cardio mixed with strength, core, flexibility and balance. Experience a high-energy class at high or low impact, take the challenge and have fun. Bring a mat, hand weights and stability ball. Some classes are outdoors. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8481.201 Cedar Lane Pk-West Jan 9 9:30-10:45am M or W \$45

18 yrs + Classes: 18

RP8481.202 Cedar Lane Pk-West Jan 9 9:30-10:45am M,W \$90

Cardio Dance with Sandra Duerr, AFAA, NASM

A fun choreographed dance class that goes from warm-up steps to heart pounding dances, giving you an aerobic workout that helps to sculpt your body and makes you feel good about yourself. No sit ups or repetitions. We dance the inches away! We sweat, we laugh and we burn lots of calories! (No class 1/27.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8 Roger Carter Comm Ctr

RP8225.201 Jan 18 11:30am-12:20pm W or F \$56

18 yrs + Classes: 16 Roger Carter Comm Ctr

RP8225.202 Jan 18 11:30am-12:20pm W,F \$112

Cardio Fusion with Marianne Larkin, AAI

Your favorite cardio and toning formats are combined in one challenging, power-packed workout. The easy-to-follow moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Pump up your workouts and burn fat with a mix of everything from step, high/low and interval training to strength, core, balance and flexibility exercises inspired by yoga and Pilates. (No class 1/16, 2/20.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8482.201 Gary J Arthur Comm Ctr Jan 9 9:35-10:50am M or W \$54

18 yrs + Classes: 18

RP8482.202 Gary J Arthur Comm Ctr Jan 9 9:35-10:50am M,W \$108

Cardio Kickboxing with Robin Robinson

Exercise has never been so much fun! Cardio Kickboxing is a calorie-burning, dance-party exercise routine that combines kickboxing, aerobics and dance with great music. Get in shape and have fun doing it! Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 7

RP8551.201 N Laurel Comm Ctr Jan 26 6:30-7:30pm Th \$56

RP8551.202 N Laurel Comm Ctr Jan 28 8:15-9:15am Sa \$56

18 yrs + Classes: 14

RP8551.211 N Laurel Comm Ctr Jan 26 6:30-7:30pm Th,Sa \$112



Flexibility and variety in your workouts helps ensure that you are working your entire body. Try a new class to gain new ideas!

Circuit Weight Training with Lisa Noorani, AFAA

This super-fun workout trains your multiple muscle groups using Precor equipment. In just one hour, you get a thorough, total-body workout, including fat-burning cardio intervals. Each class finale includes targeted, no-nonsense exercises on the floor. Totally customizable, this workout is an effective way to keep challenging yourself as you gain strength. Guaranteed to be a super-motivational experience! FREE class on January 9; register at www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 21

RP8660.201 Roger Carter Comm Ctr Jan 11 9:15-10:15am M,W \$114

Fit Jam: Cardio Party with Liz Rolland

Think all workouts are boring? Think again! Join this cardio party and dance the night away to the hottest hits from around the globe. Learn the basic steps from salsa, Cumbia, hip-hop and many more dance styles. Simple choreography is very easy to learn, no experience necessary! Bring a friend and have a blast while burning tons of calories! Get ready to be gorgeous! Bring a towel and water bottle. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8350.201 Gary J Arthur Comm Ctr Jan 9 5:45-6:45pm M \$100

RP8350.202 Gary J Arthur Comm Ctr Jan 12 5:45-6:45pm Th \$100

Fit Jam: Fire and Spice! With Liz Rolland

Think workouts are boring? Think again! Spice up your workout with this unique blend of Pilates mat work, cardio dance fitness and yoga stretches set to the hottest music from around the globe. Incinerate mega calories while toning and tightening all those problem zones. Learn the basic moves first, and then challenge your workout with light weights, stability balls and bands (provided). Bring a thick yoga mat and a water bottle. This workout is hot stuff! Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8351.201 Gary J Arthur Comm Ctr Jan 13 9:30-10:45am F \$120

Fun & Friendly Bootcamp By Liz Rolland

Are you scared to try a bootcamp class? Hate drill sergeants shouting at you? Then this class is for you! Learn all the bootcamp basics from pushups to planks to burpees, all in the comfort of an indoor studio. The 45-minute workout includes a complete and careful warm-up, a variety of aerobics and strength training, specific skill drills, safe stretching, and abdominal exercises to flatten the tummy. Wear comfortable cross-training shoes. Bring a water bottle and a towel. Beginners welcome! Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8384.211 Roger Carter Comm Ctr Jan 10 10:30-11:15am Tu \$90



HIIT Workout Party workouts consists of 15 mins. of jump rope cardio blast, body weight exercises, muscle toning, core workouts and stretches in a party atmosphere.

HIIT Workout Party with Royale Fit with Emmanuel Olujimi, AAAI, ISMA

Are you ready to maximize your workout time while attaining your fitness goal in a fun atmosphere? This workout is designed to propel you to your fitness goal with a High Intensity Interval full body workout guaranteed to burn fat, increase metabolism and strengthen your muscles. Each session consists of 15 minutes of jump rope cardio blast, body weight exercises, muscle toning, core workouts and stretches in a party atmosphere. Get ready to meet the upgraded version of you, full of confident, strong and fit. All fitness levels are welcome. Bring along a jump rope, a mat and 5 or 10 lbs. pair of dumbbells. Jump ropes are available for sale. (No class 2/14.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 6

RP8550.201 N Laurel Comm Ctr Jan 17 6:30-7:30pm Tu \$57

RP8550.202 N Laurel Comm Ctr Jan 21 11am-noon Sa \$57

18 yrs + Classes: 12

RP8550.203 N Laurel Comm Ctr Jan 17 6:30-7:30pm Tu,Sa \$114

La Canne (French Cane Fighting) with Steve Savoie, Moniteur in Canne De Combat

Get a great workout while learning the unique French sport of Canne De Combat (French stick fighting). Focus on basic strikes, blocks, lunges and evasions while increasing flexibility, coordination and strength. Once you try it, you'll love it! No experience required. Practice canes provided. Shin guards recommended. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

14 yrs + Classes: 9

RP8505.201 Cedar Lane Pk-West Jan 12 8:15-9:15pm Th \$52

Parent Bootcamp with Roshaun Osborn, CPT (NCSF)

Got kids? No problem - bring them along, and train as a family! Be prepared to sweat hard! An intense, fast-paced, total body workout, incorporating dynamic movement, cardio, strength training, standing abdominal work and of course, BURPEES! Please bring water, a sweat towel and exercise mat. Children under 2 years, must have a carrier or stroller to rest in; children toddler age may attend class with their parent and participate in child friendly exercises. Info: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8554.211 N Laurel Comm Ctr Jan 17 5-6pm Tu \$72

Piloxing with Jordan Miller, SCW, AFAA

Enjoy a non-stop, cardio fusion of Pilates, boxing, and dance that pushes you past your limits for a sleek and powerful you! This class blends the power, speed and agility of boxing with the flexibility and sculpting of Pilates to give you a muscle-toning, fat-burning, exhilarating workout that makes you feel physically and mentally empowered! FREE class on January 10; register at www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 12

RP8135.201 Gary J Arthur Comm Ctr Jan 17 7-8pm Tu \$79

Step & Sculpt! With Marianne Larkin, AAAI

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Bring a mat and hand weights. (No class 2/21.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8300.211 Mt. View MS Jan 10 7-8pm Tu or Th \$60

18 yrs + Classes: 20

RP8300.212 Mt. View MS Jan 10 7-8pm Tu,Th \$120

Step & Sculpt Plus! With Marianne Larkin, AAAI

Enjoy an invigorating, fun, medium-to-high-intensity class that has it all. Pump up your cardiovascular fitness and challenge your brain with the latest turbo charged step moves combined with strength, core and balance exercises for a total body workout. Moves are demonstrated at various intensity levels so you can customize the workout to fit your needs. Steps are provided. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8300.201 Gary J Arthur Comm Ctr Jan 21 8:30-9:45am Sa \$54

Tabata Boot Camp with Lori Nowicki, ACE

Get great results in a short time! This boot camp is based on the most effective high-intensity interval training (20 seconds on, 10 seconds rest). This program includes three types of Tabata for maximum results. Burn 5x more calories after exercise. Our motto is more is not better, better is better! Workouts can be modified. (No class 1/27.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8485.201 Roger Carter Comm Ctr Jan 13 9:15-9:55am F \$45

Trim & Tighten

Enjoy a total body workout that moves to the beat of the music. Burn calories as you flow through a variety of exercises designed to sculpt and tone your body while improving your strength, balance and flexibility. Bring a mat and 2-to-5 lb. weights. (No class 2/15.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9 Kim Davis

RP8210.201 Burleigh Manor MS Jan 11 6:30-7:25pm W \$32

18 yrs + Classes: 20 Marianne Larkin

RP8210.202 Mt. View MS Jan 10 6-6:55pm Tu,Th \$70

To register, visit
www.howardcountymd.gov/rap
or call 410-313-7275.



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HoCoParks
APP

Warriors Challenge with Roshaun Osborn, CPT (NCSF)

Release your inner athlete to complete this intense total body challenge of cardio with weights, including Plyometrics training. Roast calories and increase your speed, all while sculpting and defining your body. We utilize resistance bands, medium and heavy free weights, while moving through 60 minutes of cardio. Bring your A-game, water, an exercise mat, and a sweat towel, and be prepared to earn bragging rights and a stronger body to boot! Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8554.201 N Laurel Comm Ctr Jan 23 5-6pm M or W \$72

18 yrs + Classes: 18

RP8554.202 N Laurel Comm Ctr Jan 23 5-6pm M,W \$162

WERQ® Top 40 Fitness Party by Tracy Cox, AFAA

WERQ® is the fiercely fun dance fitness class based on pop, rock and hip-hop music taught by licensed and certified fitness professionals. For information on this fiercely funky program, visit www.werqfitness.com. FREE class on January 9. Register at: www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 11

RP8430.211 Mt. View MS Jan 18 9:15-10:15am W \$99

Zumba

Zumba takes the "work" out of "workout" by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and world rhythms take over, you'll see why Zumba® Fitness is exercise in disguise. Super effective? Check. Super fun? Check. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Stephanie Scott, Zumba (No class 1/16, 2/20) Classes: 9

Join us for a FREE trial class on Jan 4, 5:30-6:30pm. Call 410-313-2764 to sign up.

RP8330.201 Roger Carter Comm Ctr Jan 9 5:30-6:30pm M \$60

18 yrs + Stephanie Scott, Zumba Classes: 11

RP8330.202 Roger Carter Comm Ctr Jan 11 5:30-6:30pm W \$72

18 yrs + Sandra Duerr, AFAA, NASM (No class 1/16, 2/20) Classes: 7

RP8330.221 Roger Carter Comm Ctr Jan 23 12:45-1:30pm M \$49

RP8330.222 Roger Carter Comm Ctr Jan 23 8-8:45pm M \$49

18 yrs + Brandi Harrington, Zumba, AFAA Classes: 10

RP8360.201 Misako Beats Jan 23 7-8pm M \$120

RP8360.202 N Laurel Comm Ctr Jan 14 9:30-10:30am Sa \$120

18 yrs + Tracy Cox, Zumba, AFAA (No class 1/16, 2/20) Classes: 10

Join us for a FREE trial class on Jan 9. Register at www.freedomfitness.info/events.

RP8430.201 Mt. View MS Jan 23 9:15-10:15am M \$74

18 yrs + Logan Smith, Zumba, AFAA (No class 1/16, 2/20) Classes: 21

Join us for a FREE trial class on Jan 9. Register at www.freedomfitness.info/events.

RP8430.202 N Laurel Comm Ctr Jan 11 6:30-7:20pm M,W \$159

18 yrs + Cheryl Osborne, Zumba, AFAA (No class 1/16, 2/20) Classes: 21

Join us for a FREE trial class on Jan 9. Register at www.freedomfitness.info/events.

RP8430.203 Mt. View MS Jan 11 6:30-7:20pm M,W \$159

NEW! STRONG by Zumba

Introducing music-led interval training: STRONG by Zumba. This class combines high intensity interval training with the science of Synced Music Motivation. In every class, music and moves sync in a way that pushes you past your perceived limits, to reach your fitness goals faster. FREE class on January 23, register at www.freedomfitness.info/events. (No class 2/20.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8430.204 N Laurel Comm Ctr Jan 30 7:30-8:20pm M \$80



When trying to make sure you continue to exercise, signing up for classes helps. It gives you a set schedule - and some new workout buddies.

Health & Relaxation

Gentle Yoga with Tracy Cox, Yogafit, AFAA

This relaxed, fun, but purposeful version of yoga emphasizes yoga movements and poses to build strength, grace and mindfulness. Bring a yoga mat. FREE class on January 11, register at

www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 11

RP8420.203 Mt. View MS Jan 18 10:15-11:15am W \$99

Hatha Yoga for Flexibility & Relaxation

Create a calm, peaceful awareness of both body and mind through the ancient art of yoga. Classic yoga postures and breathing techniques are practiced in a flowing style that integrates movement and breath. Come prepared to lengthen, strengthen and relax. Beginning and ongoing students are welcome. Yoga mats/blocks provided. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8240.201 Kinetics Dance Theatre Jan 19 9:45-10:45am Th \$100

RP8240.202 Kinetics Dance Theatre Jan 20 7:15-8:15pm F \$100

NEW! Vinyasa Yoga

Looking for the yoga class to get energized while helping you build strength and flexibility? This upbeat yoga practice will keep you present as you learn to move gracefully in and out of poses. All movements are synchronized with the breath to connect body and soul. Bring your own mat.

18 yrs + Classes: 9

RP8155.231 Misako Beats Jan 21 9:30-10:30am Sa \$112

Introduction to Pilates with Christine Williams

Connect your mind, body and spirit as you practice this systematic exercise program. This series of flowing movements and breathing patterns lengthen and strengthen your muscles with a primary focus on the powerhouse/abdominals. All levels of practitioners are welcome. Please bring a mat. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8155.201 Misako Ballet Studio Jan 21 8:30-9:30am Sa \$112

Pilates Plus with Liz Rolland

This matwork class strengthens and tones all major muscle groups, focusing specifically on abdominals, back, hips, and thighs. Light weights will be added in order to intensify your workout once the basic exercises have been learned. Enjoy gentle yoga stretches and a full-body relaxation that leaves you refreshed and ready to face the day! Bring a yoga or Pilates mat and a thick beach towel. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8384.201 Roger Carter Comm Ctr Jan 10 9:15-10:15am Tu \$120

Pilates

with Marc Scimonelli, AFAA, NETA, Pilates

This whole-body program emphasizes core strengthening for abdominal and lower back muscles. You work everything from your neck to your knees to your entire core. Tone and lengthen your muscles, increase your strength, improve your posture and flexibility, and have fun doing it! Bring a mat. FREE class on January 10; register at www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 23

RP8420.201 Cedar Lane Pk-West Jan 12 7:15-8:15pm Tu,Th \$129

Level II Pilates

with Marc Scimonelli, AFAA, NETA, Pilates

Pilates, Level II is limited to only 12 people, giving the experienced Pilates enthusiast more individualized instruction. This whole-body program emphasizes core strengthening for abdominal and lower back muscles. You work everything from your neck to your knees to your entire core. Have fun toning and lengthening your muscles, increasing your strength, and improving your posture and flexibility! Bring a mat. FREE class on January 10; register at www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 23

RP8420.211 Cedar Lane Pk-West Jan 12 6:15-7:15pm Tu,Th \$199

PiYo® with Lisa Noorani, AFAA

Ready to find your flex appeal? Experience an intense but low-impact workout that burns crazy calories for a long, lean, beautiful physique. PiYo® combines the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility of flowing yoga movements. Use your body weight to perform a series of continuous targeted moves to define every single muscle, big and small. You sweat, stretch and strengthen all in one PiYo® workout! No weights, no jumps, no bulk, just hardcore results. FREE class on January 9; register at www.freedomfitness.info/events. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 12

RP8435.201 Roger Carter Comm Ctr Jan 11 10:30-11:20am M,W \$156

Power Yoga Intermediate with Kris Copeman

This class is an energizing, athletic way of practicing yoga postures that emphasize strength, flexibility and stamina while creating the calm awareness to the mind and body. If you want a fitness-based class designed to build upper-body and core strength while increasing flexibility and reducing stress, this Ashtanga-based yoga is for you! This is an intermediate class; prior yoga experience is required. Yoga mats/blocks provided. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8241.201 Kinetics Dance Theatre Jan 19 11am-noon Th \$100

Qigong with Chris Judge

Qigong is a moving meditation practice that brings balance to the body and mind by connecting thoughtful movement with deep breathing. Learn a series of gently flowing movements that will strengthen muscles and tendons, stabilize joints and quiet the mind. All levels of practitioner are welcome. Please wear comfortable clothing, no mat required. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 8

RP8155.221 Misako Beats Jan 18 7-8pm W \$99

Revive, Relax & Renew

with Yoga with Mary Garratt

Even if you can't twist into a pretzel, you can enjoy yoga. Classes are an active, physical workout and a relaxing, meditative work-in. This class is for beginners or those with some yoga experience. Explore and expand your own strength, flexibility, balance, and focus. You leave each class feeling better than when you walked in. Bring a mat/blanket. (No class 1/16.) Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8252.201 Gary J Arthur Comm Ctr Jan 9 7-8pm M \$86

18 yrs + Classes: 10

RP8252.202 Gary J Arthur Comm Ctr Jan 11 5:45-6:45pm W \$95

Scoop Pilates with Lori Nowicki, AAI, AFPA

Pilates is the ultimate mind-body exercise program. This class, designed for the experienced Pilates exerciser, can be modified for the beginner. Exercises incorporate multiple repetitions, mixed tempos, added equipment and reformer-like movements. Strengthen your legs, arms and core, increase your flexibility, and reduce stress! Focus is on core, balance, breathing, and alignment. Bring your own mat and ball. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 19

RP8154.201 Cedar Lane Pk-West Jan 10 9-10am Tu,Th \$133

Sunday Afternoon Yoga with Mary Garratt

Ease your way from the weekend to the work week with yoga. Come refresh your body and calm your mind. Whether you're new to yoga or have experience, enjoy the benefits of an energizing, physical workout and a soothing, meditative work-in. Explore and expand your strength, flexibility, balance and focus. Leave each class relaxed and ready to take on the week! Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 9

RP8252.212 Gary J Arthur Comm Ctr Jan 15 2-3pm Su \$86

Tai Chi

Tai Chi offers a variety of health benefits, including joint stability, balance and coordination. It improves mental focus, increases energy and releases stress. (No class 3/9.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

18 yrs + Classes: 11 Scott Vandame

RP8850.203 Beg Murray Hill MS Jan 12 7-8pm Th \$86

RP8850.204 Adv Murray Hill MS Jan 12 8:05-9:05pm Th \$86

18 yrs + Classes: 12 Tim Kwei

RP8850.201 Beg Dunloggin MS Jan 11 7-8pm W \$93

RP8850.202 Adv Dunloggin MS Jan 11 8:05-9:05pm W \$93

Teen Yoga with Rachel Wolfe

This class follows Vinyasa yoga, a smoothly flowing style that synchronizes breath with each movement. This is an energizing class for the beginner or intermediate that strengthens and stretches muscles with sun salutations, standing poses, balancing poses, reclining and seated poses.

The integration of breath relaxes the mind while providing maximum energy to the body. Yoga mats/blocks provided but please bring your own mat if you have one. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

13-17 yrs Classes: 10

RP8245.201 Kinetics Dance Theatre Jan 20 4:30-5:30pm F \$100

Therapeutic Massage

Skilled, gentle, massage therapy can help you feel better physically, by easing pain and allowing the body to relax. Experience the benefits of Therapeutic Massage and Reflexology offered by Carol Lancaster, Licensed Massage Therapist. Info/schedule appointment: 410-313-4840.

18 yrs + ½ hr - \$35, 1 hr - \$60, 1 ½ hr - \$85, Reflexology - \$45

Gary J. Arthur Comm Ctr 10am-9pm Tu

Yoga for a Stressful World with Liz Rolland

Step out of the busy chaos of life and learn to slow down and breathe. Practice tuning out the noise of the world while tuning in to peace and joy. Relieve stress and tension with simple, safe yoga postures and sequences, gentle stretches, deep breathing techniques, and guided relaxation, including yoga nidra. No prior yoga experience necessary. Please bring a yoga mat and a thick beach towel to each class. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8284.201 Roger Carter Comm Ctr Jan 9 9:15-10:15am M \$120

Yoga Nidra: Deep Relaxation with Liz Rolland

Yoga Nidra is an ancient method of releasing tension from both the body and the mind. This gentle, easy practice has been proven to help relieve stress and insomnia, and has even been shown to help with Post Traumatic Stress Disorder. But you don't need to suffer from any of these to benefit from the thirty minutes of simple warm-up stretches and thirty minutes of complete relaxation this class provides. Have you been burning the candle at both ends? Join us to bring some peace and tranquility into your life. Bring a thick yoga mat, a large beach towel or blanket, and get ready to relax! Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8284.202 Gary J Arthur Comm Ctr Jan 13 11am-noon F \$120

Yogalates with EC Goode

This class merges two disciplines, yoga, and Pilates. A fusion of the ancient discipline of yoga with the modern Pilates techniques, the exercises mix both disciplines to develop core strength, tone muscles, increase flexibility and reduce stress. Beginning and ongoing students are welcome. Yoga mats/blocks are provided, but please bring your own mat if you have one. Info/Fitness Waiver: Amy Patton, 410-313-4718 or apatton@howardcountymd.gov.

18 yrs + Classes: 10

RP8244.201 Kinetics Dance Theatre Jan 17 8:30-9:30pm Tu \$100

Adults (55 yrs +)

Exercise with Ease

This well-rounded hour of fitness for active seniors includes low-impact aerobics, stretching, muscle tone and strength activities aimed at improving endurance, body alignment, balance, and proper breathing. Listen to upbeat music while learning simple choreographed moves. Info/Fitness Waiver: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 18

RP8060.201 E. Columbia 50+ Ctr Jan 10 8:50-9:50am Tu,Th \$54



Want to ensure that you maintain muscle and flexibility in a non-threatening, non-competitive setting? Then come enjoy Exercise with Ease.

Fitness for Life 17 classes

This class, designed for active adults, combines easy-to-follow aerobics, weight and cardio training with Keiser and Precor equipment, free weights, bands, floor exercises, balance training and stretching. A fitness waiver must be completed prior to exercising. (No class 1/16, 1/27, 2/20, 2/21.) Info/Fitness Waiver: Cathy Vigus, 410-313-7311 or cvigus@howardcountymd.gov.

55 yrs + Classes: 9

RP8666.201 Roger Carter Comm Ctr Jan 13 10-11:15am F \$54

55 yrs + Classes: 17

RP8666.202 N Laurel Comm Ctr Jan 9 1-2:15pm M,W \$102

55 yrs + Classes: 18

RP8666.203 Roger Carter Comm Ctr Jan 10 12:15-1:30pm Tu,Th \$108

RP8666.204 Gary J Arthur Comm Ctr Jan 10 10:30-11:45am Tu,Th \$108

Personal Training

Personal Training

Each session is customized to fit your individual needs and abilities. Private training sessions are one participant to one trainer; semi-private sessions are up to three participants to one trainer. Sessions are non-transferrable. Registration for sessions is first-come, first-served; walk-in and phone registrations only. All sessions must be scheduled at the time of registration. Info: 410-313-4840, or Sara Schwab, 410-313-4842 or sschwab@howardcountymd.gov.

13 yrs+ Gary J Arthur Comm Ctr Ongoing

1 session	(30 minutes, private)	\$45
1 session	(60 minutes, private)	\$75
4 sessions	(30 minutes, private)	\$160
8 sessions	(30 minutes, private)	\$299
4 sessions	(30 minutes, semi-private, group of 3)	\$240
8 sessions	(30 minutes, semi-private, group of 3)	\$459

Concussion Information

www.howardcountymd.gov/concussion

What is a concussion?

A concussion is a type of brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head. Concussions can also occur from a blow to the body that causes the head and brain to move rapidly back and forth. Even what seems to be a mild blow to the head can be serious.

What are some warning signs of a concussion? — For Immediate Attention Call 911

Signs Observed by a Parent/Guardian

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets sports plays
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can't recall events prior to hit or fall
- Can't recall events after hit or fall

Signs Reported by the Athlete

- Headache or "pressure" in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, or groggy
- Concentration or memory problems
- Confusion
- Does not "feel right"

What should you do if you think a concussion has occurred?

1. Seek medical attention right away.

A health care professional will be able to decide how serious the concussion is and when it is safe to return to play.

2. Legally, you must keep your child out of play until medically cleared by a qualified health care provider.

Concussions take time to heal. Don't let your child return to play until a health care professional says it's ok. Children who return to play too soon, while the brain is still healing, risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.

3. Inform all coaches about any recent concussions.

Coaches should know if your child has had a recent concussion. Your child's coach may not know about a concussion your child received in another sport or activity unless you tell them.

4. Help your child return to sports safely after a concussion.

As symptoms decrease, the extra help or support can be removed gradually. Children and teens who return to activities after a concussion may need to

- Take rest breaks as needed
- Spend fewer hours at activities
- If in doubt, sit it out!

Consider getting a baseline test performed before a concussion occurs.

Righttime Medical Care, HeadFirst Sports Injury and Concussion Care is an innovative community program for young athletes, their families, physicians, coaches and athletic trainers in the education and evaluation of concussions, baseline testing and navigation to appropriate care in the unfortunate event a young athlete sustains a Traumatic Brain Injury.

One tool that assesses the symptoms of concussion is the ImPACT (Immediate Post Concussion Assessment and Cognitive Testing) test. ImPACT is a computerized exam that measures cognitive brain function and reaction time of athletes 10 years of age and older. It can be administered to student athletes before an injury occurs to assess pre-injury cognitive function and reaction time. It's also used to measure the impact a concussion has on areas of brain function after an injury. Essentially, the ImPACT test is a preseason physical of the brain.

HeadFirst offers ImPACT baseline testing. This non-invasive test is set up in "video-game" style and takes about 25 minutes to complete. Righttime Medical Care's HeadFirst program also offers free baseline tests to athletes ages 10 & up who currently participate in Howard County Recreation & Parks programs. ImPACT testing is offered by appointment at the following locations. Info/appointment: 888-808-6483 or www.myheadfirst.com.
6334 Cedar Lane, Columbia, MD 21044
18045 Georgia Avenue, Olney, MD 20832
2401 Brandermill Boulevard, Gambrills, MD 21054

Sudden Cardiac Arrest

www.howardcountymd.gov/suddencardiacarrest

What is Sudden Cardiac Arrest?

Sudden Cardiac Arrest (SCA) is a potentially fatal condition in which the heart suddenly and unexpectedly stops beating. When this happens, blood stops flowing to the brain and other vital organs. Student athletes' risk of SCA is nearly four times that of non-athletes due to increased demands on the heart during exercise. SCA is caused by several structural and electrical diseases of the heart. These conditions predispose an individual to have an abnormal rhythm that can be fatal if not treated within a few minutes. Most conditions responsible for SCA in children are inherited, which means the tendency to have these conditions is passed from parents to children through the genes. Other possible causes of SCA are a sudden blunt non-penetrating blow to the chest and the use of recreational or performance-enhancing drugs and/or energy drinks.

Warning Signs of SCA

- SCA strikes immediately.
- SCA should be suspected in any athlete who has collapsed and is unresponsive.
- No response to tapping on shoulders
- Does nothing when asked if he/she is OK
- No pulse

Emergency Response to SCA

- Act immediately; time is most critical to increase survival rates.
- Recognize SCA.
- Call 911 immediately and activate EMS.
- Administer CPR.
- Use Automatic External Defibrillator (AED).

Warning Signs of Potential Heart Issues: The following need to be further evaluated by your primary care provider.

Risk of Inaction: Ignoring such symptoms and continuing to play could be catastrophic and result in sudden cardiac death. Taking these warning symptoms seriously and seeking timely appropriate medical care can prevent serious and possibly fatal consequences.

- Family history of heart disease/cardiac arrest
- Fainting, a seizure, or convulsions during physical activity
- Fainting or a seizure from emotional excitement, emotional distress, or being startled
- Dizziness or lightheadedness, especially during exertion
- Exercise-induced chest pain
- Palpitations: awareness of the heart beating, especially if associated with other symptoms such as dizziness
- Extreme tiredness or shortness of breath associated with exercise
- History of high blood pressure

How Can We Minimize The Risk of SCA & Improve Outcomes?

The risk of SCA in student athletes can be minimized by providing appropriate prevention, recognition and treatment strategies. One way to minimize risk is through an annual pre-participation screening evaluation, often called a sports physical, performed by the athlete's medical provider.

1. There is a "Pre-Participation Physical Evaluation Form" available at <http://www.mpssaa.org/healthandsafety/forms.asp>.
2. Since the majority of these conditions are inherited, be aware of your family history, especially if any close family member:
 - a. had sudden unexplained and unexpected death before the age of 50.
 - b. was diagnosed with any of the heart conditions listed above.
 - c. died suddenly/unexpectedly during physical activity, during a seizure, from Sudden Infant Death Syndrome (SIDS) or from drowning.
3. Take seriously the warning signs and symptoms of SCA. Athletes should notify their parents, coaches, or school nurses if they experience any of these warning signs or symptoms.
4. Schools in Maryland have AED policies and emergency preparedness plans to address SCA and other emergencies in schools. Be aware of your school's various preventive measures.
5. If a cardiovascular disorder is suspected or diagnosed based on the comprehensive pre-participation screening evaluation, a referral to a child heart specialist or pediatric cardiologist is crucial. Such athletes should stop playing sports pending further evaluation and clearance by their medical providers.

Info from American Heart Association (www.heart.org), Parent Heart Watch (www.parentheartwatch.org) and the Sudden Cardiac Arrest Foundation (www.sca-aware.org).

Sports

• Superintendent: Allan Harden, 410-313-4652.

Coaches' and Administrator's Registry

All children's sports coaches and administrators (volunteer or paid) are members of the Coaches' and Administrator's Registry. Membership requirements include:

- Annual National background screening
- American Sport Education Program certification
- Concussion and Cardiac Arrest awareness training
- Membership badge with photo and membership expiration date to be displayed by coach on field/court

League Refund Policy

Unless otherwise directed in the community sport program description, a 20% administrative fee is deducted for all refund requests more than four (4) weeks prior to league starting; a 50% refund if withdrawal requested more than two (2) weeks prior to league starting; no refunds are given less than two (2) weeks prior to the start of the league. Registration is accepted on a first-come, first-served basis up to the registration deadline listed in each league description. Additional teams may be accepted at the league commissioner's discretion. Special requests for youth leagues should be made at the time of registration, are not guaranteed, and are at the discretion of the department.

Aquatics

- Swimming lessons emphasize skills needed to be safe in an aquatic environment. All our instructors have been trained at our facility and are knowledgeable about the programs we teach.
- Be sure to register your child for the appropriate level. If space allows, a participant may be moved to a lower or more advanced level at the discretion of the swim lesson coordinator.
- For multiple sessions, register your child in the same course for a minimum of two sessions. Children often require more than one session to master the skills needed to proceed to the next level.
- Parents and guardians are not permitted to assist child during the lesson, except for the parent-child or Therapeutic Recreation classes. Accompanying adult for children under 16 must remain at the facility.
- Swimming diapers and/or rubber shorts must be worn.
- Read Concussion & Sudden Cardiac Arrest info on pages 64-65. Your family's review of this info is required by law before you're allowed to register for sports/swim programs.

Group Exercises (0-18 yrs)

Baby Water Play: Parent/Child

Parents, learn how to work safely with your child in the water, including how to appropriately support and hold your child. With an adult, children explore submerging, buoyancy and entering and exiting safely. Children begin to glide on the front and back with assistance and change body position in the water. Swimming diapers or rubber shorts in addition to swim wear must be worn. Registration/Info: 410-313-2764.

6 mos-3 yrs Classes: 8

RP4007.201	Roger Carter Comm Ctr	Jan 24	5:30-5:50pm	Tu,Th	\$70
RP4007.202	Roger Carter Comm Ctr	Jan 24	11-11:20am	Tu,Th	\$70
RP4007.203	Roger Carter Comm Ctr	Feb 28	5:30-5:50pm	Tu,Th	\$70
RP4007.204	Roger Carter Comm Ctr	Feb 28	11-11:20am	Tu,Th	\$70



Come start your child on the path to a life-time of joy.

Preschool Swimming

Level 1

Your child becomes familiar with the aquatic environment and learns basic water skills such as water entry and exit, breath control, buoyancy, treading and swimming on the front and back with support. This class creates the foundation for safe practices.

Level 2 (must have passed Level 1)

After completing Level 1, children become more independent through more advanced fundamentals of water entry and exit, breath control, buoyancy, treading and swimming on the front and back with assistance as needed.

Level 3 (must have passed Level 2)

After completing Level 2, children practice independent water entry and exit, breath control, buoyancy, treading and swimming on the front and back at a more proficient level. Emphasis is on improved coordination of combined simultaneous and alternating arm and leg actions. Registration/Info: 410-313-2764.

4-5 yrs Level 1 Classes: 8

RP4009.201	Roger Carter Comm Ctr	Jan 24	5-5:20pm	Tu,Th	\$70
RP4009.202	Roger Carter Comm Ctr	Jan 24	5:30-5:50pm	Tu,Th	\$70
RP4009.203	Roger Carter Comm Ctr	Jan 25	11-11:20am	W,F	\$70
RP4009.204	Roger Carter Comm Ctr	Feb 28	5-5:20pm	Tu,Th	\$70
RP4009.205	Roger Carter Comm Ctr	Feb 28	5:30-5:50pm	Tu,Th	\$70
RP4009.206	Roger Carter Comm Ctr	Mar 1	11-11:20am	W,F	\$70

4-5 yrs Level 2 Classes: 8

RP4010.201	Roger Carter Comm Ctr	Jan 24	6-6:20pm	Tu,Th	\$70
RP4010.202	Roger Carter Comm Ctr	Jan 24	7:20-7:40pm	Tu,Th	\$70
RP4010.203	Roger Carter Comm Ctr	Feb 28	6-6:20pm	Tu,Th	\$70
RP4010.204	Roger Carter Comm Ctr	Feb 28	7:20-7:40pm	Tu,Th	\$70

4-5 yrs Level 3 Classes: 8

RP4011.201	Roger Carter Comm Ctr	Jan 24	6-6:20pm	Tu,Th	\$70
RP4011.202	Roger Carter Comm Ctr	Jan 24	7:20-7:40pm	Tu,Th	\$70
RP4011.203	Roger Carter Comm Ctr	Feb 28	6-6:20pm	Tu,Th	\$70
RP4011.204	Roger Carter Comm Ctr	Feb 28	7:20-7:40pm	Tu,Th	\$70

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



Working on your strokes to ensure you are ready for summer swim team? Check out our stroke and turn clinics.

Aqua Kids

Level 1

In this introduction to swimming, learn basic water safety and skills. Skills include safe entry and exit, breath control, floating and swimming on the front and back.

Level 2 (must have passed Level 1)

After completing Level 1, build on the fundamental skills of entry and exit, breath control and buoyancy. Emphasis on combined simultaneous and alternating arm and leg action at a more proficient level. Learning how to float unassisted as well as treading in deep water.

Level 3 (must have passed Level 2)

After completing Level 2, build on your skills and begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Begin to learn head-first entries. You should be able to swim 15 yards freestyle and backstroke unassisted and be comfortable in deep water. Class taught in deep water. Registration/Info: 410-313-2764.

6-10 yrs Level 1 Classes: 8

RP4012.201	Roger Carter Comm Ctr	Jan 24	5-5:30pm	Tu,Th	\$80
RP4012.202	Roger Carter Comm Ctr	Jan 25	5:35-6:05pm	W,F	\$80
RP4012.203	Roger Carter Comm Ctr	Feb 28	5-5:30pm	Tu,Th	\$80
RP4012.204	Roger Carter Comm Ctr	Mar 1	5:35-6:05pm	W,F	\$80

6-10 yrs Level 2 Classes: 8

RP4013.201	Roger Carter Comm Ctr	Jan 25	5-5:30pm	W,F	\$80
RP4013.202	Roger Carter Comm Ctr	Jan 25	6:45-7:15pm	W,F	\$80
RP4013.203	Roger Carter Comm Ctr	Mar 1	5-5:30pm	W,F	\$80
RP4013.204	Roger Carter Comm Ctr	Mar 1	6:45-7:15pm	W,F	\$80

6-10 yrs Level 3 Classes: 8

RP4014.201	Roger Carter Comm Ctr	Jan 25	6:10-6:40pm	W,F	\$80
RP4014.202	Roger Carter Comm Ctr	Jan 25	7:20-7:50pm	W,F	\$80
RP4014.203	Roger Carter Comm Ctr	Mar 1	6:10-6:40pm	W,F	\$80
RP4014.204	Roger Carter Comm Ctr	Mar 1	7:20-7:50pm	W,F	\$80

Learn to Swim

Beginner

Learn basic water safety and skills. Basic aquatic skills including safe entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught. Learn how to float without support and recover to a standing position.

Intermediate

After completing Beginner Level, build on fundamentals of entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back. Deep water safety is introduced. Begin scissor and dolphin kicks, survival float, front crawl and elementary backstroke. Start to learn head-first entries. Registration/Info: 410-313-2764.

11-15 yrs Beginner Classes: 8

RP4015.201	Roger Carter Comm Ctr	Jan 25	7:55-8:25pm	W,F	\$80
RP4015.202	Roger Carter Comm Ctr	Mar 1	7:55-8:25pm	W,F	\$80

11-15 yrs Intermediate Classes: 8

RP4016.201	Roger Carter Comm Ctr	Jan 25	8:30-9pm	W,F	\$80
RP4016.202	Roger Carter Comm Ctr	Mar 1	8:30-9pm	W,F	\$80

Private Lessons (3 yrs +)

Private/Semi-Private Swim Lessons

Each lesson lasts 30 minutes and is customized to fit individual needs and swimming abilities. Private lessons include one participant to one instructor; semi-private lessons include up to three participants to one instructor. Semi-private lessons participants must be of similar age and ability. Lessons are not transferable. Registration is first-come, first-served. All lessons must be scheduled at the time of registration online, in person, or over the phone. Registration: 410-313-2764. Info: Stacy Tozaki, 410-313-2765 or stozaki@howardcountymd.gov.

3 yrs + Ongoing Roger Carter Comm Ctr

RP4020.201	Private	8 classes	\$252
RP4020.202	Semi-private	8 classes	\$441

Swim Team (6-18 yrs)

Swim Team Training

Pre-Swim Team Skills

In this stroke improvement course, work on the front crawl and elementary backstroke for longer distances and be introduced to sidestroke, back crawl, breaststroke and butterfly. The basics of turning at the wall and diving are presented. This is the perfect course for those interested in swim team! Prerequisite: 25 yards of freestyle and 25 yards of backstroke.

Rec Swim League

Thinking about swim team? This recreational league teaches you the basics of competing. Practices are one hour twice a week for four weeks. Practice group times will be emailed to the participants 1 week before the start of the season. Prerequisites: 25 yard freestyle, 25 yard backstroke and 25 yard breaststroke.

Stroke and Turn Clinic

Are you already a competitive swimmer? Work on perfecting each stroke and learn flip turns for continuous swimming for competitions and triathlons. Prerequisite: 50-yard backstroke, 50-yard breaststroke, and 50-yard freestyle. Registration/Info: 410-313-2764.

6-18 yrs Pre-Swim Team Skills Classes: 8

RP4018.201	Roger Carter Comm Ctr	Jan 24	8-8:30pm	Tu,Th	\$80
RP4018.202	Roger Carter Comm Ctr	Jan 24	8:30-9pm	Tu,Th	\$80
RP4018.203	Roger Carter Comm Ctr	Feb 28	8-8:30pm	Tu,Th	\$80
RP4018.204	Roger Carter Comm Ctr	Feb 28	8:30-9pm	Tu,Th	\$80

6-10 yrs Rec Swim League Classes: 8

RP4022.201	Roger Carter Comm Ctr	Jan 23	5-6pm	M,Sa	\$114
RP4022.202	Roger Carter Comm Ctr	Feb 27	5-6pm	M,Sa	\$114

11-18 yrs Rec Swim League Classes: 8

RP4022.203	Roger Carter Comm Ctr	Jan 23	6-7pm	M,Sa	\$114
RP4022.204	Roger Carter Comm Ctr	Feb 27	6-7pm	M,Sa	\$114

10 yrs + Stroke and Turn Clinic Classes: 8

RP4024.201	Roger Carter Comm Ctr	Jan 23	7:30-8:30pm	M	\$100
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Lessons & Drop-In (18 yrs +)

Adult Swim Lessons

Beginner

Adults who never learned how to swim, this is the class for you. Also, build on the basic fundamentals of swimming. Entry and exit, breath control, buoyancy, treading, changing direction and swimming on the front and back are taught.

Intermediate

Looking to refine and hone your stroke and turn skills? Adults with intermediate swimming skills, refine their stroke and breathing skills for continuous swimming. Freestyle, backstroke, breaststroke and rhythmic breathing are heavily emphasized. Registration/Info: 410-313-2764.

16 yrs + Beginner Classes: 8

RP4019.201 Roger Carter Comm Ctr Jan 24 8-8:30pm Tu,Th \$80

RP4019.202 Roger Carter Comm Ctr Feb 28 8-8:30pm Tu,Th \$80

16 yrs + Intermediate Classes: 8

RP4023.201 Roger Carter Comm Ctr Jan 24 8:30-9pm Tu,Th \$80

RP4023.202 Roger Carter Comm Ctr Feb 28 8:30-9pm Tu,Th \$80

Guarding & Certification (15 yrs +)

Lifeguard Review

Re-certify in just 10 hours! This course is for those who are currently certified in Lifeguarding/First Aid and CPR/AED. This is a competency test of skills with limited review with an instructor. Participants must provide copies of current certifications upon registration. Upon successful completion of the review, gain two-year certifications for Lifeguarding/First Aid and CPR/AED for the Lifeguard. Registration/Info: 410-313-2764.

15 yrs + Classes: 2

RP4003.201 Roger Carter Comm Ctr Feb 20 5-10pm M-Tu \$125

Lifeguard Training

Prepare to save lives and make a difference in your community! Learn the skills necessary to prevent and respond to aquatic emergencies. Specific pre-course swimming requirements available when registering. Lifeguard participant manuals are provided upon successful completion of the recouse. You must attend every class, successfully complete required skills and pass written exams to receive the Red Cross certifications for 2 years in Lifeguarding/First Aid and CPR/AED for the professional rescuer. You must be prepared to swim at all classes. Registration/Info: 410-313-2764.

15 yrs + Classes: 3

RP4002.201 Roger Carter Comm Ctr Jan 27 9am-5pm F-Su \$205

RP4002.202 Roger Carter Comm Ctr Feb 17 9am-5pm F-Su \$205

Badminton

Adult Badminton

Play badminton during the day or at night! Join other badminton players of all ability levels in singles and doubles matches. The Meadowbrook Athletic Complex has courts set up during the designated times. Bring your own rackets and shuttlecocks. Info: Will Dunmore, 410-313-1697 (night); Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov (day).

18 yrs + Classes: 12

RP6830.201 Meadowbrook Ath Comp Jan 9 8-11pm M \$60

RP6830.221 Meadowbrook Ath Comp Jan 12 Noon-2pm Th \$48



Come enjoy learning tee ball with patient instructors.

Baseball & Tee Ball

Pre-K & Youth Instruction (3-15 yrs)

Tiny Tykes Tee Ball

Batter up! Nobody strikes out and everyone hits home runs! Our age-appropriate equipment and activities are designed to provide a successful introduction to the skills of batting, catching, throwing, and base running. Parents are encouraged to follow the coach's instructions to assist in the games and activities with your child. (No class 2/20-21, 3/9-10.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6053.201 Meadowbrook Ath Comp Jan 30 9:30-10:15am M \$75

RP6053.202 N Laurel Comm Ctr Jan 31 5-5:45pm Tu \$75

RP6053.203 Meadowbrook Ath Comp Feb 1 1:30-2:15pm W \$75

RP6053.204 Meadowbrook Ath Comp Feb 2 1:30-2:15pm Th \$75

RP6053.205 Thunder Hill ES Feb 2 6:30-7:15pm Th \$75

RP6053.206 Meadowbrook Ath Comp Feb 3 9:30-10:15am F \$75

RP6053.207 Ducketts Lane ES Feb 4 10:30-11:15am Sa \$75

RP6053.208 Hollifield Station ES Feb 4 2:30-3:15pm Sa \$75

Columbia Baseball & Softball Fest flickr

Come prepare for spring with the 4th annual Columbia Baseball & Softball Fest! This exciting event features a visit from the Baltimore Oriole Bird, free player clinic put on by instructors from the Columbia Baseball & Softball League, equipment sales, and on-site program registration. Bring a glove, all other equipment is provided. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

4-14 yrs Classes: 1

RP5990.303 Long Reach HS Mar 18 10am-2pm Sa Free

Baseball Winter Tune-Up with Casey Medairy

Move indoors from the cold to develop and improve hitting, pitching and fielding skills. This program focuses on positional breakdown, fundamentals of defensive fielding and hitting, and some base running. Instruction is led by Hammond High School varsity coach Casey Medairy. Players are divided into groups based on ability and age. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-15 yrs Classes: 4

RP6055.201 Hammond HS Jan 8 10am-noon Su \$110

Columbia Baseball Winter Indoor Clinic

Prepare for the spring season in this once-a-week, indoor baseball clinic. Work on defense, hitting, pitching and catching. Instruction provided by Columbia Baseball League coaches, Howard County high school coaches, and high school and college players. Players are divided into groups based on ability/age. Meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyma@howardcountymd.gov.

6-8 yrs Classes: 4

RP5990.201 Long Reach HS Feb 12 9-10:30am Su \$83

9-10 yrs Classes: 4

RP5990.202 Long Reach HS Feb 12 10:45am-12:15pm Su \$83

11-14 yrs Classes: 4

RP5990.203 Long Reach HS Feb 12 12:30-2pm Su \$83

Pre-K & Youth Leagues (4-18 yrs)

• League Refund Policy Page 66

Columbia Baseball League - Spring

This exciting league features tee ball, in-house baseball, and teams at the 11-12 and 13-14 age groups that play in the HC Alliance League with surrounding organizations. The tee ball and in-house baseball leagues consist of weeknight practices and one Saturday or Sunday game per week. Weeknight games may be added at the league's discretion. Bring your glove; all other equipment is provided. Head coaches have baseball-specific training and experience. Volunteer coaches welcome. Fee includes shirt and hat. Practice locations and game schedule TBD. Practices and games for tee ball and in-house baseball are held at Columbia schools and parks. The HC Alliance Schedule is TBD. Activities start April 1 for some age groups. Registration deadline is March 26. Info: Brian Wyman, 410-313-4705 or bwyma@howardcountymd.gov.

4 yrs Weeks: 8

RP5990.301 Apr 2 Noon-5pm Su \$125

5-6 yrs Weeks: 8

RP5990.302 Apr 2 Noon-5pm Su \$125

6-8 yrs Weeks: 8

RP5990.311 Apr 1 9am-4pm Sa \$135

9-10 yrs Weeks: 8

RP5990.321 Apr 1 9am-4pm Sa \$135

11-12 yrs Weeks: 8

RP5990.331 Apr 1 9am-4pm Sa \$135

13-14 yrs Weeks: 8

RP5990.341 Apr 1 9am-4pm Sa \$135

Columbia Instructional Softball League

Come join Columbia Softball for this spring instructional league. Emphasis is on teaching and developing the fundamental skills, while also enhancing existing skills. Players of all skill levels are welcomed. Activities take place during the week, and once on Saturdays. Coaches use scrimmages and modified games to deliver a fun and engaging experience for all players. Activities on Saturdays are in 1 to 1.5 hour time blocks, between 9am and 12:30pm. Coaches have softball-specific experience and training. Bring a glove; all other equipment is provided. Info: Brian Wyman, 410-313-4705 or bwyma@howardcountymd.gov.

6-8 yrs Weeks: 8

RP5995.301 Apr 1 9am-12:30pm Sa \$95

9-10 yrs Weeks: 8

RP5995.311 Apr 1 9am-12:30pm Sa \$95

11-12 yrs Weeks: 8

RP5995.321 Apr 1 9am-12:30pm Sa \$95



Want to play baseball? We have classes and leagues for all levels and ages.

Western Howard County

Youth Baseball & Softball League (WHCYBSL)

WHCYBSL provides tee ball, baseball and fast pitch softball leagues to families in Western Howard County, Columbia, and Clarksville. Howard County Recreation & Parks is contracted to provide administrative services to WHCYBSL. Info: Brian Wyman, 410-313-4705 or bwyma@howardcountymd.gov or www.whcsports.com.

6-18 yrs Dates & prices at www.whcsports.com

RP5981 4-18 yrs Tee Ball or Baseball

RP5982 6-18 yrs Softball

Basketball

Pre-K & Youth Instruction (3-18 yrs)

Little Tykes Hoops Basketball

In this class, having fun is sure to be a slam dunk! Children are introduced to beginner basketball concepts such as dribbling, passing and shooting through a curriculum of exciting and fun-filled games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 2/20-21, 3/9-10.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6086.201	Gary J Arthur Comm Ctr	Jan 30	12:30-1:15pm	M	\$75
RP6086.202	N Laurel Comm Ctr	Jan 31	9:30-10:15am	Tu	\$75
RP6086.203	N Laurel Comm Ctr	Jan 31	6-6:45pm	Tu	\$75
RP6086.204	Meadowbrook Ath Comp	Feb 1	10:30-11:15am	W	\$75
RP6086.205	Atholton ES	Feb 1	6:30-7:15pm	W	\$75
RP6086.206	N Laurel Comm Ctr	Feb 2	12:30-1:15pm	Th	\$75
RP6086.207	Meadowbrook Ath Comp	Feb 3	12:30-1:15pm	F	\$75
RP6086.208	Dayton Oaks ES	Feb 4	10:30-11:15am	Sa	\$75

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



Kiddie Basketball is a perfect setting to work on the fundamentals.

Kiddie Basketball

Come learn the sport of basketball in this perfect introductory clinic. Players work on the fundamental skills of dribbling, passing, shooting, and overall team play in a fun and encouraging environment. Meet in the gym. (No class 2/20-21, 3/9.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Classes: 9

RP6080.201	Atholton ES	Jan 17	4:55-5:55pm	Tu	\$70
RP6080.202	Cradlerock ES	Jan 17	3:55-4:55pm	Tu	\$70
RP6080.203	Northfield ES	Jan 17	4:20-5:20pm	Tu	\$70
RP6080.204	Phelps Luck ES	Jan 17	4:35-5:35pm	Tu	\$70
RP6080.205	Long Fellow ES	Jan 18	4:35-5:35pm	W	\$70
RP6080.206	Thunder Hill ES	Jan 18	5-6pm	W	\$70
RP6080.207	Jeffers Hill ES	Jan 19	4:40-5:40pm	Th	\$70
RP6080.208	Meadowbrook Ath Comp	Jan 19	5:05-6pm	Th	\$64
RP6080.209	N Laurel Comm Ctr	Jan 19	5:05-6pm	Th	\$64
RP6080.210	Veterans ES	Jan 19	5-6pm	Th	\$70
RP6080.211	Waterloo ES	Jan 19	5-6pm	Th	\$70
RP6080.212	Bollman Bridge ES	Jan 23	4:20-5:20pm	M	\$70
RP6080.213	Bushy Park ES	Jan 23	5-6pm	M	\$70
RP6080.214	Clarksville ES	Jan 23	5-6pm	M	\$70
RP6080.215	Clemens Crossing ES	Jan 23	4:55-5:55pm	M	\$70
RP6080.216	Waverly ES	Jan 23	5-6pm	M	\$70
RP6080.217	Hammond ES	Feb 8	4:40-5:40pm	W	\$70

Instructional Basketball League

New and returning players, come improve basic skill development through activities and scrimmages. Practice for four weeks and play four games against teams from other sites. T-shirt included. Register by location; meet in the gym. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

6-7 yrs Beg Classes: 8

RP6082.201	Centennial Lane ES	Jan 21	9-10am	Sa	\$63
RP6082.202	Cradlerock ES	Jan 21	9-10am	Sa	\$63
RP6082.203	Gorman Crossing ES	Jan 21	9-10am	Sa	\$63
RP6082.204	Waterloo ES	Jan 21	9-10am	Sa	\$63

7 yrs adv. - 9½ yrs beg. Classes: 2

RP6083.201	Centennial Lane ES	Jan 21	10:15-11:15am	Sa	\$63
RP6083.202	Cradlerock ES	Jan 21	10:15-11:15am	Sa	\$63

RP6083.203	Gorman Crossing ES	Jan 21	10:15-11:15am	Sa	\$63
RP6083.204	Waterloo ES	Jan 21	10:15-11:15am	Sa	\$63
<u>8½ adv.-10 yrs Classes: 8</u>					
RP6084.201	Centennial Lane ES	Jan 21	11:30am-12:30pm	Sa	\$76
RP6084.202	Cradlerock ES	Jan 21	11:30am-12:30pm	Sa	\$76
RP6084.203	Gorman Crossing ES	Jan 21	11:30am-12:30pm	Sa	\$76
RP6084.204	Waterloo ES	Jan 21	11:30am-12:30pm	Sa	\$76

After-School Basketball

School's over and it's time to play some basketball. In this clinic, boys and girls learn and develop fundamental skills such as dribbling, passing, shooting, defense and overall team play through activities and games. It is the perfect place to start or to complement one of our basketball leagues. Meet in the gym. (No class 2/20-21, 3/9.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 9

RP6081.201	Atholton ES	Jan 17	3:50-4:50pm	Tu	\$70
RP6081.202	Cradlerock ES	Jan 17	2:50-3:50pm	Tu	\$70
RP6081.203	Long Fellow ES	Jan 18	3:30-4:30pm	W	\$70
RP6081.204	Thunder Hill ES	Jan 18	4-5pm	W	\$70
RP6081.205	Jeffers Hill ES	Jan 19	3:35-4:35pm	Th	\$70
RP6081.206	Meadowbrook Ath Comp	Jan 19	4:10-5:10pm	Th	\$70
RP6081.207	N Laurel Comm Ctr	Jan 19	4:10-5:10pm	Th	\$70
RP6081.208	Waterloo ES	Jan 19	4-5pm	Th	\$70
RP6081.209	Bollman Bridge ES	Jan 23	3:15-4:15pm	M	\$70
RP6081.210	Bushy Park ES	Jan 23	3:55-4:55pm	M	\$70
RP6081.211	Clarksville ES	Jan 23	4-5pm	M	\$70
RP6081.212	Clemens Crossing ES	Jan 23	3:50-4:50pm	M	\$70

Super Hoops

Girls and boys, enjoy advancing your basic skills and fundamentals through various drills and exercises. Emphasis is on dribbling, passing, shooting, offensive and defensive positioning and teamwork. Basic basketball knowledge and some playing experience preferred. Bring a water bottle. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 6

RP6085.201	Hammond HS	Feb 5	1:30-3pm	Su	\$72
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11-13 yrs Classes: 6

RP6085.202	Hammond HS	Feb 5	3:15-4:45pm	Su	\$72
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Meadowbrook School's Out Basketball Camp

School is out and Meadowbrook is open for action! This camp has all the excitement of an entire season packed into one fun-filled day. Players, improve your skills and make new friends while enjoying a high-energy basketball experience. Our skilled coaches use a variety of creative drills, challenging exercises, exciting games and scrimmages to help elevate your game. Camp ends with the camp tournament and the crowning of a camp champion! Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

9-14 yrs

RP7020.201	Meadowbrook Ath Comp	Jan 16	8:30am-5pm	M	\$57
RP7020.202	Meadowbrook Ath Comp	Jan 27	8:30am-5pm	F	\$57
RP7020.203	Meadowbrook Ath Comp	Feb 20	8:30am-5pm	M	\$57
RP7020.204	Meadowbrook Ath Comp	Feb 21	8:30am-5pm	Tu	\$57

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Ultimate Basketball Winter Camp

In this full-day basketball experience, certified HCRP basketball coaches provide you with all the Youth Basketball League (YBL) has to offer in a four-day camp. Throughout the camp, experienced coaches use a variety of creative drills, challenging exercises, exciting games, scrimmages and many other activities to help you elevate your game. Emphasis is placed on sportsmanship and teamwork. Learn, develop, and implement offensive and defensive skills; participate in competitions, games, and film sessions; and break into teams to play a mini-league schedule and end-of-camp tournament. Each day after fundamentals sessions, teams play league games. There is down time during lunch and video sessions. Bring a nonperishable lunch (no nut products) and a filled, reusable water bottle. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

9-14 yrs 4 days

RP7085.201 Meadowbrook Ath Comp Dec 27 8am-5:30pm Tu-F \$199

Youth Leagues

• League Refund Policy Page 66

Youth Basketball League (YBL) flickr

Boys and girls, come have fun playing basketball while learning the fundamentals of the game! Focus on skill development, sportsmanship, basketball knowledge, and fun! Enjoy a "GoodSports" atmosphere through certified volunteer coaches, league staff and facilities. League features one weeknight practice and one game per week. Every player is guaranteed to participate in each game. The YBL is for novice to experienced players who wish to learn while playing in a recreational atmosphere. Volunteer head coaches needed and volunteer assistant coaches welcomed. Games and practices are played at Meadowbrook Athletic Complex, the North Laurel and Roger Carter Community Centers, or Howard County Public Schools.

Info: www.howardcountymd.gov/basketball.

Winter Season – 5-8 yrs

The season consists of a weekly, evening practice in addition to eight league games. One-hour games are scheduled on Saturdays between 8 am-noon, starting January 14. Players receive a participation award and a jersey. Coaches contact participants regarding practice days/times one week prior to program start. Registration deadline: December 28. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

RP5600.201	5 yrs & beg. 6 yrs	Jan 7	\$82
RP5600.211	5 yrs & beg. 6 yrs (head coach's child)	Jan 7	\$52
RP5600.202	Int. 6 yrs & 7 yrs	Jan 7	\$82
RP5600.212	Int. 6 yrs & 7 yrs (head coach's child)	Jan 7	\$52
RP5600.203	Adv. 7 yrs & 8 yrs	Jan 7	\$82
RP5600.213	Adv. 7 yrs & 8 yrs (head coach's child)	Jan 7	\$52

Winter Season – 9-14 yrs

The season consists of one weekly evening practice beginning the week of December 12 in addition to seven league games that end with a single-elimination tournament. One-hour, full-court, officiated games are held on Saturdays. Specific details on practice and game times/locations will be communicated after the preseason skills assessment on November 29, 30 or December 1. Registration deadline is November 25. Teams from established organizations may be eligible to participate in the Alliance Division of the YBL. The girls' divisions have the option of transferring to the co-ed division if there are not enough players for four teams per age division. Info/Volunteer to Coach: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

9-10 yrs				13-14 yrs			
RP6184.201	Co-ed	\$150		RP6184.221	Co-ed	\$150	
RP6184.202	Girls	\$150		RP6184.222	Girls	\$150	
RP6184.203	Head coach's child	\$75		RP6184.223	Head coach's child	\$75	

11-12 yrs			
RP6184.211	Co-ed	\$150	
RP6184.212	Girls	\$150	
RP6184.213	Head coach's child	\$75	



Love basketball? We have programs for all levels and ages!

Spring Season – 9-14 yrs

The spring season consists of one weekly evening practice beginning the week of March 27 in addition to six league games, and ending with a single-elimination tournament. One-hour, full court, officiated games are held on Friday nights starting between 6-9pm. Specific details on practice and game times/locations are communicated after the preseason skills assessment on March 14, 15, or 16. Registration deadline: March 10. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. Info/volunteer to coach: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

9-10 yrs				13-14 yrs			
RP6184.301	Co-ed	\$130		RP6184.321	Co-ed	\$130	
RP6184.302	Girls	\$130		RP6184.322	Girls	\$130	
RP6184.303	Head coach's child	\$65		RP6184.323	Head coach's child	\$65	
11-12 yrs							
RP6184.311	Co-ed	\$130					
RP6184.312	Girls	\$130					
RP6184.313	Head coach's child	\$65					

Winter High School Basketball League

Bring your basketball skills on Saturdays to the Meadowbrook Athletic Complex for this exciting league! Players who did not have the opportunity or the time to commit to their high school teams play in competitive league games throughout the winter season. Players register as individuals and the league staff form teams and assign coaches. The league consists of six regular season games and ends with a single-elimination tournament. Specific details on team assignments and game times are communicated after the preseason skills assessment on January 7. Registration deadline is January 2. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. Info/Volunteer to coach: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

Grades 9-12 Meadowbrook Ath Comp

RP6403.201	Boys Individual	Jan 14	\$80
RP6403.202	Girls Individual	Jan 14	\$80



*Don't want to play on your high school team?
Come join our league and have a blast!*

Spring High School Basketball League

Bring your basketball skills on Saturdays to the Roger Carter Community Center for this exciting league! Players register as individuals and the league staff form teams and assign coaches. The league consists of six regular season games. Specific details on team assignments and game times are communicated after the preseason skills assessment on April 22. Deadline to register is April 17. If there are not enough players for four teams in the division, the division has the option of changing to an instructional league. This option includes a two-hour clinic once a week with the first hour being practice and second hour being scrimmages. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

Grades 9-12 Roger Carter Comm Ctr

RP6403.301 Boys Apr 29 8am-noon Sa \$70
RP6403.302 Girls Apr 29 8am-noon Sa \$70

Adult Leagues (18 yrs +)

• League Refund Policy Page 66

Drop-In Co-Rec Basketball

Join other athletes of all ability levels for basketball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Refer to the "Get Active Package" if you are interested in playing more than once per week. Some gyms may be canceled by the third meeting due to insufficient registration or attendance. (No class 1/16, 2/20.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

18 yrs +

RP6900.201	Rockburn ES	Jan 9	8-10pm	M	\$44
RP6900.202	Meadowbrook Ath Comp	Jan 11	9-11pm	W	\$44

30 yrs +

RP6900.211	Bonnie Branch MS	Jan 9	8-10pm	M	\$44
RP6900.212	Bonnie Branch MS	Jan 12	8-10pm	Th	\$44
RP6900.213	Lime Kiln MS	Jan 10	8-10pm	Tu	\$44
RP6900.214	Lime Kiln MS	Jan 12	8-10pm	Th	\$44
RP6900.215	Lisbon ES	Jan 10	8-10pm	Tu	\$44
RP6900.227	Lake Elkhorn MS	Jan 8	Su, 6-8pm; Tu, Th, 8-10pm		\$55



Let's see those basketball skills! Adults of all ages and levels, come get some exercise while having a blast in one of our leagues.

Winter & Spring League Basketball **flickr**

Pull down some boards, tickle the twine or dish out some assists. Our goal is to place your team in a division of similar skills. All teams participate in postseason playoffs. Fee includes officials, staff, awards, equipment, facility rental and administration. Games are played at Meadowbrook Athletic Complex, North Laurel Community Center and Roger Carter Community Center. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov.

Winter League

Register by December 16. Register by December 9 to receive a 5% discount.

18 yrs + Men's Weeks: 8

RP5080.201	Jan 10	8:15-10:30pm	Tu	\$600
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RP5080.203	Jan 11	8:15-10:30pm	W	\$600
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RP5080.204	Jan 12	8:15-10:30pm	Th	\$600
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30 yrs + Men's Weeks: 8

RP5080.202	Jan 10	8:15-10:30pm	Tu	\$600
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18 yrs + Women's Weeks: 8

RP5080.205	Jan 12	8:15-10:30pm	Th	\$600
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18 yrs + Co-rec Weeks: 8

RP5080.206	Jan 11	8:15-10:30pm	W	\$600
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Spring League

Register by March 17.

18 yrs + Men's Weeks: 6

RP5080.301	Apr 4	7-11pm	Tu	\$500
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RP5080.303	Apr 5	8-11pm	W	\$500
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RP5080.304	Apr 6	8-11pm	Th	\$500
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30 yrs + Men's Weeks: 6

RP5080.302	Apr 4	7-11pm	Tu	\$500
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18 yrs + Women's Weeks: 6

RP5080.305	Apr 6	8-11pm	Th	\$500
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Jump, catch and run while having fun during a dodgeball game!

Winter Classic 3-on-3 Basketball Tournament

Get in on the excitement of winter basketball. This 3-on-3 tournament crowns a new champion in Howard County. Group and elimination rounds are on December 10. Teams provide uniforms. Fee includes 3-game minimum, referees, awards, and administration. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.
 RP5605.201 18 yrs + Roger Carter Comm Ctr Dec 10 9am-4:30pm \$105

Cricket

• League Refund Policy Page 66

Adult Cricket League - 2017 Spring Season

Cricket enthusiasts looking for a competitive, recreational league in the Howard County area, look no further! Recreation & Parks is expanding the areas only organized adult cricket league. A complete spring and fall season are offered. Balanced divisions are formed to compete in a friendly, regular season followed by a single-elimination tournament to determine the league champion. Games are played at Schooley Mill Park and Murray Hill Middle School on Saturdays and Sundays (balanced, rotating schedule), any time between 8am-6pm. Games are 20 overs and limited to three hours in length. Additional league rules TBA to registered teams. Maximum roster is 30 players per team; games are played with 11 players a side. League ball is a heavy/modified tennis ball manufactured for cricket use -- any manufacture is eligible. Register early, the league fills! Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs +

RP5975.301 Murray Hill MS Apr 15 8am-6pm S,Sa \$300

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Dodgeball

After-School Dodgeball **flickr**

This is a great way for all ability levels to stay active, be a part of a team, and have fun! Learn and play variations of dodgeball. Worried about safety? We use foam balls (gator skin) that are designed for accuracy and minimize the risk of injury. Meet coaches in the gym. (No class 2/20-21, 3/9.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 9

RP6200.201	Waverly ES	Jan 23	4-5pm	M	\$70
RP6200.202	Phelps Luck ES	Jan 17	3:30-4:30pm	Tu	\$70
RP6200.203	Northfield ES	Jan 17	3:15-4:15pm	Tu	\$70
RP6200.204	Hammond ES	Feb 8	3:35-4:35pm	W	\$70

Fencing

Intro to Fencing – Youth & Adult

Have you ever dreamed of taking part in a sword fight with real steel swords? Would you like to learn more about the lightning fast Olympic sport of fencing for all ages? Work with the highly experienced, professional coaches from Baltimore Fencing Center as they instruct you in this exciting modern sport, based upon the serious swordplay of the past. Instructors use both traditional drilling techniques and games to help you learn basic footwork, blade work and bout skills. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

8-12 yrs Classes: 10

RP8840.201	Baltimore Fencing Ctr Columbia	Jan 17	6-7pm	Tu	\$137
RP8840.202	Baltimore Fencing Ctr Columbia	Jan 19	6-7pm	Th	\$137

14 yrs + Classes: 10

RP8840.211	Baltimore Fencing Ctr Columbia	Jan 16	6-7pm	M	\$137
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Field Hockey

Spring Instructional Field Hockey

Varsity coaches from local high schools instruct in a format that blends short-sided game playing with teaching the skills and strategies of this fast-moving sport. Program is perfect for both advanced beginner and prospective players. Our synthetic field turf provides an optimal playing and learning surface. Fee includes t-shirt, supplies and administration. Bring a reusable water bottle. Mouth guard, stick and shin guards are required. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

6-10 yrs Classes: 6

RP5266.301	Cedar Lane Pk-West	Apr 6	5:30-7pm	Th	\$89
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10½-14 yrs Classes: 6

RP5260.301	Cedar Lane Pk-West	Apr 6	5:30-7pm	Th	\$89
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Middle School Indoor Field Hockey Clinic

Do you love the game of field hockey? Indoor field hockey is a variant of outdoor field hockey. The small court and sideboards make indoor field hockey a quick and technical game. This clinic provides the basic fundamentals of indoor play. Develop vision on and off the ball, improve hand-eye coordination, ball handling and stick skills and gain a better understanding of tactics and set plays. Scrimmages are incorporated. Instructors are varsity field hockey coaches and players. Please bring a reusable water bottle. Mouth guard, indoor stick and shin guards are required. Outdoor sticks are not permitted. Fee includes t-shirt, supplies and administration. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

10-14 yrs Classes: 6

RP5260.201	Meadowbrook Ath Comp	Jan 15	1-2:30pm	Su	\$89
RP5260.202	Meadowbrook Ath Comp	Jan 15	2:30-4pm	Su	\$89



After-school Floor Hockey gets the wiggles out while exercising and having fun in a non-competitive, encouraging atmosphere.

Floor Hockey

Kiddie Floor Hockey **flickr**

Come learn how to play hockey! This first-time/beginner level class does not involve checking. Learn and improve skills, including puck/ball control, passing, shooting, teamwork and game play. Shin guards are recommended. Meet in the gym. (No class 2/20-21, 3/9.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Classes: 8

RP6265.202	Hammond ES	Feb 7	4:40-5:40pm	Tu	\$63
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5-7 yrs Classes: 9

RP6265.201	Northfield ES	Jan 23	4:20-5:20pm	M	\$70
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RP6265.203	Atholton ES	Jan 18	4:55-5:55pm	W	\$70
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RP6265.204	Clarksville ES	Jan 19	5-6pm	Th	\$70
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After-School Floor Hockey

This fast-paced, fun, beginner hockey class does not involve checking. Learn and improve skills including puck/ball control, passing, shooting, teamwork and game play. Meet in the gym. Shin guards are recommended. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 8

RP6263.202	Hammond ES	Feb 7	3:35-4:35pm	Tu	\$63
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8-10 yrs Classes: 9

RP6263.201	Northfield ES	Jan 23	3:15-4:15pm	M	\$70
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RP6263.203	Atholton ES	Jan 18	3:50-4:50pm	W	\$70
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RP6263.204	Clarksville ES	Jan 19	4-5pm	Th	\$70
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To register, visit
www.howardcountymd.gov/rap
 or call 410-313-7275.



flickr



HoCoParks
APP



Come have a blast running, passing and throwing during our Flag Football programs.

Football

Youth Leagues (5-15 yrs)

• League Refund Policy Page 66

Flag Football Winter on the Turf

Boys and girls, play 50-minute games on the new turf field inside the Volleyball/Soccer House in Elkridge. Novices to experienced players, learn and play the sport in a safe, fun environment. Scrimmage/games are 7-on-7 and non-contact. Practice and/or game are up to one hour, once a week, beginning December 10. The first three weeks are clinic/practice. Games begin in January. (No practices 12/24-31.) Volunteer head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Fee includes t-shirt and medal. First few weeks are clinics, register by January 4 to participate in games. Age determination date is September 1, 2016. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.

5-6 yrs Weeks: 9 Volleyball House

RP6305.201	5-6 yrs	Individual	Dec 10	8:30-10am	Sa	\$110
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RP6305.202	5-6 yrs	Head coach's child	Dec 10	8:30-10am	Sa	\$85
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RP6305.211	7-9 yrs	Individual	Dec 10	10am-1pm	Sa	\$120
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RP6305.212	7-9 yrs	Head coach's child	Dec 10	10am-1pm	Sa	\$95
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RP6305.221	9-12 yrs	Individual	Dec 10	Noon-4pm	Sa	\$120
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RP6305.222	9-12 yrs	Head coach's child	Dec 10	Noon-4pm	Sa	\$95
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RP6305.231	13-15 yrs	Individual	Dec 10	4-6pm	Sa	\$120
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RP6305.232	13-15 yrs	Head coach's child	Dec 10	4-6pm	Sa	\$95
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Spring NFL Flag Football **flickr**

Boys and girls, come play flag football while working on basic skills. Fifty-minute games are 5-on-5 and non-contact. Games played on Saturdays, at Hollifield Elementary School beginning April 15. Games are one hour, between 8:30am-5pm. The Department forms teams. Ages 10-15 are a team draft. Special requests cannot be guaranteed. Head coaches are needed and their child receives a discount and a guaranteed spot on parent's team. Fee includes team shirt and participation award. Season ends with Howard-Frederick County tournament for ages 10-15. Info: Sandra Lambert, 410-313-4715 or slambert@howardcountymd.gov.



Come play golf with us this spring break!

5-6 yrs

This is a Saturday morning program only. No weeknight practices.

<u>Hollifield Station ES</u>	<u>\$110</u>	<u>Head coach's child*</u>	<u>\$85</u>
RP6300.301		RP6300.302*	

5-15 yrs

Practices are one hour, once a week on a weeknight, starting at least one week before games begins. Register by practice location.

<u>Columbia</u>	<u>\$110</u>	<u>Head coach's child*</u>	<u>\$85</u>
RP6300.311	7-9 yrs	RP6300.312*	
RP6300.321	10-12 yrs	RP6300.322*	
RP6300.331	13-15 yrs	RP6300.332*	
<u>Dayton Oaks</u>	<u>\$110</u>	<u>Head coach's child*</u>	<u>\$85</u>
RP6300.313	7-9 yrs	RP6300.314*	
RP6300.323	10-12 yrs	RP6300.324*	
RP6300.333	13-15 yrs	RP6300.334*	
<u>Ellicott City</u>	<u>\$110</u>	<u>Head coach's child*</u>	<u>\$85</u>
RP6300.315	7-9 yrs	RP6300.316*	
RP6300.325	10-12 yrs	RP6300.326*	
RP6300.335	13-15 yrs	RP6300.336*	

Adult Leagues (18 yrs +)

- League Refund Policy Page 66

Winter Co-Rec Football League

Enjoy playing this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes six games plus playoffs. All teams qualify for playoffs. Fee includes six-game schedule, playoffs, awards, field rental and administration. Teams are responsible for \$34 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, it must pay the referees for forfeited game (\$68) prior to its next scheduled game. Failure to do so results in that team's removal from the league without refund. For complete rules, visit www.howardcountymd.gov/football. Team managers are updated with a league packet one week prior to start of games. Register by December 9. Info: Will Dunmore, 410-313-1697.

18 yrs +

RP5301.201 Rockburn Branch Pk Jan 7 9am-2pm Sa \$230

Winter Men's Run & Shoot Football League

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a six-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Teams are responsible for \$51 referee fee paid on-site to referee crew at each game (regular season only). If a team forfeits, the team must pay the referees for the forfeited game (\$102) prior to its next scheduled game. Failure to do so results in the team's removal from the league without refund. All teams qualify for playoffs. Team managers are updated with a league packet one week prior to start of games. Register by December 9. Info: Will Dunmore, 410-313-1697.

18 yrs +

RP5300.201 Rockburn Branch Pk Jan 8 8am-2pm Su \$230

Spring Co-Rec Football League

Enjoy this fast-action, non-contact, no-blocking, touch football league. Teams play 8-on-8. Teams provide own uniforms and football. Schedule includes eight games plus playoffs. Fee includes eight-game schedule, playoffs, awards, field rental and administration. Register by March 15. Rules: www.howardcountymd.gov/football.htm. (\$34 referee fee; \$68 forfeit fee.) Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

18 yrs +

RP5301.301 Blandair Pk Mar 28 6:30-8:30pm Tu \$300

Spring Men's Run & Shoot Football League

Enthusiasts, come play this fast-action, low-contact version of touch football. Teams play six on defense and five on offense. Fee includes a eight-game schedule, playoffs, awards, field rental and administration. Teams provide uniforms and an official NFL-sized football. Register by March 14. (\$51 referee fee \$102 forfeit fee.)

18 yrs +

RP5300.301 Rockburn Branch Pk Mar 26 8am-2pm Su \$300

Golf

Backyard Golf - Indoors!

Join us for an exciting introduction into the world of golf. This program contains all the elements of golf but in a modified form, making it an easy and fun way to learn and play golf. The system builds on strong fundamentals of putting, chipping, pitching and full swing to develop playing ability quickly and effectively. All SNAG golf equipment is provided. Parent volunteers are encouraged to participate. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

Meadowbrook Ath Comp Classes: 5

RP6319.201	4-5 yrs	Feb 1	4:30-5:30pm	W	\$68
RP6319.202	6-8 yrs	Feb 2	4:30-5:30pm	Th	\$68

Junior Golf Spring Break Camp flickr

Learn the fundamentals of how to play the game, including the swing, basic rules and etiquette. Play on the course the last day. No equipment or experience necessary. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

7-14 yrs 3 days

RP7324.301 Timbers at Troy Golf Course Apr 10 8:30-11am M-W \$95

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Gymnastics

Parent/Child Gymnastics

Be an active participant as your child develops self-awareness, coordination and locomotor movement. Toddlers use a variety of gymnastics equipment, songs, games and climbing activities in a fun and supportive atmosphere. Adult and child must register together. Child must be walking. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

1½-3½ yrs Classes: 6

RP6351.201	Columbia Gymnastics	Jan 5	10-10:45am	Th	\$99
RP6351.202	Columbia Gymnastics	Jan 6	10-10:45am	F	\$99
RP6351.203	Columbia Gymnastics	Mar 2	10-10:45am	Th	\$99
RP6351.204	Columbia Gymnastics	Mar 3	10-10:45am	F	\$99

Preschool Gymnastics

In this introduction to gymnastics, boys and girls develop strength coordination and loco-motor movement, listening skills, and cooperation. Participants use all types of gymnastics and physical education equipment including bars, beams, mats, trampolines and a foam training pit. Emphasis is on fun in a safe and supportive atmosphere. Diapers or pull-ups are not allowed. (No class 3/11.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-5 yrs Classes: 6

RP6352.201	Columbia Gymnastics	Jan 2	5-5:45pm	M	\$99
RP6352.202	Columbia Gymnastics	Jan 3	1:45-2:30pm	Tu	\$99
RP6352.203	Columbia Gymnastics	Jan 3	2:30-3:15pm	Tu	\$99
RP6352.204	Columbia Gymnastics	Jan 3	4:30-5:15pm	Tu	\$99
RP6352.205	Columbia Gymnastics	Jan 4	9:15-10am	W	\$99
RP6352.206	Columbia Gymnastics	Jan 4	1-1:45pm	W	\$99
RP6352.207	Columbia Gymnastics	Jan 4	1:45-2:30pm	W	\$99
RP6352.208	Columbia Gymnastics	Jan 4	2:30-3:15pm	W	\$99
RP6352.209	Columbia Gymnastics	Jan 4	4:30-5:15pm	W	\$99
RP6352.210	Columbia Gymnastics	Jan 5	9:15-10am	Th	\$99
RP6352.211	Columbia Gymnastics	Jan 5	10:45-11:30am	Th	\$99
RP6352.212	Columbia Gymnastics	Jan 5	2-2:45pm	Th	\$99
RP6352.213	Columbia Gymnastics	Jan 5	2:45-3:30pm	Th	\$99
RP6352.214	Columbia Gymnastics	Jan 6	9:15-10am	F	\$99
RP6352.215	Columbia Gymnastics	Jan 6	10:45-11:30am	F	\$99
RP6352.216	Columbia Gymnastics	Jan 7	Noon-12:45pm	Sa	\$99
RP6352.232	Columbia Gymnastics	Feb 25	Noon-12:45pm	Sa	\$99
RP6352.217	Columbia Gymnastics	Feb 27	5-5:45pm	M	\$99
RP6352.218	Columbia Gymnastics	Feb 28	1:45-2:30pm	Tu	\$99
RP6352.219	Columbia Gymnastics	Feb 28	2:30-3:15pm	Tu	\$99
RP6352.220	Columbia Gymnastics	Feb 28	4:30-5:15pm	Tu	\$99
RP6352.221	Columbia Gymnastics	Mar 1	9:15-10am	W	\$99
RP6352.222	Columbia Gymnastics	Mar 1	1-1:45pm	W	\$99
RP6352.223	Columbia Gymnastics	Mar 1	1:45-2:30pm	W	\$99
RP6352.224	Columbia Gymnastics	Mar 1	2:30-3:15pm	W	\$99
RP6352.225	Columbia Gymnastics	Mar 1	4:30-5:15pm	W	\$99
RP6352.226	Columbia Gymnastics	Mar 2	9:15-10am	Th	\$99
RP6352.227	Columbia Gymnastics	Mar 2	10:45-11:30am	Th	\$99
RP6352.228	Columbia Gymnastics	Mar 2	2-2:45pm	Th	\$99
RP6352.229	Columbia Gymnastics	Mar 2	2:45-3:30pm	Th	\$99
RP6352.230	Columbia Gymnastics	Mar 3	9:15-10am	F	\$99
RP6352.231	Columbia Gymnastics	Mar 3	10:45-11:30am	F	\$99



Point your toes, straighten your legs and have an awesome time tumbling, swinging, jumping, and turning upside down at Columbia Gymnastics.

Beginning Gymnastics **flickr**

Enjoy an introduction to the beginning skills and progressions of the vault, uneven bars, balance beam and floor exercise using a variety of equipment including trampolines and a foam training pit. Participants develop confidence, fitness, strength and flexibility in a fun, supportive environment. (No class 3/11.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6-12 yrs Classes: 6 Columbia Gymnastics

RP6353.201	Boys	Jan 5	6:30-7:30pm	Th	\$99
RP6353.202	Boys	Mar 2	6:30-7:30pm	Th	\$99
RP6353.211	Girls	Jan 3	4:30-5:30pm	Tu	\$99
RP6353.212	Girls	Jan 5	6:30-7:30pm	Th	\$99
RP6353.213	Girls	Jan 6	6:30-7:30pm	F	\$99
RP6353.214	Girls	Jan 7	11:45am-12:45pm	Sa	\$99
RP6353.215	Girls	Feb 28	4:30-5:30pm	Tu	\$99
RP6353.216	Girls	Mar 2	6:30-7:30pm	Th	\$99
RP6353.217	Girls	Mar 3	6:30-7:30pm	F	\$99
RP6353.218	Girls	Feb 25	11:45am-12:45pm	Sa	\$99

Jump Rope

Junior Jumpers with Kangaroo Kids **flickr**

This beginning jump rope class is all about fun and fitness. Learn basic single rope, Double Dutch and long rope skills. Jump rope fee is \$7 for first-time participants due at first class. Returning jumpers should bring their beaded jump ropes. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

6-14 yrs Classes: 12

RP6361.201	Meadowbrook Ath Comp	Jan 10	4:25-5:25pm	Tu	\$172
RP6361.202	Meadowbrook Ath Comp	Jan 10	5:30-6:30pm	Tu	\$172
RP6361.203	Meadowbrook Ath Comp	Jan 11	4:25-5:25pm	W	\$172
RP6361.204	Meadowbrook Ath Comp	Jan 11	5:30-6:30pm	W	\$172

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



Kangaroo Kids is sure to put a smile in your hop!



Kids of all ages, come learn lacrosse!

Intermediate Jumpers with Kangaroo Kids

Build on basic single and long rope skills and introduction to precision group routines. Prerequisite: Minimum two sessions of *Junior Jumpers* and/or coach's approval. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

6-16 yrs Classes: 12

RP6363.201	Meadowbrook Ath Comp	Jan 10	4:25-5:25pm	Tu	\$172
RP6363.202	Meadowbrook Ath Comp	Jan 10	5:30-6:30pm	Tu	\$172
RP6363.203	Meadowbrook Ath Comp	Jan 11	4:25-5:25pm	W	\$172

Preparation to Perform

Jumpers with a desire to perform at public events build on single and long rope skills, precision routines and develop showmanship skills. No performing requirements. Prerequisite: Minimum two sessions of Intermediate Jumpers and/or coach's approval. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

8-16 yrs Classes: 12

RP6364.201	Meadowbrook Ath Comp	Jan 10	4:25-5:25pm	Tu	\$172
RP6364.202	Meadowbrook Ath Comp	Jan 11	5:25-6:25pm	W	\$172

Kickball

• League Refund Policy Page 66

Spring Co-Rec Kickball League

Here's your chance to leave the office and return to the playground! Anyone can play, no particular skill-set required besides enthusiasm and teamwork. Games are played as doubleheaders for a minimum of 16 games. Every team is eligible for a postseason tournament. Teams can have up to 16 players per roster. League fee includes umpires, balls, awards, league administration and field use. Games are played at county parks. For league rules/info, visit www.howardcountymd.gov/kickball. Registration is on a first-come, first-served basis; don't be left out of the fun! Register early to secure your spot! Info: Pat McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs +

RP5830.301	Apr 12	6-10pm	W	\$455
RP5830.302	Apr 16	5-10pm	Su	\$455

Lacrosse

• For information on spring competitive lacrosse leagues for boys and girls ages 4-15, visit www.hclacrosse.com.

Mighty LAXers Lacrosse flickr

Calling all Mighty LAXers! This high energy curriculum introduces children to important fundamentals of lacrosse such as scooping, cradling, and shooting. Age appropriate equipment is used to provide children with a safe and fun experience in every LAXers class! Parents are also encouraged to follow the coach's instructions to assist in the games and activities. (No class 2/20-21, 3/9-10.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6972.201	Guilford ES	Jan 30	5:30-6:15pm	M	\$75
RP6972.202	N Laurel Comm Ctr	Jan 31	10:30-11:15am	Tu	\$75
RP6972.203	Phelps Luck ES	Jan 31	5:30-6:15pm	Tu	\$75
RP6972.204	Meadowbrook Ath Comp	Feb 2	9:30-10:15am	Th	\$75
RP6972.205	Meadowbrook Ath Comp	Feb 2	12:30-1:15pm	Th	\$75
RP6972.206	Meadowbrook Ath Comp	Feb 3	10:30-11:15am	F	\$75
RP6972.207	Ducketts Lane ES	Feb 4	9:30-10:15am	Sa	\$75
RP6972.208	Gorman Crossing ES	Feb 4	1:30-2:15pm	Sa	\$75

Lacrosse Introduction

First-time players or those wanting to improve skills, focus on lacrosse fundamentals. Program includes stick work, shooting, ground balls and basic lacrosse concepts. Fee includes t-shirt and the use of lacrosse equipment, including protective eyewear for girls (mandated by U.S. Lacrosse). (No class 2/19.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Boys Classes: 6 Meadowbrook Ath Comp

RP6505.201	5-6 yrs	Jan 15	9-10am	Su	\$85
RP6505.202	7-8 yrs	Jan 15	10:15-11:15am	Su	\$85
RP6505.203	9-10 yrs	Jan 15	11:30am-12:30pm	Su	\$85

Girls Classes: 6 Meadowbrook Ath Comp

RP6506.201	5-6 yrs	Jan 15	9-10am	Su	\$85
RP6506.202	7-8 yrs	Jan 15	10:15-11:15am	Su	\$85
RP6506.203	9-10 yrs	Jan 15	11:30am-12:30pm	Su	\$85

Lacrosse Winter Tune-Up

Get ready for the spring season! Improve stick work, shooting, ground ball skills and conditioning. Have fun while working on all aspects of your game. Players must provide own equipment. (No class 2/19.) Info: Ray Hall, 410-313-1689 or arhall@howardcountymd.gov.

Meadowbrook Ath Comp Classes: 6

RP6503.201	Boys	7-10 yrs	Jan 15	9-10am	Su	\$85
RP6503.202	Boys	11-14 yrs	Jan 15	10-11am	Su	\$85
RP6504.201	Girls	10-13 yrs	Jan 15	9-10am	Su	\$85
RP6504.202	Girls	14-18 yrs	Jan 15	10-11am	Su	\$85

Martial Arts

Youth (5 yrs +)

TKA Karate

Boys and girls of all skill levels, come learn karate and jujitsu. Black belt instructors emphasize safety and fun. One week is spent taking or viewing the test or participating in a refresher class. If a class is not listed as beginner or intermediate, it is for all level students. (No class 1/16, 2/20, 2/21, 3/9.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

5-12 yrs Classes: 10

RP8730.201	Gary J Arthur Comm Ctr	Jan 9	6:30-7:30pm	M	\$55
RP8730.202	Oakland Mills MS	Jan 9	7-8pm	M	\$55

5-12 yrs Classes: 11

RP8730.203	Worthington ES	Jan 10	7-8pm	Tu	\$61
RP8730.205	Longfellow ES	Jan 10	7-8pm	Tu	\$61
RP8730.210	Gorman Crossing ES	Jan 12	7-8pm	Th	\$61
RP8730.211	Manor Woods ES	Jan 12	7-8pm	Th	\$61
RP8730.212	Pointers Run ES	Jan 12	7-8pm	Th	\$61

5-12 yrs Classes: 12

RP8730.206	Beg	Fulton ES	Jan 11	6-7pm	W	\$66
RP8730.207		Northfield ES	Jan 11	7-8pm	W	\$66
RP8730.208	Beg	Rockburn ES	Jan 11	6-7pm	W	\$66
RP8730.209	Adv	Rockburn ES	Jan 11	7-8pm	W	\$66
RP8730.216	Adv	Fulton ES	Jan 11	7-8pm	W	\$66

D & S Karate with Seth Ismart

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This is extremely well-organized and seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques, which consist of kicking, punching, martial acrobatics and self-defense techniques, into a beautiful and dynamic hard/soft style focusing on discipline and respect. (No class 1/16, 2/20, 3/9.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6-13 yrs N Laurel Comm Ctr

RP8710.201	Classes: 10	Jan 9	7-8pm	M	\$55
RP8710.203	Classes: 11	Jan 12	7-8pm	Th	\$60
RP8710.202	Classes: 12	Jan 11	7-8pm	W	\$60

Kuk Sool Won with Darren Fulmore

Kuk Sool Won is a systematic study of all the traditional fighting arts, which together comprise the martial arts history of Korea. This is extremely well-organized and seeks to integrate and explore the entire spectrum of established Asian fighting arts and body conditioning techniques, which consist of kicking, punching, martial acrobatics and self-defense techniques, into a beautiful and dynamic hard/soft style focusing on discipline and respect. (No class 2/21, 3/9.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

6 yrs + Classes: 22 N Laurel Comm Ctr

RP8760.201	Beg	Jan 10	6:30-7:30pm	Tu,Th	\$150
RP8760.202	Adv	Jan 10	7:30-8:30pm	Tu,Th	\$167



Seth (above) helps children gain flexibility, confidence and control.

Adults (13 yrs +)

Shotokan Karate with Steve Morris

Learn a repertoire of techniques and the optimal safe positions for self-defense based upon the movement of your opponent(s), all in the context of traditional Shotokan karate. Learn and master blocks, punches, kicks, throws, submissions and take-downs. Special attention is given to low-impact physical conditioning and personal safety. Sensei Steve is a master in Shotokan karate and has taught karate and self-defense in Howard County for 30 years. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

13 yrs + Classes: 12

RP8791.201	Roger Carter Comm Ctr	Jan 12	7-8pm	Th	\$79
RP8791.202	Roger Carter Comm Ctr	Jan 12	8:05-9:05pm	Th	\$79
RP8791.203	Roger Carter Comm Ctr	Jan 14	10-11am	Sa	\$79
RP8791.204	Roger Carter Comm Ctr	Jan 14	11:05am-12:05pm	Sa	\$79

Aikido with Ki by Russ Dauber

Martial Art and Ki training, taught by Japan's Shin Shin Toitsu Aikikai, promotes dynamic movement with unified mind and body. The Ki part is low-impact. The Aikido part involves practice with partners and rolling on mats. Effective self-defense techniques flow with and lead attackers' movements. We develop the benefits of keeping one point and extending ki. We emphasize safety, knowledge and enjoyment. (No class 2/21, 3/9.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

18 yrs + Classes: 22

RP8880.201	Waverly ES	Jan 10	7-9pm	Tu,Th	\$64
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TKA Karate

Develop your physical condition as you learn karate and jujitsu in a relaxed environment. Black-belt instructors emphasize safety. One week is spent taking or viewing the test or participating in a refresher class. Wear comfortable clothing or gi. (No class 1/16, 2/20, 2/21, 3/9.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

13 yrs + Classes: 10

RP8731.201	Gary J Arthur Comm Ctr	Jan 9	7:30-9pm	M	\$68
RP8731.202	Oakland Mills MS	Jan 9	8-9:30pm	M	\$68

13 yrs + Classes: 11

RP8731.203	Worthington ES	Jan 10	8-9:30pm	Tu	\$75
RP8731.205	Long Fellow ES	Jan 10	8-9:30pm	Tu	\$75
RP8731.209	Gorman Crossing ES	Jan 12	8-9:30pm	Th	\$68
RP8731.210	Manor Woods ES	Jan 12	8-9:30pm	Th	\$68
RP8731.211	Pointers Run ES	Jan 12	8-9:30pm	Th	\$68

13 yrs + Classes: 12

RP8731.206	Fulton ES	Jan 11	8-9:30pm	W	\$82
RP8731.207	Northfield ES	Jan 11	8-9:30pm	W	\$82
RP8731.208	Rockburn ES	Jan 11	8-9:30pm	W	\$82



Jump Bunch Kids ensures an hour of fun!

Multi-Sport

Awesome Athletes, Amazing Artists Page 30

Jump Bunch Kids by JumpBunch Kids, Inc.

JumpBunch classes are a wonderful opportunity for parents and children to interact in a fun, engaging and noncompetitive environment during an introduction to multiple sports and fitness activities. Warm-up exercises are designed to improve balance, increase coordination and develop body awareness. This season's sports include football, soccer, hockey, basketball, volleyball and tennis. Children enjoy using and exploring child-friendly equipment provided by JumpBunch each week while being introduced to each of these fun sports. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

2-3 yrs Classes: 6

RP6313.201 St. John's Lane ES Jan 28 10-10:45am Sa \$75

3-5 yrs Classes: 6

RP6313.202 St. John's Lane ES Jan 28 11-11:45am Sa \$75

MAC Pre-K Drop-In Play

This winter, drop-in play days are full of fun and exciting activities in a safe and non-competitive environment. The MAC staff provides equipment for activities including mini basketball, floor hockey, soccer, lacrosse, jump rope, hula-hoops, big wheel trikes, scooters, and much more! Daily fee is collected at the MAC. Parent involvement required. Info: Greg Meyd at 410-313-1162 or gmejd@howardcountymd.gov.

Meadowbrook Ath Comp \$4 per parent/child per day; \$2 additional child per day

2-5 yrs Jan 4 9:30am-12:30pm M,W,F

Learn-N-Play Sports

Children play a variety of age-appropriate sports that help them develop their large motor and socialization skills in a fun atmosphere! Each week we focus on different activities that combine positive social interactions, good listening skills, taking turns, and teamwork. Activities include bowling, parachute games, sports stations, relay races, and more! Parents are encouraged to follow the coach's instructions to assist in the games and activities. Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6970.201 Pointers Run ES Feb 4 9:30-10:15am Sa \$75

RP6970.202 Pointers Run ES Feb 4 10:30-11:15am Sa \$75



Little Big Shots, come play basketball, tee ball and soccer!

Little Big Shots

This multi-sport program introduces children to basketball, tee ball and soccer through a curriculum full of exciting and engaging games and activities. Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 2/20-21, 3/9-10.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6314.201 Gary J Arthur Comm Ctr Jan 30 1:30-2:15pm M \$75

RP6314.202 Gary J Arthur Comm Ctr Jan 31 12:30-1:15pm Tu \$75

RP6314.203 Phelps Luck ES Jan 31 6:30-7:15pm Tu \$75

RP6314.204 Meadowbrook Ath Comp Feb 1 12:30-1:15pm W \$75

RP6314.205 Meadowbrook Ath Comp Feb 2 10:30-11:15am Th \$75

RP6314.206 Thunder Hill ES Feb 2 5:30-6:15pm Th \$75

RP6314.207 N Laurel Comm Ctr Feb 3 10:30-11:15am F \$75

RP6314.208 Meadowbrook Ath Comp Feb 3 1:30-2:15pm F \$75

RP6314.209 Hollifield Station ES Feb 4 1:30-2:15pm Sa \$75

Little Big Wheelers

Parents, bring your children indoors to experience the most fun possible on three wheels! They have a blast on their Big Wheels trike as they ride around the courts in a safe environment. Staff provide Big Wheels trikes, instruction and leadership as your little speed racers enjoy obstacle courses, individual and team races, and other fun activities while they exercise. Helmets are mandatory and must be brought. Info: Greg Meyd, 410-313-1162 or gmejd@howardcountymd.gov.

3-5 yrs Classes: 6

RP6402.201 Meadowbrook Ath Comp Jan 10 10-10:50am Tu \$65

RP6402.202 Meadowbrook Ath Comp Jan 10 11-11:50am Tu \$65

RP6402.203 Meadowbrook Ath Comp Jan 12 10-10:50am Th \$65

RP6402.204 Meadowbrook Ath Comp Jan 12 11-11:50am Th \$65

RP6402.205 Meadowbrook Ath Comp Feb 21 10-10:50am Tu \$65

RP6402.206 Meadowbrook Ath Comp Feb 21 11-11:50am Tu \$65

RP6402.207 Meadowbrook Ath Comp Feb 23 10-10:50am Th \$65

RP6402.208 Meadowbrook Ath Comp Feb 23 11-11:50am Th \$65

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



During Spring Break, come have fun at Planet Recreation.

Planet Recreation Spring Break Camp

Need fun, exciting, and safe full-day child care for Spring Break? This camp is being offered at two of our finest recreational facilities. Campers participate in a variety of activities, including sports, fitness, arts and crafts, nature, games and special surprises. Activities take place both indoors and outdoors. Pool and swimming activities are also included in the camp's schedule! The focus is on having fun, staying fit, building character and boosting self esteem. Instructors are American Sport Education Program certified coaches. Schedule is subject to change; camp is held rain or shine. Fee includes bus or van transportation, supervision, activities, and a snack. Participants must currently be in grades K-5 in spring 2016. An extended camp option is available (RP7005). Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

Grades K-5 Classes: 5

RP7006.301	Roger Carter Comm Ctr	Apr 10	8:30am-3pm	M-F	\$179
RP7006.302	N Laurel Comm Ctr	Apr 10	8:30am-3pm	M-F	\$179

Planet Recreation

Extended Spring Break Camp

Extend your child's day at spring break camp. After-camp care includes a variety of sports, games and other group activities. Campers also must be enrolled in Planet Recreation Spring Break Camp. Camp runs rain or shine. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

Grades K-5 Classes: 5

RP7005.301	Roger Carter Comm Ctr	Apr 10	3-6pm	M-F	\$89
RP7005.302	N Laurel Comm Ctr	Apr 10	3-6pm	M-F	\$89

Home School Gym Class

Join in on an exciting gym class program that meets the physical activity needs of our local home school families! We provide staff leadership and all the equipment for a variety of sport and fitness activities. Children improve skills and learn the fundamentals of teamwork as they play basketball, soccer, volleyball, floor hockey, badminton and other sport requests the staff can provide. Have fun, stay fit, build character and boost self-esteem. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

5-10 yrs Classes: 12

RP6405.201	Meadowbrook Ath Comp	Jan 4	11am-noon	W	\$95
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11-14 yrs Classes: 12

RP6405.202	Meadowbrook Ath Comp	Jan 4	11am-noon	W	\$95
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School's Out Junior Sports Camp

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey at this co-rec camp. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs

RP7008.201	Roger Carter Comm Ctr	Feb 20	8:30am-12:30pm	M	\$35
RP7008.202	Roger Carter Comm Ctr	Feb 21	8:30am-12:30pm	Tu	\$35

Winter Mix Camp

One, two, three, or four days of fun! Participate in a wide variety of activities including sports, fitness, arts and crafts, nature, games, and special surprises. Follow an exciting daily rotation designed to allow your child to select activities of their choice to build their own program. Rotate in age- and skill-appropriate groups. The focus is on having fun, staying fit, building character, and boosting self-esteem. Bring a non-perishable lunch (no nut products) and a refillable water bottle. Register for one, two, three, or four days. Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

5-13 yrs Classes: 1

RP6404.201	Meadowbrook Ath Comp	Dec 27	8am-5:30pm	Tu	\$59
RP6404.202	Meadowbrook Ath Comp	Dec 28	8am-5:30pm	W	\$59
RP6404.203	Meadowbrook Ath Comp	Dec 29	8am-5:30pm	Th	\$59
RP6404.204	Meadowbrook Ath Comp	Dec 30	8am-5:30pm	F	\$59

5-13 yrs Classes: 4

RP6404.205	Meadowbrook Ath Comp	Dec 27	8am-5:30pm	T-F	\$199
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U. K. Elite Sports Week Spring Break Camp

This spring break, let U.K. Elite's professional British trainers teach you a myriad of uniquely British and Irish sports! Learn cricket, Gaelic soccer, rugby, soccer, and others. Each sport is adjusted to make it easy to understand and enjoy! Curriculum focuses on teaching every player, regardless of age/ability and highlights the enjoyment of sports played in the U.K. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

7-14 yrs Classes: 4

RP7705.301	Cedar Lane Pk-West	Apr 10	9am-3pm	M-Th	\$160
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School's Out Sports and Swim Camp

School is out and we're open for play! Young athletes develop their skills in any of the following sports: basketball, kickball, tee ball, soccer, tennis, flag football or floor hockey. Sports and games are adapted to the size and abilities of young children to make learning fun and foster development of motor skills. Activities take place indoors. There is swimming so bring a bathing suit and towel. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-13 yrs

RP7007.201	Roger Carter Comm Ctr	Feb 20	8:30am-6pm	M	\$63
RP7007.202	Roger Carter Comm Ctr	Feb 21	8:30am-6pm	Tu	\$63

Ultimate Sports & Games Spring Break Camp

Spend your spring break with us. Your child develops skills in basketball, flag football, kickball, lacrosse, touch rugby, Wiffle ball, soccer, kickball, tennis, disc games and much more in this coed camp. Have fun, stay fit, build character and boost self-esteem. Activities take place both indoors and outdoors. Campers will bus to the Roger Carter Community Center for a day of swimming activities! Instructors are American Sport Education Program-certified coaches. Camp runs rain or shine. Bring a non-perishable lunch (no nut products) and a water bottle. An extended camp option is available (RP7004). Info: Greg Meyd, 410-313-1162 or gmeyd@howardcountymd.gov.

8-13 yrs Classes: 5

RP7001.301	Meadowbrook Ath Comp	Apr 10	8:30am-3pm	M-F	\$149
RP7001.302	N Laurel Comm Ctr	Apr 10	8:30am-3pm	M-F	\$149



Come try our Pickleball class. All levels are very welcome!

Ultimate Sports & Games Extended Spring Break Camp

Extend your child's day at spring break camp. After-camp care includes a variety of sports, games and other group activities. Campers also must be enrolled in an *Ultimate Sports & Games Spring Break Camp*. Camp runs rain or shine. Info: Greg Meyd, 410-313-1162 or gmejd@howardcountymd.gov. 8-13 yrs Classes: 5

RP7004.301	Meadowbrook Ath Comp	Apr 10	3-6pm	M-F	\$89
RP7004.302	N Laurel Comm Ctr	Apr 10	3-6pm	M-F	\$89

Pickleball

Pickleball for All

Pickleball is a fun sport that combines elements of tennis, badminton and ping-pong. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Learn to play this fun and exciting game for the first week and then put your skills to the test in games for the remaining classes. All necessary equipment is provided. (No class 2/21, 3/10, 4/7.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

18 yrs + Classes: 10

RP6835.205	Meadowbrook Ath Comp	Jan 13	1-3pm	F	\$50
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18 yrs + Classes: 11

RP6835.202	Meadowbrook Ath Comp	Jan 10	9-11am	Tu	\$55
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18 yrs + Classes: 12

RP6835.201	Meadowbrook Ath Comp	Jan 9	1-3pm	M	\$60
RP6835.203	Meadowbrook Ath Comp	Jan 11	1-3pm	W	\$60
RP6835.204	Meadowbrook Ath Comp	Jan 12	9-11am	Th	\$60
RP6835.206	N Laurel Comm Ctr	Jan 10	Noon-2pm	Tu	\$60
RP6835.207	N Laurel Comm Ctr	Jan 12	Noon-2pm	Th	\$60

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



Come learn how to dribble, pass and shoot with U.K. Elite.

Running

Youth Distance Runners

Don't miss out on your opportunity to train this winter! Join Recreation & Parks, Howard County Junior Striders and Bullseye Running for this new indoor training program offering runner specific training and conditioning. Add this program to your already existing running schedule and transform yourself into the complete balanced runner and athlete. Each participant receives a t-shirt. Info: Will Dunmore, 410-313-1697 or wdunmore@howardcountymd.gov.

7-18 yrs Classes: 8

RP6953.201	Meadowbrook Ath Comp	Jan 14	6:30-8pm	Sa	\$75
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Soccer

Pre-K & Youth Instruction (2-10 yrs)

U.K. Elite Petite Soccer

This is a mini-taste of the U.K. Elite experience! Hour-long programs of soccer fun and games are designed to introduce the youngest of players to the greatest of games. The emphasis is on having fun with a soccer ball. Parent involvement is encouraged at times. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

2-3 yrs Classes: 6

RP6710.201	Meadowbrook Ath Comp	Jan 10	9:30-10:30am	Tu	\$105
RP6710.204	Meadowbrook Ath Comp	Jan 12	9:30-10:30am	Th	\$105
RP6710.207	Meadowbrook Ath Comp	Feb 21	9:30-10:30am	Tu	\$105
RP6710.210	Meadowbrook Ath Comp	Feb 22	9:30-10:30am	W	\$105
RP6710.213	Meadowbrook Ath Comp	Feb 23	9:30-10:30am	Th	\$105

3-5 yrs Classes: 6

RP6710.202	Meadowbrook Ath Comp	Jan 10	10:30-11:30am	Tu	\$105
RP6710.203	Meadowbrook Ath Comp	Jan 10	1:30-2:30pm	Tu	\$105
RP6710.205	Meadowbrook Ath Comp	Jan 12	10:30-11:30am	Th	\$105
RP6710.206	Meadowbrook Ath Comp	Jan 12	1:30-2:30pm	Th	\$105
RP6710.208	Meadowbrook Ath Comp	Feb 21	10:30-11:30am	Tu	\$105
RP6710.209	Meadowbrook Ath Comp	Feb 21	1:30-2:30pm	Tu	\$105
RP6710.211	Meadowbrook Ath Comp	Feb 22	10:30-11:30am	W	\$105
RP6710.212	Meadowbrook Ath Comp	Feb 22	1:30-2:30pm	W	\$105
RP6710.214	Meadowbrook Ath Comp	Feb 23	10:30-11:30am	Th	\$105
RP6710.215	Meadowbrook Ath Comp	Feb 23	1:30-2:30pm	Th	\$105



When it's cold outside, come indoors and improve your fundamentals. Beginners-advanced are sure to have fun.

Mighty Kickers Soccer

GOAL! Coaches provide a high-energy, fun introduction to soccer. Mighty Kickers uses a creative, age-appropriate curriculum to introduce basic soccer skills to kids including dribbling, passing and shooting while providing an entertaining and friendly atmosphere! Parents are encouraged to follow the coach's instructions to assist in the games and activities. (No class 2/20-21, 3/9-10.) Info: Amanda Bartell, 410-313-1694 or abartell@howardcountymd.gov.

3-4 yrs Classes: 6

RP6705.201	Meadowbrook Ath Comp	Jan 30	10:30-11:15am	M	\$75
RP6705.202	Guilford ES	Jan 30	6:30-7:15pm	M	\$75
RP6705.203	Gary J Arthur Comm Ctr	Jan 31	1:30-2:15pm	Tu	\$75
RP6705.204	Meadowbrook Ath Comp	Feb 1	9:30-10:15am	W	\$75
RP6705.205	Atholton ES	Feb 1	5:30-6:15pm	W	\$75
RP6705.206	N Laurel Comm Ctr	Feb 2	1:30-2:15pm	Th	\$75
RP6705.207	N Laurel Comm Ctr	Feb 3	11:30am-12:15pm	F	\$75
RP6705.208	Dayton Oaks ES	Feb 4	9:30-10:15am	Sa	\$75
RP6705.209	Gorman Crossing ES	Feb 4	2:30-3:15pm	Sa	\$75

Kiddie Soccer

Are you ready to play the world's most popular game? Boys and girls learn basic skills such as dribbling, trapping, passing, shooting, defense and team play, all in a fun and encouraging environment. Meet in the gym. (No class 2/20-21, 3/9.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Classes: 9

RP6700.201	Cradlerock ES	Jan 23	4-5pm	M	\$70
RP6700.202	Waterloo ES	Jan 23	5-6pm	M	\$70
RP6700.203	Clemens Crossing ES	Jan 17	4:55-5:55pm	Tu	\$70
RP6700.204	Waverly ES	Jan 17	4:55-5:55pm	Tu	\$70
RP6700.205	Meadowbrook Ath Comp	Jan 24	5:05-6pm	Tu	\$64
RP6700.207	Hammond ES	Feb 9	4:40-5:40pm	Th	\$63
RP6700.208	Running Brook ES	Jan 19	5-6pm	Th	\$70

Instructional Indoor Soccer League

First-time players or those wanting to improve their fundamental skills play small-sided games in this instructional league. Focus is on skill development through drills, game rules and scrimmages. Practice for four weeks and play four games against teams from the other sites (schedule TBD). Fee includes t-shirt. Shin guards required. Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-6 yrs beg. Classes: 8

RP6702.201	Centennial Lane ES	Jan 21	1-2pm	Sa	\$63
RP6702.202	Cradlerock ES	Jan 21	1-2pm	Sa	\$63
RP6702.203	Gorman Crossing ES	Jan 21	1-2pm	Sa	\$63
RP6702.204	Waterloo ES	Jan 21	1-2pm	Sa	\$63

6½ yrs beg.-8½ yrs Classes: 8

RP6703.201	Centennial Lane ES	Jan 21	2:15-3:15pm	Sa	\$63
RP6703.202	Cradlerock ES	Jan 21	2:15-3:15pm	Sa	\$63
RP6703.203	Gorman Crossing ES	Jan 21	2:15-3:15pm	Sa	\$63
RP6703.204	Waterloo ES	Jan 21	2:15-3:15pm	Sa	\$63

8 yrs adv.-10 yrs Classes: 8

RP6704.201	Centennial Lane ES	Jan 21	3:30-4:30pm	Sa	\$63
RP6704.202	Cradlerock ES	Jan 21	3:30-4:30pm	Sa	\$63
RP6704.203	Gorman Crossing ES	Jan 21	3:30-4:30pm	Sa	\$63
RP6704.204	Waterloo ES	Jan 21	3:30-4:30pm	Sa	\$63

After-School Soccer flickr

The world's most popular game awaits you. Boys and girls learn and improve basic skills such as dribbling, trapping, shooting, passing, defense and team play. Coaches use a variety of drills, games and scrimmages to make learning fun and exciting. Meet outside school office; coaches escort players to the gym. (No class 2/20-21, 3/9.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 8

RP6701.207	Hammond ES	Feb 9	3:35-4:35pm	Th	\$63
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8-10 yrs Classes: 9

RP6701.201	Cradlerock ES	Jan 23	2:55-3:55pm	M	\$70
RP6701.202	Waterloo ES	Jan 23	4-5pm	M	\$70
RP6701.203	Clemens Crossing ES	Jan 17	3:50-4:50pm	Tu	\$70
RP6701.204	Waverly ES	Jan 17	3:50-4:50pm	Tu	\$70
RP6701.205	Meadowbrook Ath Comp	Jan 18	4:10-5:05pm	W	\$64
RP6701.208	Running Brook ES	Jan 19	4-5pm	Th	\$70

Youth Leagues (4-8 yrs)

• League Refund Policy Page 66

Winter Indoor Soccer League

Boys and girls, play soccer indoors while learning the basic skills of the sport. The Department forms the teams. Fee includes soccer jersey, socks and participation trophy. Sneakers and shin guards required. Individual registrations only, no team entries. This is a Sunday afternoon-only program. No weeknight practices. Volunteer coaches are needed. Head coach's children receive a discount. Registration deadline is December 9. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

4 yrs Classes: 8 Harper's Choice MS

RP5702.201	Individual	Jan 8	Noon-7pm	Su	\$77
RP5702.202	Head coach's child	Jan 8	Noon-7pm	Su	\$47

5-6 yrs Classes: 8 Harper's Choice MS

RP5702.211	Individual	Jan 8	Noon-7pm	Su	\$77
RP5702.212	Head coach's child	Jan 8	Noon-7pm	Su	\$47

7-8 yrs Classes: 8 Harper's Choice MS

RP5702.221	Individual	Jan 8	Noon-7pm	Su	\$77
RP5702.222	Head coach's child	Jan 8	Noon-7pm	Su	\$47



Yes! It is Spring Break, and Recreation & Parks has some FUN camps for you.

Spring Youth Soccer League

Boys and girls, have fun playing soccer while learning the fundamentals of the world's most popular sport. The Department forms teams, which practice once a week on a weeknight beginning the week of April 3. Coaches contact participants regarding practice days and times one week prior to the beginning of the program. One-hour games are on Saturdays, starting April 22, between 9:30am-3:30pm. Shin guards required. Fee includes participation award, soccer jersey, socks, and a soccer ball from Play It Again Sports in Ellicott City. Volunteer head coaches are needed and their children receive a discount. Individual registration only, no team entries. Registration deadline: March 11. Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

4 yrs Weeks: 8 Meadowbrook Pk

RP5701.301	Individual	Apr 22	9am-5pm	Sa	\$82
RP5701.302	Head coach's child	Apr 22	9am-5pm	Sa	\$52

5-6 yrs Weeks: 8 Meadowbrook Pk

RP5701.311	Individual	Apr 22	9am-5pm	Sa	\$82
RP5701.312	Head coach's child	Apr 22	9am-5pm	Sa	\$52

7-8 yrs Weeks: 8 Howard County Ctr for the Arts

RP5701.321	Individual	Apr 22	9am-5pm	Sa	\$82
RP5701.322	Head coach's child	Apr 22	9am-5pm	Sa	\$52

Adult Leagues (18 yrs +)

- League Refund Policy Page 66

Adult Soccer League

Continue your soccer year with this eight-game winter season played on synthetic turf fields. The league starts in early January with the co-rec on Tuesdays and men's on Fridays. Registration is first-come, first-served. All teams are required to pay officials on-site prior to each game. Referee fees, rules and league info are available at www.howardcountymd.gov/soccer. League fee includes league administration, referee assignment and field use. Managers are updated with league information one week prior to the start of the season. Spring league starts late March. Info: Patrick McGinnis, 410-313-4716 or pmcginnis@howardcountymd.gov.

18 yrs + Weeks: 8

RP5700.201	Jan 17	6:30-11pm	Tu	\$150
RP5700.202	Jan 20	6:30-11pm	F	\$150



Sign-up for our Softball League. (They fill quickly!)

Softball

Youth Instruction (4-14 yrs)

Columbia Baseball & Softball Fest Page 68

Youth Leagues (4-18 yrs)

- League Refund Policy Page 66

Columbia Instructional Softball League

Page 69

Western Howard County Youth Baseball & Softball League (WHCYBSL) Page 69

Adult Leagues (18 yrs +)

- League Refund Policy Page 66

Spring Softball Leagues

Games begin the week of April. Team fee includes balls, awards, officials, field reservation fees, sanction fee and administration. Team registration deadline: March 17. All games are played in county parks. Info: Mark Pendleton, 410-313-4703 or mpendleton@howardcountymd.gov. Register by December 16. Register by December 9 to receive a 5% discount.

18 yrs + Men's Weeks: 10 Su-F \$000

10 doubleheaders for a 20-game schedule. D sanctioned teams.

50 yrs + Men's Weeks: 10 M \$900

10 doubleheaders for a 20-game schedule. ASA sanctioned teams.

18 yrs + Women's Weeks: 10 Tu \$900

10 doubleheaders for a 20-game schedule.

18 yrs + Co-Rec Weeks: 10 M, W-F \$900

10 doubleheaders for a 20-game schedule. D level leagues available.

CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.



Indoor Tennis is a fun way to learn the fundamentals.

Tennis

Kiddie Indoor Tennis

Time for tennis! Players learn and practice basic tennis skills in this program taught by trained coaches. Classes include a variety of enjoyable drills and exciting games. Tennis racket is provided. Meet in the gym. (No class 2/20-21, 3/9.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

5-7 yrs Classes: 9

RP6870.201	Jeffers Hill ES	Jan 23	4:40-5:40pm	M	\$70
RP6870.202	Thunder Hill ES	Jan 17	5-6pm	Tu	\$70
RP6870.203	Waterloo ES	Jan 18	5-6pm	W	\$70
RP6870.204	Phelps Luck ES	Jan 19	4:35-5:35pm	Th	\$70

Private Indoor Tennis Lessons with Shantha Chandra

Individual and small group lessons (1:4 ratio) for 10 and under QuickStart Tennis Players. Drills, instruction and QuickStart tennis techniques designed by the USTA are used for beginning players to learn tennis fundamentals, balance and coordination skills. This is an exciting new play format for learning tennis, designed to bring kids into the game by using specialized equipment, shorter court dimensions, and simplified scoring, all tailored to match youth age and size. Bring a junior-size racket (21" to 25"). All lessons run for 45 minutes. (No class 3/10.) Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

6-8 yrs Classes: 4 Meadowbrook Ath Comp

RP6872.201	Beginner	Jan 23	4:10-4:55pm	M	\$94
RP6872.202	Adv. Beg.	Jan 24	4:10-4:55pm	Tu	\$94
RP6872.205	Beginner	Feb 27	4:10-4:55pm	M	\$94
RP6872.206	Adv. Beg.	Feb 28	4:10-4:55pm	Tu	\$94

9-10 yrs Classes: 4 Meadowbrook Ath Comp

RP6872.203	Intermediate	Jan 27	4:10-4:55pm	F	\$94
RP6872.204	Adv. Beg.	Jan 27	4:10-4:55pm	F	\$94
RP6872.207	Intermediate	Mar 3	4:10-4:55pm	F	\$94
RP6872.208	Adv. Beg.	Mar 3	4:10-4:55pm	F	\$94

Jr. Development Tennis Spring Break Camp with Shantha Chandra

Develop beginner and intermediate tennis skills. A QuickStart tennis format is used to play games. Enjoy the fun competition with players of the same skill level. Makeup rain day: Friday. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

7-13 yrs 4 days

RP7012.301 Centennial Pk Apr 10 9-11am M-Th \$90

After-School Tennis

Have fun while you learn the basics or fine-tune your skills in this program taught by trained coaches. Classes include a variety of drills and games and an introduction to match play. Meet in front of school office; coaches escort players to the gym. Tennis racket is included. (No class 2/20-21, 3/9.) Info: Brian Wyman, 410-313-4705 or bwyman@howardcountymd.gov.

8-10 yrs Classes: 9

RP6871.201	Jeffers Hill ES	Jan 23	3:35-4:35pm	M	\$70
RP6871.202	Thunder Hill ES	Jan 17	4-5pm	Tu	\$70
RP6871.203	Waterloo ES	Jan 18	4-5pm	W	\$70
RP6871.204	Phelps Luck ES	Jan 19	3:30-4:30pm	Th	\$70\

Jr. USA Team Tennis Spring Break Camp with Shantha Chandra

Advanced beginners and intermediate players freshen up on their basic ground strokes, serving, scoring and playing matches. Makeup rain day: Friday. Info: Krista Billingsley, 410-313-4637 or kbillingsley@howardcountymd.gov.

11-18 yrs 4 days

RP7015.301 Centennial Pk Apr 10 11:15am-1:15pm M-Th \$90

Volleyball

Youth Instruction (6-17 yrs)

After-School Volleyball

Practice makes perfect! This program is for beginners who enjoy this exciting sport and want to learn the basics. Individual players develop new skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn to pass, hit, set and serve. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

6-10 yrs Classes: 8

RP6400.201	Jeffers Hill ES	Jan 17	3:35-4:35pm	Tu	\$63
RP6400.202	Cradlerock ES	Jan 18	2:50-3:50pm	W	\$63

Instructional Volleyball League

Designed for first-time players or those wanting to improve fundamental skills, this program includes basic skill development through drills and scrimmages. The first 4 weeks are instructional practices, the final 4 weeks involve game situations. Fee includes t-shirt. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

6-7 yrs beg. Weeks: 8

RP5893.201	Roger Carter Comm Ctr	Jan 21	1-2:10pm	Sa	\$99
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7 yrs adv.-9 yrs beg. Weeks: 8

RP5893.202	Roger Carter Comm Ctr	Jan 21	2:20-3:30pm	Sa	\$99
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8½ yrs adv.-10 yrs Weeks: 8

RP5893.203	Roger Carter Comm Ctr	Jan 21	3:40-4:50pm	Sa	\$99
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CONCUSSION & SUDDEN CARDIAC ARREST INFO

Read concussion and sudden cardiac arrest information on pages 64-65. Review of this information is required by law before you are allowed to register for youth sports programs.

Volleyball Skills Development

Practice makes perfect! This program is for new players who enjoy this exciting sport and want to learn the basics. Individual players develop skills and improve existing ones. Lessons emphasize sportsmanship, skill technique, hard work and fun in a team atmosphere. Learn skills such as passing, hitting, setting and serving. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

8-12 yrs Classes: 8

RP5892.201	N Laurel Comm Ctr	Jan 23	6-7:30pm	M	\$125
RP5892.202	Gary J Arthur Comm Ctr	Jan 18	7-8:30pm	W	\$125
RP5892.203	Roger Carter Comm Ctr	Jan 19	6-7:30pm	Th	\$125

13-17 yrs Classes: 8

RP5892.211	N Laurel Comm Ctr	Jan 23	7:30-9pm	M	\$125
RP5892.212	Gary J Arthur Comm Ctr	Jan 18	7-8:30pm	W	\$125
RP5892.213	Roger Carter Comm Ctr	Jan 19	7:30-9pm	Th	\$125

School's Out Volleyball Tune-Up

Sharpen your volleyball skills and develop new ones in three condensed sessions. Skill instruction includes serving, passing, setting and hitting. The coaching staff and curriculum focus on having fun while learning through drills and games in an encouraging environment. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

9-15 yrs Classes: 3

RP5892.251	N Laurel Comm Ctr	Dec 26	9am-noon	M-W	\$99
RP5892.252	N Laurel Comm Ctr	Dec 26	1-4pm	M-W	\$99

Youth Leagues (10-17 yrs)

• League Refund Policy Page 66

YVL Volleyball Jam

This youth clinic is the perfect opportunity to experience the game and develop fundamental volleyball skills before the winter volleyball season starts! Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

6-16 yrs

RP5891.203	Meadowbrook Ath Comp	Dec 10	Noon-2pm	Sa	\$5
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Youth Volleyball League

Experience the excitement and gain the skills necessary to enjoy this popular Olympic sport. This program provides a "Good Sports" atmosphere, bringing together aspiring players weekly in an effort to learn and practice the fundamentals of the game. Our ASEP-certified parent coaches provide a quality recreation environment for our players, parents, coaches, and spectators. Weekly practices are scheduled between 5-9pm on a weeknight at a Recreation & Parks indoor facility depending on team placement and coach availability. Matches are on Sundays between noon-4pm at Meadowbrook Athletic Complex. Players are placed on teams after a skills evaluation scheduled for Sunday, January 15, time TBD. Specific details on one-hour matches/practice times are communicated after each season's skills evaluation. The YVL is for novice to experienced players who wish to learn more about the sport. Registration deadline is January 8. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

Matches at Meadowbrook Ath Comp Noon-4pm Weeks: 8 Su

RP5891.201	10-12 yrs	Jan 15	\$130
RP5891.202	10-12 yrs	Jan 15	\$60 (head coach's child)
RP5891.211	13-14 yrs	Jan 15	\$130
RP5891.212	13-14 yrs	Jan 15	\$60 (head coach's child)
RP5891.221	13 yrs adv.-17 yrs	Jan 15	\$130
RP5891.222	13 yrs adv.-17 yrs	Jan 15	\$60 (head coach's child)



Dig, block, set, serve, and more during our volleyball programs.

Adult Leagues (18 yrs +)

• League Refund Policy Page 66

Co-Rec Volleyball League

The volleyball leagues play 6-on-6 with rosters up to 12 players. Schedule includes eight matches and all teams participate in postseason playoffs. Fee includes schedule, facility, awards and administration. Teams are required to pay game official fees of \$20 on the court at each match. Register by January 1 or by November 27 to receive a 10% discount. Info: Carson Nickell, 410-313-4720 or cjnickell@howardcountymd.gov.

18 yrs + 8 games + playoffs

RP5890.201	Roger Carter Comm Ctr	Jan 8	4-10pm	Su	\$220
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Drop-In Co-Rec Volleyball

Join other athletes of all ability levels for volleyball scrimmages. Choose the night and location that best works for you. Games are self-officiated and site staff help form balanced teams. Driver's license required for admission. Some gyms may be canceled by the third meeting due to insufficient registration or attendance. Want to play more than once per week? Look into purchasing our "Get Active Package". (No session 1/16, 2/20.) Info: Susan Markovitz, 410-313-4674 or samarkovitz@howardcountymd.gov.

18 yrs + Classes: 10

RP6901.201	Burleigh Manor MS	Jan 9	8-10pm	M	\$44
RP6901.202	Burleigh Manor MS	Jan 12	8-10pm	Th	\$44
RP6901.203	Forest Ridge ES	Jan 11	8-10pm	W	\$44
RP6901.204	Rockburn ES	Jan 10	8-10pm	Tu	\$44
RP6901.205	Meadowbrook Ath Comp	Jan 11	8-10pm	W	\$44

Co-Rec Volleyball (55 yrs +) Page 57

General Information

Program information provided in this Guide is tentative. Consult www.howardcountymd.gov/rap for the most up-to-date information.

Registration

Program fees are established by determining the cost of supplies; fees for instructors, rentals, registrations and program administration; and the price of marketing in order to deliver high quality programs at an affordable price. See our "How to Register" section on page 5.

***Waiver:** In consideration of my (and/or my child's) participation in this activity, I hereby release and discharge the Organization, and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that I (he/she) may suffer as a result of my (our) participation in this activity. I (we) also will follow the rules and regulations set by the Organization and above named parties. Parent or guardian must sign for anyone age 18 and under. I do hereby grant and give these groups the right to use my or my child(s) photograph or image in conjunction with other persons or objects and presentations, advertising, publicity, and promotion relating thereto.

We reserve the right to cancel or postpone any program or activity due to inclement weather or low enrollment. A service fee will be imposed for all returned checks and could result in refusal of future participation. A service fee will be applied to all refunds and withdrawals with the exception of those due to program cancellation or medical/illness. There are no refunds for missed sessions. At a minimum a 20% administrative fee applies to refund requests; additional fees may be deducted. At least two weeks advance notice is required to avoid additional charges. Summer Camps have a different refund policy and can be found in the current year brochure. See brochure or website for details about all refunds and policies.

Participation

Only individuals who are registered may participate. Where age or grade restrictions apply, "age" usually refers to the age of the participant at the start of the program and "grade" to current grade. If any other standards apply, they will be noted in the Guide. We reserve the right to question grade or age and may request a birth certificate or other proof of eligibility.

For many programs, registrants or parents/legal guardians of minor registrants will be required to provide a signed Participant Information form at the first meeting. The purpose of this form is to ensure that participants willingly share responsibility for their own safety. All activities contain certain inherent risks that each participant assumes. Due to the strenuous nature of some activities, each participant is urged to consult his or her physician concerning his or her fitness to participate. Please note that many programs will require confirmation that immunizations are current.

A parent or legal guardian must accompany a child each day for both check-in and pick-up. It is your responsibility to sign your child in at the beginning of the program and sign your child out immediately following the program. Staff is not responsible for your child before or after scheduled activities. A fee may be assessed if your child is not picked up at the close of the program.

Children must remain with the program for the full period scheduled. To leave before a day's program is complete, a child must have written parental consent or the parent/legal guardian must pick the child up after notifying the program director. No refunds will be issued for time missed for this or from dismissals resulting from disciplinary action.

In determining whether child is ready to participate in these activities, **please be aware that our staff does not change diapers.**

Filled Programs

Space is limited in most activities — early registration is advised. If a program is filled when we receive your registration, we will contact you; you may then cancel your application at no charge, select an alternate program or place your name on a waiting list. There is no fee to be placed on a waiting list.

Canceled Programs

We don't like to cancel programs, but each one must meet its minimum enrollment. Don't be disappointed — register early and bring a friend! An activity may also be canceled due to circumstances beyond our control, such as the unavailability of an instructor or location. If a program is canceled, registrants will be contacted immediately and a full refund credited.

Financial Assistance

The Howard County Department of Recreation & Parks can provide limited financial assistance to Howard County residents who qualify. In addition to a completed application, you must provide one of the following:

- verification of qualifying income level (2016 tax return required) or
- proof of assistance from the Department of Social Services.

Funds are limited and a deposit of 25% of the program fee is required at least one month prior to start date with the application/registration form. Call 410-313-4659 for additional information and guidelines.

Make a Donation

You can make a tax-deductible contribution to our Scholarship Fund by www.howardcountymd.gov or call 410-313-4683. You may also donate online through our online registration site (click on "donation" button).

Refunds

We recognize that you may wish to withdraw for a variety of reasons, but our policy encourages early decisions so as to not affect other customers or our ability to efficiently deliver the programs. At a minimum, all refund requests are subject to a 20% administrative fee. Additional fees may be assessed to recover costs associated with the program. Class programs require at least two weeks advance notice of withdraw to avoid the additional fees. Trip refunds may reflect pre-paid admissions; but the option to transfer your ticket may be considered. Competitive sport program time frame for refunds reflects planning time and team selections; check refund details on website. There are no refunds for missed sessions.

Inclement Weather & Program Status Information

Check with your instructor about exceptions to the following circumstances and make-up dates for canceled sessions.

- If it rains, only some outdoor classes will be canceled.
- When it appears that lightning is a potential threat to participants, scheduled outdoor activities or activities in progress may be canceled.
- If it snows on a weekday and the snow emergency plan is in effect in Howard County, scheduled programs will be canceled. Drop-in programs at Recreation & Parks facilities may run, call the facility inclement weather number, 410-313-4452.
- If it snows on a weekend and the snow emergency plan is in effect at 7am, programs held in public schools for that day will be canceled. If a snow emergency is declared after 7am, programs in schools in progress may be completed but those later in the day will be canceled.

- If schools are closed or dismissed early due to inclement weather, programs in schools will not be held.

Inclement Weather/Program Status Lines

Programs (Events, Trips, Selected Sports,* Outdoor Rec, Child Care & Therapeutic Rec)	410-313-4451
Gary J. Arthur Comm Ctr, Meadowbrook Athletic Complex, N Laurel	
Comm Ctr, Robinson Nature Ctr & Roger Carter Comm Ctr	410-313-4452
Belmont Manor & Historic Park	410-313-0200
All School Fields	410-313-6827
Alpha Ridge, Western Regional	410-313-4372
Blandair	410-313-3673
Cedar Lane	410-313-4453
Centennial	410-313-4454
Cypressmede & Hollifield	410-313-4457
Dayton Oaks Parks & Schooley Mill	410-313-4458
Dickinson, Hammond, Hawthorn,	
Huntington & Martin Road	410-313-4459
East Columbia Library, Guiliford	
Savage & N Laurel Fields	410-313-4456
Howard County Center for the Arts,	
Rockburn Branch, Waterloo &	
Worthington Off-Leash	410-313-4455
Meadowbrook	410-313-2727

Snack Policy

Many of our children's activities request that you supply a snack or lunch. Due to health concerns, nut products are not served or permitted.

Rules of Conduct

The following rules must be observed while participating in Recreation & Parks programs. Specific rules may be added for individual programs and needs.

- No food or beverages in unauthorized areas; glass containers are prohibited.
- No smoking in buildings or on school property.
- No soliciting or loitering.
- No interference with employee or volunteer duties.
- No harassment or inappropriate or indecent conduct or language.
- No unauthorized use of drugs, intoxicants or weapons.
- No parking in unauthorized areas or driving/parking on field areas.
- No alteration or installation of equipment (eg. basketball hoops, fences.)
- No defacing of property, indoors or outdoors.
- No conduct that may jeopardize the safety of others.

Accommodations for People with Disabilities

The Department of Recreation & Parks is a recognized leader in opportunities for individuals with disabilities and is pleased to comply with Americans with Disabilities Act (A.D.A.) regulations.

Individuals with disabilities are encouraged to register for general recreation programs. With your registration, please include information regarding your disability and any accommodations needed. We will make every effort to provide reasonable accommodations on an individual basis. Interpretive services are available for people who are deaf, hard of hearing or have speech disabilities. These and other accommodations can be provided to Howard County residents at no additional cost. To assure the best experience for all participants, we need your accommodation request

along with your registration a minimum of two weeks in advance of the first program date.

For transportation, contact HT Ride Paratransit Certification at 1-800-270-9553. For more information, contact Therapeutic Recreation Manager Susan Potts at 410-313-4628 or spotts@howardcountymd.gov or Ruth Coleman at 410-313-4708 or rucoleman@howardcountymd.gov.

Other Policies

Additionally, the Department reserves the right

- to cancel a program for any reasonable cause;
- to deny registration or entry into a program when it deems necessary to assure public safety;
- to suspend a child from a program with no refund, after notifying a parent of disciplinary problems;
- to photograph programs, participants and volunteers for publicity purposes; and/or
- to adjust any program details printed in this brochure including fees, locations, instructors, times, days and starting dates.

Public Meetings

For information about Howard County Recreation & Parks Board meetings, call 410-313-4640. Your comments are welcome at these sessions. Park Board members are Dr. Joel Goodman (Chair), Ms. Sylvia Ramsey (Vice Chair), Mr. John R. Byrd (Recording Secretary), Ms. Christine O'Connor (Board of Education Designee), Mr. David Brown (Board of Education Alternate), Mr. William Santos (Planning Board Designee), Mr. Thomas Franklin, Ms. Joanne Kiebler, Mr. Daniel Tracy and Mr. Jonathan Gresham (Student).

Full-time, Part-time, Contingent and Contractor Employment

For an up-to-date listing of jobs within the Department, as well as a listing of jobs within Howard County Government, visit www.howardcountymd.gov and click on the "I want to" tab.

The Department of Recreation & Parks also needs dynamic leaders to develop and instruct programs such as art, crafts, cooking, dance, drama, language, music, science, sports or just plain fun! Do you have an interesting idea for a course or other program that could be offered to Howard County residents through the Recreation & Parks Department? We'd like to hear about it. For an informational letter, application and proposal form, visit www.howardcountymd.gov/rap and click on "Forms and Publications" or call 410-313-4639.

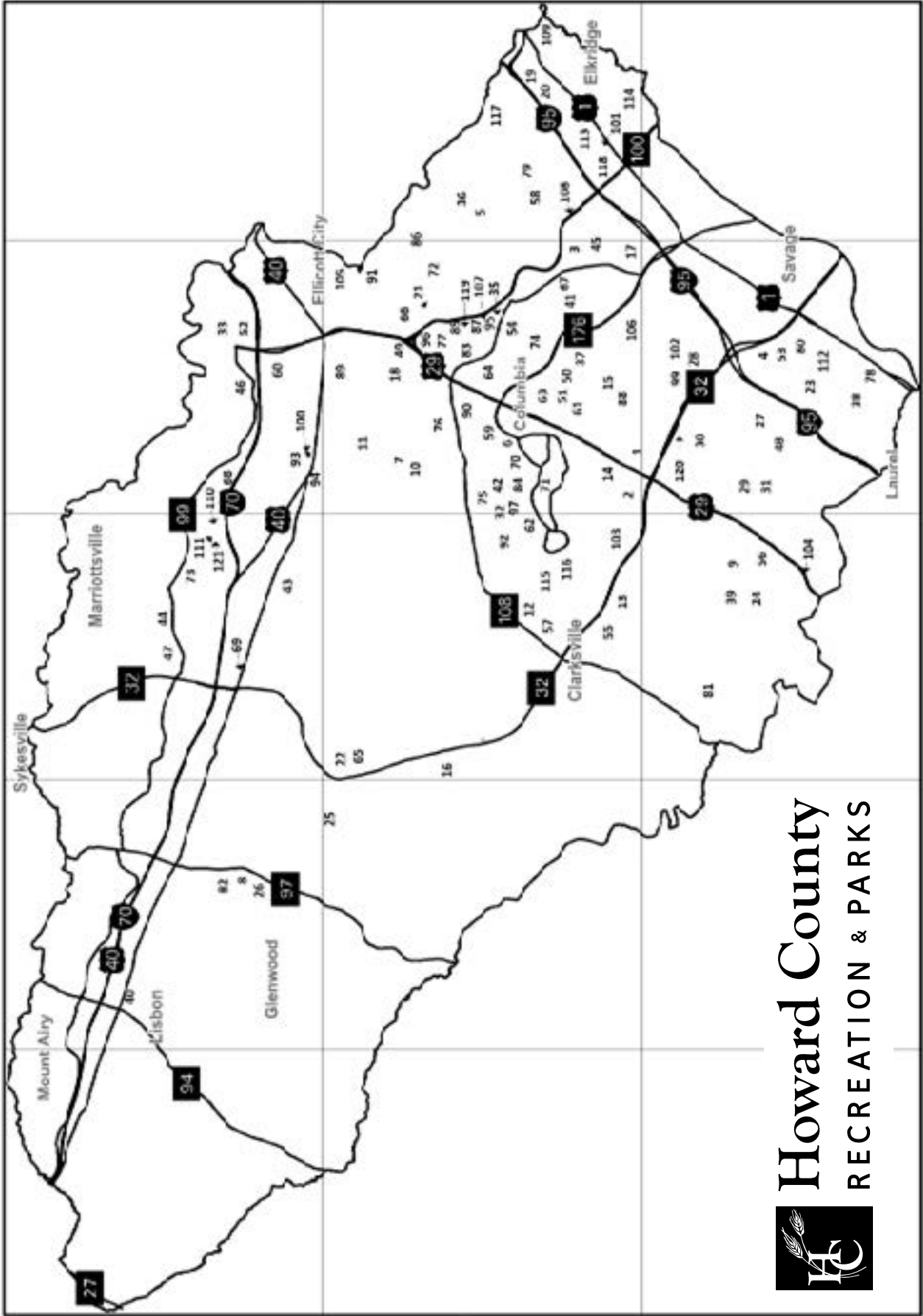
Volunteering

Volunteer opportunities are available in several areas including preschool and youth programs, sports, senior adult programs, natural resources, outdoor recreation and special events. If you'd like to share your time and talent, visit www.hocovolunteer.org to view opportunities and register.

Sponsorships

There are many opportunities to become involved in the activities of Howard County Recreation & Parks through sponsorships and advertising. For sports, outdoor and fitness sponsorships, call Al Harden at 410-313-4652. For special events or other recreation sponsorships, call Phil Bryan at 410-313-1668.

1 2 3 4 5



Program Locations

Schools

Atholton ES	1 (b-4)
Atholton HS	2 (b-4)
Bellows Spring ES	3 (b-4)
Bollman Bridge ES	4 (c-4)
Bonnie Branch MS	5 (b-5)
Bryant Woods ES	6 (b-4)
Burleigh Manor MS	7 (b-4)
Bushy Park ES	8 (a-2)
Cedar Lane School	9 (c-3)
Centennial HS	10 (b-4)
Centennial Lane ES	11 (b-4)
Clarksville ES	12 (b-3)
Clarksville MS	13 (b-3)
Clemens Crossing ES	14 (b-4)
Cradlerock ES	15 (b-4)
Dayton Oaks ES	16 (b-3)
Deep Run ES	17 (c-4)
Ducketts Lane ES	113 (b-5)
Dunloggin MS	18 (b-4)
Elkridge ES	19 (b-5)
Elkridge Landing MS	20 (b-5)
Ellicott Mills MS	21 (b-4)
Folly Quarter MS	22 (b-3)
Forest Ridge ES	23 (c-4)
Fulton ES	24 (c-3)
Glenelg HS	25 (b-2)
Glenwood MS	26 (a-2)
Gorman Crossing ES	27 (c-4)
Guilford ES	28 (c-4)
Hammond ES	29 (c-4)
Hammond HS	30 (c-4)
Hammond MS	31 (c-4)
Harper's Choice MS	32 (b-3)
Hollifield Station ES	33 (a-4)
Homewood School	34 (b-3)
Howard HS	35 (b-4)
Ilchester ES	36 (b-5)
Jeffers Hill ES	37 (b-4)
Lake Elkhorn MS	15 (b-4)
Laurel Woods ES	38 (c-4)
Lime Kiln MS	39 (c-3)
Lisbon ES	40 (a-2)
Long Reach HS	41 (b-4)
Longfellow ES	42 (b-4)

Manor Woods ES	43 (a-3)
Marriotts Ridge HS	44 (a-3)
Mayfield Woods MS	45 (b-4)
Mt. Hebron HS	46 (a-4)
Mt. View MS	47 (a-3)
Murray Hill MS	48 (c-4)
Northfield ES	49 (b-4)
Oakland Mills HS	50 (b-4)
Oakland Mills MS	51 (b-4)
Patapsco MS	52 (a-4)
Patuxent Valley MS	53 (c-4)
Phelps Luck ES	54 (b-4)
Pointers Run ES	55 (b-3)
Reservoir HS	56 (c-3)
River Hill HS	57 (b-3)
Rockburn ES	58 (b-5)
Running Brook ES	59 (b-4)
St. John's Lane ES	60 (a-4)
Stevens Forest ES	61 (b-4)
Swansfield ES	62 (b-3)
Talbot Springs ES	63 (b-4)
Thomas Viaduct MS	114 (b-5)
Thunder Hill ES	64 (b-4)
Triadelphia Ridge ES	65 (b-3)
Veterans ES	66 (b-4)
Waterloo ES	67 (b-4)
Waverly ES	68 (a-4)
West Friendship ES	69 (a-3)
Wilde Lake HS	70 (b-4)
Wilde Lake MS	71 (b-4)
Worthington ES	72 (b-4)

Parks

Alpha Ridge Park	73 (a-3)
Blandair Park	74 (b-4)
Cedar Lane Park	75 (b-4)
Centennial Park	76 (b-4)
Meadowbrook Park	77 (b-4)
Middle Patuxent Environmental Area (MPEA), Trotter Road	115 (b-3)
Southwind Circle	116 (b-3)
North Laurel Park	78 (c-4)
Rockburn Branch Park	79 (b-5)
Savage Park	80 (c-4)
Schooley Mill Park	81 (c-3)
Troy Park	118 (b-5)
Western Regional Park	82 (a-2)

Other

AXIS Sports Facility	83 (b-4)
Bain 50+ Center	84 (b-4)
Baldwin Commons Hall	112 (c-4)
Belmont Manor & Historic Park	117 (b-5)
Cedar Lane Rec Ctr	75 (b-4)
Columbia Gymnastics	85 (b-4)
Dance Connections, Inc.	86 (b-4)
DanceTEC Center	119 (b-4)
Drama Learning Ctr	87 (b-4)
East Columbia Library	88 (b-4)
Ellicott City Sr Ctr	89 (b-4)
Fairway Hills Golf Course	90 (b-4)
Gary J. Arthur Comm Ctr	82 (a-2)
Historic Ellicott City	91 (b-4)
Hobbitts Glen Golf Course	92 (b-3)
Kinetics Dance Theatre	93 (a-4)
Kiwanis-Wallas Hall	94 (a-4)
Let There Be Rock School	95 (b-4)
Long Gate Park & Ride	96 (b-4)
Meadowbrook Athletic Complex	77 (b-4)
Misako Ballet Studio	97 (b-3)
Misako Beats	121 (a-3)
North Laurel Comm Ctr	78 (c-4)
Olenka School of Music	
Columbia	99 (c-4)
Ellicott City	100 (a-4)
PetStructor	120 (c-4)
Pfeiffer's Corner Schoolhouse	79 (b-5)
Pump It Up – Elkridge	101 (b-5)
Recreation & Parks Headquarters	102 (b-3)
Robinson Nature Ctr	103 (b-3)
Rocky Gorge Golf Course	104 (c-3)
Roger Carter Comm Ctr	105 (b-4)
Studio Inspire	106 (b-4)
Synergy Fitness	107 (b-4)
Timbers at Troy Golf Course	108 (b-5)
Volleyball/Soccer House	109 (b-5)
Waverly Woods Golf Course	110 (a-3)
Waverly Mansion	111 (a-3)



Howard County

RECREATION & PARKS

Registration Form

Voice/Relay: 410-313-7275

Fax: 410-313-4658

www.howardcountymd.gov/rap

7120 Oakland Mills Road, Columbia, Maryland 21046

RP _____ . _____

Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

RP _____ . _____


Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

RP _____ . _____

Course Number	Program Title	Participant Name
		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Address if Different From Payer		Date of Birth

PAYMENT OPTIONS

Cash/Check	<input type="checkbox"/> Cash \$ _____	<input type="checkbox"/> Check # _____ \$ _____
Make checks payable to Director of Finance; Howard County Mail to: Howard County Recreation & Parks, Attn: Registration 7120 Oakland Mills Road, Columbia, MD 21046		
Credit Card	<input type="checkbox"/> AMERICAN EXPRESS	<input type="checkbox"/> DISCOVER NETWORK
	<input type="checkbox"/> MasterCard	<input type="checkbox"/> VISA
Card #: _____ Exp. Date: _____ CVC Code: _____		
Account Holder Signature		Date
Account Holder Name (Print)		

Electronic Check Payment	<input type="checkbox"/> Checking	<input type="checkbox"/> Savings
Routing # _____		Account # _____
Account Holder Signature		Date
Account Holder Name (Print)		
		
Routing Number		Account Number
<input type="checkbox"/> I would like to contribute \$ _____ to the HCRP Scholarship Fund.		

		<input type="checkbox"/> Male <input type="checkbox"/> Female / /
Name of Payer	Date of Birth	Home Phone
Home Address: Street		Work Phone 1
City/State/Zip		Cell Phone
		Email Address

Completing the registration process today includes an understanding that you agree to all waivers and policies of Howard County Recreation & Parks. These waivers and policies can be found in our seasonal guides, online at www.howardcountymd.gov/recandparksforms and on the bottom of your receipt. If you are unable to review this in our activity guide or online, our registration office can provide you written copies upon request.

Does the participant have a disability or any special accommodation request that we need to know about?

If yes, please explain. _____

Does the participant have an allergy that we need to know about?

If yes, please explain. _____

Signature _____ Date _____

Wine in the Woods



OVER
30
WINERIES

MAY
20

11AM-6PM

MAY
21

11AM-5PM

2017

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Howard County

RECREATION & PARKS

7120 Oakland Mills Road, Columbia, MD 21046

410-313-7275

www.howardcountymd.gov/rap



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HoCoParks
APP



44th
Anniversary

Holiday Mart

Juried Arts & Crafts Show

December 3, 10 AM - 5 PM
5 yrs +, \$5 per person

- 130 crafters
- Door prizes
- Childrens craft corner
- Refreshments and lunch available for purchase

Info: 410-313-4840 or
www.howardcountymd.gov/HolidayMart
Indement Weather: 410-313-4452

Gary J. Arthur Community Center
2400 Route 97, Cooksville, MD 21723

\$1 off with this ad. (Must be presented at time of purchase, good towards one admission only.)



RP-WINTER-2016/17